

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

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|---|-----------|---|----|--|--|--|--|--|--|--|--|--------------------|-----------|---|--|
| Course Code and Number: PSYC 102 | | Number of Credits: 3 Course credit policy (105) | | | | | | | | | | | | | |
| Course Full Title: Introduction to Psychology II Course Short Title: Introduction to Psychology II | | | | | | | | | | | | | | | |
| Faculty: Faculty of Social Sciences | | Department (or program if no department): Psychology | | | | | | | | | | | | | |
| Calendar Description: Introduction to psychology with an emphasis on research methods. Topics will include the history of psychology, motivation, emotion, development over the lifespan, personality, psychological disorders, and treatment of psychological disorders. Additional topics from the following areas will be included: applied psychology, intelligence, evolutionary psychology, and health psychology. | | | | | | | | | | | | | | | |
| Prerequisites (or NONE): | | Same as for ENGL 105; see ENGL 105 for details. | | | | | | | | | | | | | |
| Corequisites (if applicable, or NONE): | | | | | | | | | | | | | | | |
| Pre/corequisites (if applicable, or NONE): | | | | | | | | | | | | | | | |
| Antirequisite Courses (<i>Cannot be taken for additional credit.</i>) Former course code/number: None Cross-listed with: None Equivalent course(s): None <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i> | | Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: May be offered in multiple delivery modes Expected frequency: Every semester Maximum enrolment (for information only): 36 | | | | | | | | | | | | | |
| Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar</td> <td>45</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>45</td> </tr> </table> | | Lecture/seminar | 45 | | | | | | | | | Total hours | 45 | Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course. | |
| Lecture/seminar | 45 | | | | | | | | | | | | | | |
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| Total hours | 45 | | | | | | | | | | | | | | |
| Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes | | Transfer Credit (See bctransferguide.ca) Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i> | | | | | | | | | | | | | |
| Department approval | | Date of meeting: March 2025 | | | | | | | | | | | | | |
| Faculty Council approval | | Date of meeting: March 14, 2025 | | | | | | | | | | | | | |
| Undergraduate Education Committee (UEC) approval | | Date of meeting: May 23, 2025 | | | | | | | | | | | | | |

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Describe the major theoretical perspectives of psychology.
2. Explain the strengths and limitations of basic research methods of psychology at an introductory level.
3. Identify the stages and key concepts of development across the lifespan.
4. Discuss the models for motivation and emotion and their role in psychological health and well-being.
5. Describe current conceptualizations of personality.
6. Identify categories of psychological disorders.
7. Describe treatment approaches aimed at improving the symptoms of psychological disorders.
8. Examine methods and research in Indigenous psychology.
9. Discuss selected research covered in two or more additional topics (i.e., applied psychology, intelligence, evolutionary psychology, and health psychology).

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

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|--------------|-----|----------------|-----|-------------|-----|
| Assignments: | 24% | Quizzes/tests: | 41% | Final exam: | 35% |
| | | | % | | % |

Details:

All sections will include a number of individual written assignments totaling 24%.

All sections will normally include 4% research participation or observation assignment. The research participation grade reflects participation or observation of departmental research studies.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures. May also include seminars, and laboratory experiences. This course may also be offered online or as a hybrid.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

| Type | Author or description | Title and publication/access details | Year |
|--------------------|-------------------------------|---|------|
| 1. Textbook | Passer et al., | Psychology: Frontiers and Applications | 2023 |
| 2. Textbook | Weiten, W. | Psychology: Themes and Variations | 2021 |
| 3. Online resource | Noba Project Modules | nobaproject.com | |
| 4. Article | O'Reilly, J., Peterson, C. C. | Scaling theory of mind development in Indigenous- and Anglo-Australian toddlers and older children. <i>Journal of Cross-Cultural Psychology</i> , 45(9), 1489-1501. | 2014 |
| 5. | | | |

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

All sections of PSYC 102 will include 7-10 weeks of:

- Introduction to experimental and applied psychology
- Introduction to the history of psychology
- Research methods in psychology
- Motivation and emotion
- Development over the life span
- Personality
- Psychological disorders
- Treatment of psychological disorders

In addition, all sections of PSYC 102 will include 3-6 weeks of at least two of the following topics:

- Applied psychology
- Intelligence
- Evolutionary psychology
- Health psychology

Most topics will include a segment from Indigenous psychology research.