UNIVERSITY OF THE FRASER VALLEY

PAC FORM #2 (Page 1)

COURSE IMPLEMENTATION DATE:	January 1976
COURSE REVISED IMPLEMENTATION DATE:	September 2010
COURSE TO BE REVIEWED:	September 2009
(Four years after implementation date)	(MONTH YEAR format)

OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and the material will vary - see course syllabus available from instructor

FACULTY/DEPARTMENT: **Science, Health & Human Services / Psychology**

COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
PSYC 355		**3**

Adolescent Psychology
COURSE DESCRIPTIVE TITLE

CALENDAR DESCRIPTION:

This course considers the psychological aspects of human development during the period of adolescence. Changes in the areas of physical, emotional, social, and cognitive development will be covered.

PREREQUISITES: **PSYC 250, and one of PSYC 202, CRIM 220, KPE 301, KPE 400, SOC 255/ANTH 255/MACS 255 (formerly SCMS 255); or PSYC 210 and PSYC 220**

COREQUISITES:

SYNONYMOUS COURSE(S)
(a) Replaces: _____ *(Course #)*
(b) Cannot take: _____ *(Course #)* for further credit.

SERVICE COURSE TO: _____ *(Department/Program)* _____ *(Department/Program)*

TOTAL HOURS PER TERM: **45**

STRUCTURE OF HOURS:

Lectures:	**30**	Hrs
Seminar:	**15**	Hrs
Laboratory:		Hrs
Field Experience:		Hrs
Student Directed Learning:		Hrs
Other (Specify):		Hrs

TRAINING DAY-BASED INSTRUCTION
LENGTH OF COURSE: _____
HOURS PER DAY: _____

MAXIMUM ENROLLMENT: **25**
EXPECTED FREQUENCY OF COURSE OFFERINGS: **Once a year**

WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)	☐ Yes	☐ No
WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)	☐ Yes	☒ No
TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:	☐ Yes	☒ No

AUTHORIZATION SIGNATURES:

Course Designer(s): Rhonda Snow
Chairperson: *(Curriculum Committee)*
Department Head: Wayne Podrouzek
Dean: Jacqueline Nolte
PAC Approval in Principle Date:
PAC Final Approval Date: March 26, 2010

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

1. The student will gain insight into some problems adolescents face: intrapersonal, interpersonal, social and cultural.
2. The student will demonstrate that he/she can translate his/her insights into communicable ideas and research efforts.
3. The student will demonstrate his/her ability to bring together relevant readings, theories, experiences, and research methodologies for the purpose of pursuing some relevant questions in depth.

METHODS:

Lectures, seminars, presentation of special interest areas, and guest lecturers.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR (Please check :) ☒ Yes ☐ No

METHODS OF OBTAINING PLAR:

Challenge exam or portfolio assessment.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Grinder, R. Adolescence.
Kraemer, H.V. Youth & Culture: A Human Development Approach.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Midterm (at least 1) and Final exam 60-70%
Papers, projects, and/or presentations 30-40%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1. Physiological development and its' psychological correlates.
2. Cognitive and moral development (Piaget's theory and related research).
3. Psychological development – ego identity.
4. The family – relations between adolescents and parents; relative importance of family to the adolescent; effect of family's socio-economic status.
5. Peer groups – relative importance; various types and functions; role of school.
6. Culture – adolescent's awareness of cultural values; adolescent's participation in social change; role and effect of the media; cross-cultural comparisons.
7. Future commitments – career choice; marriage.
8. Problems of adjustment – school dropouts; delinquency; drug addiction.
9. Theoretical interpretations.