UNIVERSITY OF THE FRASER VALLEY

**OFFICIAL UNDERGRADUATE COURSE OUTLINE (page 1)**

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|---|---|
| COURSE IMPLEMENTATION DATE: | September 2013 |
| COURSE REVISED IMPLEMENTATION DATE: | September 2014 |
| COURSE TO BE REVIEWED: | March 2019 |
| *(six years after UEC approval)* | *(month, year)* |

## OFFICIAL UNDERGRADUATE COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department – see course syllabus available from instructor

| PSYC 364 | Psychology | 3 |
|---|---|---|
| COURSE NAME/NUMBER | FACULTY/DEPARTMENT | UFV CREDITS |

Environmental Psychology
COURSE DESCRIPTIVE TITLE

**CALENDAR DESCRIPTION:**

Environmental problems are widespread and, in many cases, growing in severity. Though many technological fixes have been and are being proposed, it is likely that substantial changes in people's behavior will also be needed to deal with those problems. This course attempts to survey what is known about the roots of various behaviours that have environmental impacts, and attempts to outline how we can change environmentally relevant behaviours, both our own and those of other people. This course also examines impacts of a variety of environmental variables on human psychological functioning.

Note: Students with credit for PSYC 200Q or PSYC 264 cannot take this course for further credit.

PREREQUISITES: 30 university-level credits including PSYC 101 and 102.
COREQUISITES:
PRE or COREQUISITES:

**SYNONYMOUS COURSE(S):**
(a) Replaces: **PSYC 264, PSYC 200Q**
(b) Cross-listed with:
(c) Cannot take: for further credit.

**SERVICE COURSE TO:** *(department/program)*
**EVST**

**TOTAL HOURS PER TERM:** **45**

STRUCTURE OF HOURS:

| | | |
|---|---|---|
| Lectures: | **30** | Hrs |
| Seminar: | **15** | Hrs |
| Laboratory: | | Hrs |
| Field experience: | | Hrs |
| Student directed learning: | | Hrs |
| Other (specify): | | Hrs |

TRAINING DAY-BASED INSTRUCTION:
Length of course:
Hours per day:

**OTHER:**
Maximum enrolment: **25**
Expected frequency of course offerings: Yearly
*(every semester, annually, every other year, etc.)*

| | | |
|---|---|---|
| WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only) | ☐ Yes | ☐ No |
| WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department) | ☐ Yes | ☐ No |
| TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: | ☐ Yes | ☒ No |

| | | | |
|---|---|---|---|
| Course designer(s): | **Sven Van de Wetering** | | |
| Department Head: | **Zoe Dennison** | Date approved: | **November 2012** |
| Campus-Wide Consultation (CWC) | | Date of meeting: | **December 7, 2012** |
| Curriculum Committee chair: | **Tetsuomi Anzai** | Date approved: | **January 18, 2013** |
| Dean/Associate VP: | **Jacqueline Nolte** | Date approved: | **January 18, 2013** |
| Undergraduate Education Committee (UEC) approval | | Date of meeting: | **February 1, 2013** |

**LEARNING OUTCOMES:**

Upon successful completion of this course, students will be able to:

- Name ten major environmental problems and describe some human behaviours that contribute to each one.
- Describe how attitudes, norms, situational constraints, cognitive constraints, motivations, learning, and personality factors contribute to those behaviours.
- Evaluate strategies to change those behaviours.
- Devise ways they can exert a social and political influence in the direction of environmentally responsible policies.

**METHODS:** *(Guest lecturers, presentations, online instruction, field trips, etc.)*

This course will make use of a mixture of formal lecturing, and in-class discussion

**METHODS OF OBTAINING PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):**

☒ Examination(s) ☒ Portfolio assessment ☐ Interview(s)

☐ Other (specify):

☐ PLAR cannot be awarded for this course for the following reason(s):

**TEXTBOOKS, REFERENCES, MATERIALS:** *[Textbook selection varies by instructor. Examples for this course might be:]*

This course will likely make use of multiple sources, possibly including:
Garner, G.T. & Stern, P.C. (2002). Environmental Problems and Human Behaviour (2nd ed.). Boston: Pearson
Koger, S.M. & Winter, D.D.N. (2010). The Psychology of Environmental Problems.

**SUPPLIES / MATERIALS:**

None

**STUDENT EVALUATION:** *[An example of student evaluation for this course might be:]*

| | |
|---|---|
| Midterm exam | 30% |
| Final exam | 35% |
| Class presentation | 5% |
| Two quizzes | 10% |
| Major paper | 20% |

**COURSE CONTENT:** *[Course content varies by instructor. An example of course content might be:]*

**Tentative Outline of Topics**

| Lectures | Topic | Text Reading |
|---|---|---|
| Week 1 | Introduction | Chapter 1 |
| Week 2 | Environmental effects on people | To be supplied |
| Week 3 | Tragedies of the commons | Chapter 2 |
| Week 4 | Religious and moral approaches | Chapter 3 |
| Week 5 | Educational interventions | Chapter 4 |
| Week 6 | Incentives | Chapter 5 |
| | MIDTERM EXAM | |
| Week 7 | Community management of the commons | Chapters 6, 7 |
| Week 8 | Our psychological heritage | Chapter 8 |
| Week 9 | Perceptual and cognitive processes | Chapter 9 |
| Week 10 | Points of intervention | Chapter 10 |
| Week 11 | Human interactions with complex systems | Chapters 11, 12 |