UNIVERSITY OF THE FRASER VALLEY

PAC FORM #2 (Page 1)

COURSE IMPLEMENTATION DATE:	September 1993
COURSE REVISED IMPLEMENTATION DATE:	January 2009
COURSE TO BE REVIEWED: (Four years after implementation date)	September 2009 (MONTH YEAR format)

OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and the material will vary - see course syllabus available from instructor

FACULTY/DEPARTMENT: **Science, Health & Human Services / Psychology**

PSYC 375		**3**
COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS

Fundamentals of Clinical Psychology
COURSE DESCRIPTIVE TITLE

CALENDAR DESCRIPTION:

This course examines both professional issues and selected topics in the discipline of clinical psychology. Educational and training issues and requirements, history of the field, career options, and work issues will be studied. Professional ethical guidelines, ethical decision making, and applications will be introduced, as will Canadian issues. Depending on the instructor, the course will either survey assessment, interventions and research in clinical psychology, ***or*** focus on a specific topic, such as interventions, the therapeutic relationship, the history of psychotherapy, or comparative cultural systems of intervention.

PREREQUISITES: **PSYC 241, and one of PSYC 202, CRIM 220, KPE 301, KPE 400, SCMS 255; OR PSYC 210 AND PSYC 220**

COREQUISITES:

SYNONYMOUS COURSE(S)

(a) Replaces: _____ *(Course #)*

(b) Cannot take: _____ *(Course #)* for further credit.

SERVICE COURSE TO:

_____ *(Department/Program)*

_____ *(Department/Program)*

TOTAL HOURS PER TERM: **45**

STRUCTURE OF HOURS:

Lectures:	**30**	Hrs
Seminar:	**15**	Hrs
Laboratory:		Hrs
Field Experience:		Hrs
Student Directed Learning:		Hrs
Other (Specify):		Hrs

TRAINING DAY-BASED INSTRUCTION

LENGTH OF COURSE: _____

HOURS PER DAY: _____

MAXIMUM ENROLLMENT: **25**

EXPECTED FREQUENCY OF COURSE OFFERINGS: **Once a year**

WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)	☐ Yes	☐ No
WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)	☐ Yes	☒ No
TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:	☐ Yes	☒ No

AUTHORIZATION SIGNATURES:

Course Designer(s): Ron Laye

Chairperson: Jim Andersen *(Curriculum Committee)*

Department Head: Rhonda Snow

Dean: Jackie Snodgrass

PAC Approval in Principle Date: October 24, 2008

PAC Final Approval Date: November 21, 2008

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

1. To survey and study the profession of Clinical Psychology.
2. To critically evaluate research assessment, intervention, and professional issues.

METHODS:

Lectures, demonstration, small group practice, discussion, audio-visual presentation, student seminar presentations.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR (Please check :) ☒ Yes ☐ No

METHODS OF OBTAINING PLAR:

Course challenge

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Bankart. The Talking Cures: A History of Western and Eastern Psychotherapies. Brooks Cole.
Nietzel, Bernstein, & Milicha. Introduction to Clinical Psychology. 3rd edition. Ney Jersey: Prentice Hall.
Plus a course pack with chapters and articles covering professional issues, education and training, Canadian issues, history and related topics.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Midterm (at least 1) and Final exam	45-75%
Research paper, project	20-25%
Seminar presentation	10-25%
Field experience evaluation	0-15%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1. Overview and introduction to course. Definition and history of clinical psychology and clinical health psychology.
2. Clinical psychology as a profession: education, training, regulation, and ethics. Expanding roles for psychology in health care: health psychology, behavioural medicine, and neuropsychology.
3. Perspectives in clinical psychology: psychodynamic, behavioural, and phenomenological. Biopsychosocial perspective in health psychology.
4. Assessment and interviewing.
5. Psychological testing and observational methods.
6. Evaluation of therapeutic interventions. Evaluation of related research.
7. Clinical intervention: overview. Psychodynamic therapy.
8. Behavioural and cognitive therapy. Phenomenological therapies.
9. Stress, health, and illness: psychological factors. Stress psychophysiology.
10. Personality, stress resistance, and health.
11. Clinical health psychology interventions. Relaxation (physiological); cognitive.
12. Self-regulation: theoretical and applied considerations.