OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary.

FACULTY/DEPARTMENT: School of Social Work and Human Services

COURSE NAME/NUMBER: SOWK 301

COREQUISITES: Admitio into the BSW program and SOWK 300, or 45 credits in a Human Services or Arts program including HSER 200.

SYNONYMOUS COURSE(S) (a) Replaces: SSSW 301

(former course #)

(b) Cannot take: for further credit

(Course #)

SERVICE COURSE TO:

TRAINING DAY-BASED INSTRUCTION

TOTAL HOURS PER TERM: 45

STRUCTURE OF HOURS:

- Lectures: 20 hrs.
- Seminar: 25 hrs.
- Laboratory: hrs.
- Field Experience: hrs.
- Student Directed Learning: hrs.
- Other (Specify): hrs.

Combination of Lecture and Lab Hours: YES/NO

LENGTH OF COURSE: N/A

HOURS PER DAY: N/A

MAXIMUM ENROLMENT: 18

EXPECTED FREQUENCY OF COURSE OFFERING: One to two sections per year.

WILL TRANSFER CREDIT BE REQUESTED? (Lower-level courses only) YES NO

WILL TRANSFER CREDIT BE REQUESTED? (Upper-level requested by department) YES X NO

TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: YES NO X

AUTHORIZATION SIGNATURES:

Course designer(s): Georgina Marsom

Chairperson: Lise Beauchesne (Curriculum Committee)

Course reviewed by: (type name in this field)

Department Head: Gloria Wolfson

Dean: Jackie Snodgrass

PAC Approval in Principle Date: (type date in this field)

PAC Final Approval Date: (September 25, 2002)

This course is designed to give students an understanding of group dynamics, experience in group facilitation and an understanding of the group process in relationship to social work process. Skills and techniques as they pertain to specific types of groups and individuals will be explored.

PREREQUISITES:

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SYNONYMOUS COURSE(S)

(a) Replaces: SSSW 301

(former course #)

(b) Cannot take: for further credit

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LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

• Demonstrate ability to facilitate a small group.
• Understand the elements of group dynamics.
• Identify the stages and behaviours of group development.
• Practice strategies with groups: to develop trust; to identify and deal with conflict; to evaluate the stage of development in the group; to co-lead a group discussion and activity.
• Understand and practice facilitation of group communication.
• Explain group leadership styles.
• Explain own group leadership style, and suitability for specific groups.
• Understand the process and dynamics of group leadership modelling.
• Facilitate group problem solving.
• Identify sample group activities, their process and impact.
• Plan structured group activities.

METHODS:

Short lectures, group discussion, role play, structures experience, video tapes, feedback sessions, readings and assignments.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR  YES  X  NO

METHODS OF OBTAINING PLAR:

All SOWK courses (with the exception of once practicum) are open for PLAR. Follow UCFV PLAR process.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]


Instructor prepared manual.

SUPPLIES / MATERIALS:


STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

<table>
<thead>
<tr>
<th>Activity</th>
<th>Component</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participation as a group member</td>
<td>20%</td>
<td></td>
</tr>
<tr>
<td>Group proposal</td>
<td>30%</td>
<td></td>
</tr>
<tr>
<td>Demonstrated Group Facilitation</td>
<td>30%</td>
<td></td>
</tr>
<tr>
<td>Take-Home Exam</td>
<td>20%</td>
<td></td>
</tr>
</tbody>
</table>
COURSE CONTENT:
[Course content varies by instructor. An example of course content might be:]

Week:
1. Introduction and Review of Course Outline
2. Group Work - Theoretical Foundation
3. Group Structure, Leadership and Professional Issues
4. Group Process - Forming a Group
5. Stages of Group Process - Initial Stage
6. Transition Stage
7. Working Stage
8. Ending a Group
9. Group Practice with Specific Groups (Children, Adolescents, Adults, Elderly)
10. Discussion Groups
11. Discussion Group
12. Discussion Group
14. End of Term Review