## CALENDAR DESCRIPTION:

This course is designed to give students an understanding of group dynamics, experience in group facilitation, and an understanding of the group process in relationship to social work process. Socio-cultural forces, legal and ethical issues, and values unique to working with groups will be explored. This course will introduce skills and techniques as they pertain to types of groups and group phases.

## PREREQUISITES:
Admission into the Bachelor of Social Work program, or 45 credits in Human Services or Arts programs.

## COREQUISITES:

## SYNONYMOUS COURSE(S):

(a) Replaces: 
(b) Cross-listed with: 
(c) Cannot take: for further credit.

## TOTAL HOURS PER TERM: 45

### STRUCTURE OF HOURS:

<table>
<thead>
<tr>
<th>Lectures</th>
<th>20</th>
<th>Hrs</th>
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<tbody>
<tr>
<td>Seminar</td>
<td>25</td>
<td>Hrs</td>
</tr>
<tr>
<td>Laboratory</td>
<td></td>
<td>Hrs</td>
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<tr>
<td>Field experience</td>
<td></td>
<td>Hrs</td>
</tr>
<tr>
<td>Student directed learning</td>
<td></td>
<td>Hrs</td>
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<tr>
<td>Other (specify)</td>
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<td>Hrs</td>
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### TRAINING DAY-BASED INSTRUCTION:

Length of course: 
Hours per day: 

### OTHER:

<table>
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<th>Maximum enrolment</th>
<th>18</th>
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<tbody>
<tr>
<td>Expected frequency of course offerings</td>
<td>1 to 2 sections/year</td>
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<tr>
<td>(every semester, annually, every other year, etc.)</td>
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## WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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## WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)

<table>
<thead>
<tr>
<th>Yes</th>
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## TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:

<table>
<thead>
<tr>
<th>Yes</th>
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Course designer(s): **Georgian Marsom, BSW, MSW, RSW**

Department Head: **Dr. Elizabeth Dow, Director**

Supporting area consultation

Curriculum Committee chair:

Dean/Associate VP: **Dr. Rosetta Khalideen, Dean**

Undergraduate Education Committee (UEC) approval

Date of meeting:

Date of meeting:

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OFFICIAL UNDERGRADUATE COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department – see course syllabus available from instructor

<table>
<thead>
<tr>
<th>SOWK 301</th>
<th>School of Social Work &amp; Human Services</th>
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<tbody>
<tr>
<td>COURSE NAME/NUMBER</td>
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<td>Social Work Practice With Groups</td>
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<td>COURSE DESCRIPTIVE TITLE</td>
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OFFICIAL UNDERGRADUATE COURSE OUTLINE (page 1)
LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Identify the legal, ethical, and value issues unique to working with groups.
2. Demonstrate an understanding and critical analysis of the development of group work within the social work profession.
3. Articulate the role of the group as a system of mutual aid for helping individuals.
4. Articulate the role of group work in social reform and life-long learning.
5. Demonstrate an understanding of the appropriate use of different group types.
6. Explain the tasks associated with group formation.
7. Identify how socio-cultural forces such as race, class, ethnic origin, sexual orientation, disability, sex and gender influence group work practice.
8. Explain the role of activity in group work.
9. Identify communication patterns between members, and between members and the facilitator.
10. Critically analyze the different theories of group development and group behaviour.
11. Demonstrate an understanding of individual members' needs and the needs of the group as a whole.
12. Describe practice skills in the beginning, middle and ending phases of group work.
13. Demonstrate skills and knowledge of group process through co-facilitation of an activity.

METHODS: (Guest lecturers, presentations, online instruction, field trips, etc.)

Small group discussions, mini lectures, AV materials and in-class presentations.

METHODS OF OBTAINING PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

- Examination(s)
- Portfolio assessment
- Interview(s)

Other (specify): Recorded skills demonstration

PLAR cannot be awarded for this course for the following reason(s):

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. Examples for this course might be:]

Selected articles as listed in the classroom course outline.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Group Proposal Design 30%
Demonstrated Group Co-facilitation 30%
Final Exam 25%
Student facilitated discussion of selected articles 15%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1. Introduction and orientation to the course; historical development of group work.
2. Continuum of social work in anti-oppressive social work; group as a system of mutual aid.
3. Types of groups; influential theories.
4. Types of groups: dynamics in group; group process.
5. Group leadership and facilitation.
6. Values and ethics; group formation: stages of group work.
7. Group formation: developing a group proposal; beginnings and endings.
8. Assessment; role of facilitator in the stages of group work; transitions.
9. Group leadership; learning group work by doing group work.
10. Gender dynamics in group process; feminist theory and practice; cultural dynamics.
11. Middle stage of group work; working with specific groups and behaviours.
12. Working with specific groups: adolescents; traumatic histories; common themes.
13. Working with specific groups and issues: vulnerable groups; indigenous peoples.