### OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use. Shaded headings are subject to change at the discretion of the department and material will vary - see course syllabus available from instructor.

<table>
<thead>
<tr>
<th>FACULTY/DEPARTMENT:</th>
<th>School of Social Work and Human Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>COURSE NAME/NUMBER:</td>
<td>SOWK 483</td>
</tr>
<tr>
<td>FORMER COURSE NUMBER:</td>
<td>SSSW 483</td>
</tr>
<tr>
<td>UCFV CREDITS:</td>
<td>3</td>
</tr>
<tr>
<td>COURSE DESCRIPTIVE TITLE:</td>
<td>Family Centred Social Work</td>
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#### CALENDAR DESCRIPTION:
This course will provide general knowledge about family centred social work practice. It will focus on basic conceptual and clinical skills relating to the theory and practice of family work. Students will develop a working knowledge of the family systems orientation to practice. The aim of the course is to develop an understanding of family work using a family systems perspective, while at the same time exploring techniques of family work from several different approaches including generational, interactional, experiential, and developmental. The theoretical focus of the course will involve a dual perspective stressing both an ecological and a phenomenological view of family functioning. Although the primary emphasis will be given to understanding family behaviour in terms of a family systems framework, students will also have the opportunity to investigate a variety of different intervention models.

#### PREREQUISITES:
Admission into the BSW program, SOWK 330, and either HSER 283 or an equivalent.

#### COREQUISITES:

#### SYNONYMOUS COURSE(S)
(a) Replaces: SSSW 483  
(b) Cannot take: for further credit

#### SERVICE COURSE TO:

#### TRAINING DAY-BASED INSTRUCTION

<table>
<thead>
<tr>
<th>STRUCTURE OF HOURS:</th>
<th>LENGTH OF COURSE: N/A</th>
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<tbody>
<tr>
<td>Lectures: 20 hrs.</td>
<td>HOURS PER DAY: N/A</td>
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<tr>
<td>Seminar: 10 hrs.</td>
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<tr>
<td>Laboratory: hrs.</td>
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<tr>
<td>Field Experience: hrs.</td>
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<tr>
<td>Student Directed Learning: 15 hrs.</td>
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<tr>
<td>Other (Specify): hrs.</td>
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</table>

Combination of Lecture and Lab Hours: YES/NO

#### MAXIMUM ENROLMENT:
30

#### EXPECTED FREQUENCY OF COURSE OFFERING:
One section per year.

WILL TRANSFER CREDIT BE REQUESTED? (Lower-level courses only): YES ______ NO ______

WILL TRANSFER CREDIT BE REQUESTED? (Upper-level requested by department): YES X NO ______

TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: YES ______ NO X

#### AUTHORIZATION SIGNATURES:

Course designer(s): Doyle Clifton  
Chairperson: (type name in this field)  
(Curriculum Committee)

Course reviewed by: (type name in this field)  
Department Head: Gloria Wolfson  
Dean: Jackie Snodgrass

PAC Approval in Principle Date: (type date in this field)  
PAC Final Approval Date: (September 25, 2002)
LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

- articulate a conceptual and operational understanding of the theory and practice of family centred work
- be familiar with concepts and techniques used in the field and represented in family literature
- understand the history of family therapy as a treatment modality
- demonstrate a particular family work approach
- understand the therapeutic use of self in promoting change from a family systems orientation
- articulate one’s own model for family centred practice

METHODS:

Lecture, class discussion, videos, experiential exercises, guest lecturers, student presentation.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR

YES X NO

METHODS OF OBTAINING PLAR:

All SOWK courses (with the exception of one practicum) are open for PLAR. Follow UCFV PLAR process.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]


Instructor developed course pack.

Recommended Reading:


SUPPLIES / MATERIALS:


STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

<table>
<thead>
<tr>
<th>Component</th>
<th>Weight</th>
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</thead>
<tbody>
<tr>
<td>Initial Paper</td>
<td>5%</td>
</tr>
<tr>
<td>Reflection Papers</td>
<td>25%</td>
</tr>
<tr>
<td>Group Project</td>
<td>20%</td>
</tr>
<tr>
<td>Final Paper</td>
<td>25%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>25%</td>
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</table>
COURSE CONTENT:
[Course content varies by instructor.  An example of course content might be:]

1. Introductions, Outlines, requirements
2. Historical Perspective
3. Family Centred Perspective
4. Family Systems / Change and non-change
5. Assessing - Stress and Resilience
6. Assessing - Attachment and Loss
7. Models of intervention and levels of need
8. Models of intervention and levels of need
9. Guest speaker - foster parent
10. Assessment / Guest speaker - Resource Social Worker
11. Assessment / Guest speaker - Protection Social Worker
12. Presentations
13. Presentations
14. Presentations and closing