UNIVERSITY COLLEGE of the FRASER VALLEY

**PAC FORM #2**

COURSE IMPLEMENTATION DATE: { September-2002 }
COURSE REVISED IMPLEMENTATION DATE: { }
COURSE TO BE REVIEWED: { September-2006 }
(FOUR (4) YEARS AFTER IMPLEMENTATION DATE) MONTH / YEAR

# OFFICIAL COURSE OUTLINE INFORMATION

**Students are advised to keep course outlines in personal files for future use.**

**Shaded headings are subject to change at the discretion of the department and material will vary - see course syllabus available from instructor.**

**FACULTY/DEPARTMENT:** CCP

| TASK01 - Self Assessment | ECCO | no credit |
|---|---|---|
| COURSE NAME/NUMBER | FORMER COURSE NUMBER | UCFV CREDITS |

Self Assessment
COURSE DESCRIPTIVE TITLE

**CALENDAR DESCRIPTION:**
This module provides students the opportunity to define their strengths and abilities in preparation for selecting realistic career options

**PREREQUISITES:** Admission to the TASK Program

**COREQUISITES:**

**SYNONYMOUS COURSE(S)**

(a) Replaces: N/A (Course #)

(b) Cannot take: N/A (Course #) for further credit

**SERVICE COURSE TO:**

N/A (Department / Program)

N/A (Department / Program)

**TOTAL HOURS PER TERM:** 60

**STRUCTURE OF HOURS:**

| | |
|---|---|
| Lectures: | 30 hrs. |
| Seminar: | 30 hrs. |
| Laboratory: | hrs. |
| Field Experience: | hrs. |
| Student Directed Learning: | hrs. |
| Other (Specify): | hrs. |

**Combination of Lecture and Lab Hours:** 30 **YES/NO**

**TRAINING DAY-BASED INSTRUCTION**

**LENGTH OF COURSE:** N/A

**HOURS PER DAY:** N/A

**MAXIMUM ENROLMENT:** 16

**EXPECTED FREQUENCY OF COURSE OFFERING:** Once per year

| | YES | NO |
|---|---|---|
| **WILL TRANSFER CREDIT BE REQUESTED?:** (Lower-level courses only) | | X |
| **WILL TRANSFER CREDIT BE REQUESTED?:** (Upper-level requested by department) | | X |
| **TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:** | | X |

**AUTHORIZATION SIGNATURES:**

**Course designer(s):** Bonnie Hamilton

**Course reviewed by:** (type name in this field)

**Department Head:** Trudie Archie

**Chairperson:** (type name in this field) **(Curriculum Committee)**

**Dean:** Karen Evans

**PAC Approval in Principle Date:** (type date in this field)

**PAC Final Approval Date:** 2002 10 30

**TASK01 - Self Assessment**

**COURSE NAME / NUMBER**

**LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:**

TASK01 - SELF ASSESSMENT
Upon successful completion of the program the student will be able to:
define his/her own strengths and abilities, and select realistic career options.
Objectives:
•define own individual strengths and weaknesses
•identify own needs and values
•set realistic goals for himself and herself
•develop a personal/educational plan to meet goals
•manage personal affairs with greater independence

**METHODS:**

•Inventories
•Group exercises
•Review past work experiences
•Informational Interviews

**PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):**

**Credit can be awarded for this course through PLAR** **YES** _____ **NO** **X**

**METHODS OF OBTAINING PLAR:**

N/A

**TEXTBOOKS, REFERENCES, MATERIALS:**

**[Textbook selection varies by instructor. An example of texts for this course might be:]**

See Resource Materials, Appendix I

**SUPPLIES / MATERIALS:**

Pen, pencils and notepaper for each class.

**STUDENT EVALUATION:**

**[An example of student evaluation for this course might be:]**
Attendence - 50% CR/NCR
Participation - 25% CR/NCR
Assignments - 25% CR/NCR

**TASK01 - Self Assessment**
**COURSE NAME / NUMBER**

**COURSE CONTENT:**

**[Course content varies by instructor. An example of course content might be:]**

Viesa Career Guidebook (Vocational Interest, Experience and skill assessment, Nelson Canada) provides students with an overall view, and a sense of where they might belong in the world of work.