APA Quick Bits

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APA formatting is a way to cite sources of information both within your text and on a separate references page at the end of the document. The following is based on the Publication Manual of the American Psychological Association, 6th edition and shows rules for various source types and situations.

Basic APA Format for References:

Who. (when). What it's called. Where it's published.

Who. = Lastname, Initial. The last name and first initial of the author. If no human author is named, use the name of the organization or company as author (ex. World Health Organization). When the author is not known, use following order: Title. (Date). Publisher.

(when). = The date of publication. The year alone is usually fine but this part can also include month, day, or season. If no date is clearly stated, use (n.d.).

What it's called. = The title of the source. This could be in two parts such as when an article or chapter in a larger publication is used; in these cases, the formatting and punctuation changes from this basic format (see below for examples). If there is no author or organization named, then the title goes before the date. When the title is not known, describe the source in brackets instead of the title, i.e. [Description].

Where it's published. = Location: Publisher. If the source is a printed item name the city in which it was published; if it is not a printed item or there is no city given, leave the city part of the reference blank. "Publisher" means the name of the publishing company, the URL, the DOI, or the name of the periodical; note that the name of the periodical has different formatting and is usually followed by numbers for volume, issue, and pages. Sometimes both a DOI and the periodical name and volume, etc. will be used.

In all cases, pay close attention to punctuation, capitalization, spacing, and italicization.

Source Type	In-Text Citation	Reference/Notes
Newspaper, online, two authors	(Broadbent & Rake, 2014)	Broadbent, V. & Rake, A. (2014, November 19). Sessional instructors on the fringes of UFV priorities, despite impact in classrooms. *The Cascade*. Retrieved from http://ufvcascade.ca/2014/11/19/ sessional-instructors -on-the-fringes-of-ufv-priorities-despiteimpact-in-classrooms/
Journal, online with DOI	(Piché, 2015)	Piché, P. G. (2015). Institutional diversity and funding universities in Ontario: Is there a link?. *Journal of Higher Education Policy & Management*, *37* (1), 52-68. doi:10.1080/1360080X.2014.991537
Two Journal articles with the same authors & same publication date	(Kensinger & Schacter, 2005a) (Kensinger & Schacter, 2005b)	Kensinger, E., & Schacter, D. (2005a). Emotional content and reality monitoring ability: fMRI evidence for the influences of encoding processes. *Neuropsychologia*, *43*, 1429-1443. Kensinger, E. & Schacter, D. (2005b). Retrieving accurate and distorted memories: Neuroimaging evidence for the effects of emotion. *NeuroImage, 27*, 167-177. **Note***: You must add the "a," "b" tag to the end of the date of publication to create a distinction between the sources and maintain alphabetical order.*

Source Type	In-Text Citation	Reference/Notes
E-Book with three to five editors	First time: (Golinkoff, Hirsh-Pasek, & Singer, 2006) Subsequently: (Golinkoff, et al., 2006)	Singer, D. G., Golinkoff, R. M., & Hirsh-Pasek, K. (Eds.). (2006). *Play = learning: How play motivates and enhances children's cognitive and social-emotional growth.* New York, NY, US: Oxford University Press. DOI:10.1093/acprof:oso/9780195304381.001.0001 **Note***: If there are more than five authors, the first* and *subsequent in-text citations follow the format:* (Name, et al., year)
Book with one author, 2nd edition, subtitle	(Aldwin, 2007)	Aldwin, C.M. (2007). *Stress, coping, and development: An integrative perspective* (2nd ed.). New York, NY: Guildford Press.
Web page, no date	(UFV Faculty of Science, 2016)	UFV Faculty of Science. (n.d.). *Science rocks*. Retrieved from http://www.ufv.ca/faculty_of_science/science-in-the-community/sciencerocks/
PDF document	(Vancouver Public Library, 2015)	Vancouver Public Library. (2015, March 13). *IT project managers: A guide for newcomers to British Columbia*. Retrieved from: http:// pwp.vpl.ca/siic/files/2015/04/IT_Project_Managers.pdf
YouTube video	(goUFV, 2016)	goUFV. (2016, July 21). *Meet Jack — Academic Integrity* [Video file] Retrieved from https://www.youtube.com/watch?v=59d1bJjKul0&feature=youtu.be
Twitter post (Tweet)	(Fioraso, 2016)	Fioraso, R. [RemingtonFD]. (2016, November 3). #Why social media management is much more than just posting: http://snip.ly/hctk7 via @socialmedia2day #ChoiceContent [Tweet]. Retrieved from https://twitter.com/hootsuite/status/794196296567496704
Lecture notes, Email, Letter, Personal interview, Conversation, class Course handout not available publically, Phone call, etc.	(B. McGregor, personal communication, September 12, 2016)	*Note: Class notes and other sources that the reader can not retrieve themselves do not have an item on the References page. Treat all of these kinds of sources as personal communication when using APA style.*
Figure (chart, diagram, map, photo, etc.)	Caption below figure: Figure 1: 2016 KIN Cup tug of war-5 (Sept. 27, 2016)	University of the Fraser Valley. (2016, Sept. 27). 2016 KIN Cup tug of war- 5 [Photograph]. Retrieved from https://www.flickr.com/photos/ufv/29346459694/in/album-72157674382301186/ **Note 1:** *The example given here assumes that permission to copy is not needed. See Notes 1, 2, and 3 on page 9 of the Academic Success Centre's longer APA Style Guide "Music, Video, Software, & Images" about securing copyright.* **Note 2:** *The caption includes the Figure number in your document, a title, and explanation of symbols if relevant.*
Journal article, source-in-source	(Funder, 1997; as cited in Triandis & Suh, 2002) Note: Triandis & Suh is the source you have in hand. Funder is one of their sources.	Triandis, H.C. & Suh, E.M. (2002). Cultural influences on personality. Annual Review of Psychology, 53, 133-160. Retrieved from http://www.annualreviews.org/doi/pdf/10.1146/annurev.psych.53.100901.135200 **Note***: Use "source-in-source" to show that you are using a source you found in one of your secondary sources but you have not seen the original. Use this sparingly; make an effort to find original sources.*

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