UNIVERSITY OF THE FRASER VALLEY

Counselling

Community Resource Numbers

Fraser Health CRISIS LINE 604-951-8855 or 24 hours a day every day 1-877-820-7444

SUICIDE LINE **1 800 784 2433**
Information for people concerned about themselves or someone else and the risk of suicide.

TELECARE CRISIS LINE **604 852 9099 *OR* 1 888 852 9099**
Providing Christian Crisis Intervention, Listening and Referrals

BC NURSELINE 24 Hours (speak with a pharmacist, nurse, dietician) **8-1-1**

MENTAL HEALTH CENTRES	Phone	Address
Abbotsford Mental Health Centre	604 870 7800	11-32700 George Ferguson Way
Mission Mental Health Centre	604 814 5600	3rd Floor, 7298 Hurd Street
Fraser Health Authority, Chilliwack	604 702 4860	273 – 45470 Menholm Road
Mood Disorders Association Abbotsford	604 854 9404	2420 Montrose Avenue
Here to Help Website	www.heretohelp.bc.ca	

VICTIM LINK BC	
24 Hour Help and Information Line	1 800 563 0808

HOSPITALS	Phone	Address
Abbotsford Regional Hospital and Cancer Centre	604 851 4700	32900 Marshall Road,
Mission Memorial Hospital	604 826 6261	7324 Hurd Street, Mission
Chilliwack General Hospital	604 795 4141	45600 Menholm Road, Chilliwack

WALK-IN CLINICS		
Abbotsford Village Medical Clinic	604 504 7145	2050 Sumas Way
Bakerview Medical Clinic	604 853 9853	9 – 33324 South Fraser Way
Clearbrook Family Practice Group/Clinic	604 852 8030	2828 Cruickshank Street,Ste 101
Cedar Care Clinic - Mission	604 820 7676	104 – 32423 Lougheed Highway
Doctors' Satellite Medical Clinic - Chilliwack	604 824 2113	1 – 6014 Vedder Road

ALCOHOL & DRUG REFERRAL SERVICE **1 800 663 1441**

QUIT NOW! SMOKERS HELP LINE **1 877 513 5333**

PUBLIC HEALTH UNITS

Abbotsford	604 864 3400	104 – 34194 Marshall Road
Chilliwack	604 702 4900	45470 Menholm Road
Health Protection/Safety-Abbotsford	604 870 7900	207 – 2776 Bourquin Crescent W

KIDS HELP PHONE **1 800 668 6868**

CHILDREN AND FAMILIES

Child and Youth Mental Health Chilliwack	604-702-2311	8978 School Street
Child and Youth Mental Health Abbotsford	604 870 5880	2828 Cruickshank Street
Child Protection Services Abbotsford	604 870 5880	2828 Cruickshank Street
Community Living for Mentally Handicapped	604 870 5900	Suite 201 – 2777 Gladwin Road
Abbotsford Addictions Centre	604 850 5106	31943 S Fraser Way
Alzheimer Resource Centre	604 702 4603	9291 Corbould Street, Chilliwack
BC Schizophrenia Society	604 858 6870	(Chilliwack)
Community Services	604 859 7681	2420 Montrose Street
Continuing Care/LTC	604 556 5000	103 – 34194 Marshall Road
Corrections/Probation	604 851 7100	2865 Cruickshank Street
Reporting of Child Abuse and Neglect	1 800 663 9122	
Missing Children Society of Canada	1 800 661 6160	
Child Find BC	1 888 689 3463	
Youth Against Violence	1 800 680 4264	

SHELTERS for BATTERED WOMEN AND CHILDREN

Abbotsford Transition House	604 852 6008
Mission Transition House	604 826 7800
Ann Davis Transition Society	604 792 3116
Xolhemet Transition House	604 858 0468

POLICE NON-EMERGENCY

Abbotsford	604 859 5225
Mission	604 826 7161
Chilliwack	604 792 4611

MINISTRY OF HOUSING AND SOCIAL DEVELOPMENT – Abbotsford

(Formerly *Human Resources/Social Services*)	866-866-0800	101 – 2684 Trinity Street

FOOD BANK

Food Bank – Abbotsford	604 859 5749	33914 Essendene Avenue
Salvation Army Food Bank – Chilliwack	604-792-0311	46420 Brooks Avenue