

YOUR NEW EFAP PLATFORM

# Digitally Advanced. Clinically Guided. Built for Better Outcomes.



## Helping You Find the Right Support, Sooner

With clinical guidance, you're connected to the right help at the right time, so you can address what you're going through early and start feeling better sooner.

# Your New Homewood EFAP Platform

Support that's designed to help you feel better, and stay well.

## Guided Care That Works for You

The right support, at the right time, every step of the way. You're supported from the moment you reach out, with guidance that helps you find what works best for you.

- Short check-ins to understand what you need
- Smart Care Navigation to guide you to the right support
- Immediate counselling with MeetNow
- Convenient online booking
- Simple care plans and tools to help you track your progress

## Easy to Use. More to Explore.

Find support, take-action and keep moving forward. Everything is designed to make it simple to get started and keep going.

- Easy navigation to online and in-person appointment booking
- Coaching for wellness, work and life
- Interactive online therapy (iCBT)
- Digital content and self-guided tools
- Manager and people leader support

## Personalized for You

Support that adapts to your needs. Your experience is tailored to you, so you always know what to do next.

- A personalized dashboard with your care, all in one place
- Recommendations that update based on your needs
- Tools to track how you're feeling over time

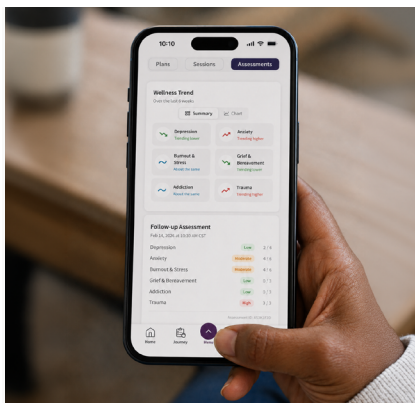
## Easy to Get Started – for You and Your Family

Support that's simple to access, whenever you need it.

- Quick and easy sign-up
- Helpful reminders and invitations to get started
- Easy access for your family members

## Feel Better. Stay on Track. Keep Moving Forward.

With the right guidance, you can get the support you need sooner, helping you feel better, stay engaged and keep moving forward.



Ready when you are

Download the app today to get started: [homeweb.ca/app](https://homeweb.ca/app)

Sign in >>

or

Register >>