

S'olh Shxwlèlì Siya:ye



Aboriginal Access Services



UCFV & UBC present:

**Native Indian Teacher
Education Program (NITP),**
University of British Columbia's
Bachelor of Education program
for those wishing to teach in an
elementary or secondary school.

**First Cohort of Students
September 2008**

UCFV's Aboriginal access Services have
Created the opportunity for Aboriginal
Teacher Education opportunities at the
UCFV Chilliwack Campus for September
2008.

This is a great opportunity to
begin the journey toward becoming a
teacher here in the
Fraser Valley.



As students, this month I would ask you
to reflect on your journey. I encourage
you to recognize and honour your own
gifts. Each of us has been given unique
gifts, provided to us by the Creator and
our ancestors. As students our journey
is taking us to places that we have never
been before. Sometimes on our journey
we are faced with fear and doubt.
Other times we experience joy and
jubilation. As you reflect, I encourage
you to allow feelings of gratitude wash
over you. Those things, for which we are
truly grateful are ours to keep.

Education will sustain our future as
xwelmexw, it models to our children the
possibility of our prosperity in the
future. Ey Si:yam



Trivia.....Who is this??



March 2008

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UCFV



IMS— Instructional Media Services

Have you taken advantage of these services available to you?

As a UCFV student you can borrow or use equipment to enhance your projects at no cost or very little cost.

Digital Cameras, Video cameras, Data projectors, CD players, and Microphones are available. You can use the CD burners, DVD burners, Scanners, B/W laser printer, Inkjet color printer, Color photocopier, Report binders, and the Paper cutter.

Abbotsford:

Building G at the Peter Jones Learning Centre, Rm G120

Ph: 604 854 4546 Mon.—Thur. 8am—7pm Fri. 8am—4pm

Chilliwack:

Building A at the Library

Ph: 604 702 2617 Monday—Friday 8 am—4 pm

In house Activities

****Fitness with Sheena every Monday, 4:30 to 5:30**

Come out and find your shape.

****Halq'eméylem with Th'et-simiya**

Monday's 4:30 to 7:00 pm

We sing, we dance, we talk, we may even feed you.
Milhchap! Come out and share.

Student survival tips...

When your kids are home for Spring break don't hesitate to parent share with others.

Is your funding secure? Don't forget to contact your Education worker before it's too late for September's funding. Governments year is April to March...the time is now!

Changing you goals? Sometimes change is good, don't wait too long to set new ones. Come in a speak to someone for assistance.

Gas prices to high? Consider car pooling, ask around to your class mates, don't be shy.

Career Fairs

Come out and see what's available.

Career Fairs are cropping up every where in the Spring time. They are not only informative for yourself, but for your relatives too. Ones still procrastinating returning to school or getting a career, or starting your own business. Then there is all the free give aways, and snacks...

DIRECTIONS at UCFV March 20

2pm to 6pm

Getting ready to Graduate?

Local studios have the grad gowns, & pictures may be cost less than the one on site on graduation day. Book an appointment today.

It's a good idea to have a friend or family member with a good camera on the side lines. This day will be a precious moment in your life worth documenting.

If you choose to wear the grad cap, think of your hair style to suit it.

Think of the gown over your clothes you may be too warm for the day.

Sweat lodge Ceremonies with the Elder in Residence



S'olh Shxwlèl' Elder-in-Residence Terry Prest will be leading a pipe ceremony on March 3rd at 10:00 am.

Sweat lodge Ceremony

Sunday, March 15, 2008 9:00 am

(meet at Cultus Lake mall to proceed to sweat lodge) Please contact Josephine Charlie for more information.

Don't forget when the special bunny visits your home. March 30th..



Learn more about Aboriginal services and how you can be involved

Spring is just around the corner...



Halq'eméylem Lesson

Thqa:t means Tree, it is said just the way it looks. The colon extends the 'a' sound, it means to double the sound stretching it out twice as long as normal.

Did you know...

That buds from a Cotton-wood tree has healing properties?

These buds can ease eczema, psoriasis, itch, burns, and pain.

In early Spring pick the buds off the young trees and simmer in equal amounts of mixtures of Olive oil, Lard, Bees wax, or like the old timers in Bear grease, for 2 hours and set over night; re-heat and strain into bottles or jars; seal and use as needed works good for babies cradle cap and diaper rash too. (i.e. 2 cups of buds = 2 cups of grease, or a combination of any of the above)

This way you have your own home made ointment and you don't have to worry about additives.

For more information give Wendy a call and she can answer your questions or concerns.

If you know of a remedy, please share it with us for next month. Email: wendy.ritchie@ucfv.ca

S'olh Shxwleli Staff Contact List

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Picture on cover is a Elder Frank Malloway, done in an art class.

Indigenous Smile of the Month!



Tracy Point

Happy about her effort and success she puts in her education...

Sharing a meal with the elders is a bonus!

Keep up the good work Tracy!