

# S'olh Shxwlèlì

## Siya:ye



Aboriginal Access Services



November 2007

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### Seasons Change To Remind Us To “Honor Our Health”

On October 9th to 12th there was a four day conference held in Vancouver, the *Honour Your Health* conference was a conference that held several workshops that prepared the Aboriginal participants to implement a six week health challenge into their community or school. Natache Gabriel (a UCFV Social Work student in the photograph above) is an Aboriginal Support worker at Fort Langley Elementary. Natache had attended this conference on behalf of the EAGLE and PALS program under the auspice of the Langley School District #35's Aboriginal Program.

One of the guest speakers at the conference was Dr. Evan Adams, a member of Sliammon First Nation in Powell River, who was kind enough to take time out to have his picture taken with one of his adoring fans. (Remember, Thomas from *Smoke*

*Signals*?) The actor-turned-physician has completed three years of pre-med studies at the University of British Columbia. Then Adams completed his Medical Doctorate at the University of Calgary in 2002 and completed his Aboriginal Family Practice Residency program – during which he was Chief Resident (no pun intended) at St. Paul's Hospital in Vancouver in 2005.

Natache will be putting a health challenge into motion at the beginning of next year for the Fort Langley Elementary Aboriginal students that have many of Kwantlen First Nations students in attendance plus several Aboriginal students from other nations.

Natache stated that, “the conference was a success and very informative.”

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### Sweatlodge ceremonies with Elder in residence

S'olh Shxwlèlì Elder-in-Residence Terry Prest will be leading sweat lodge ceremonies in Soowahlie on every third Sunday of the month. These sweats are open to anyone who is interested in attending. The details for the November ceremony.

#### Sweatlodge Ceremony

**November 18, 2007**

**9:30 a.m.**

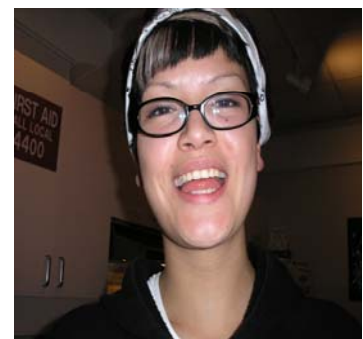
(meet at Cultus Lake mall to proceed to sweat lodge)



**Elder-in-Residence  
Terry Prest**

Terry has made himself available to staff and students for guidance and counseling to the UCFV Faculty /Staff and students. Terry will be on UCFV - Abbotsford campus every Wednesday from 10:30 am to 2:30 pm

Please contact Josephine Charlie at the Chilliwack campus or Fern Campbell at the Abby campus for more details.



**Mandy says, “Only four and a half weeks to go so hang in there gang!”**



# Important Dates

## Winter 2007—2008

**Nov 7/07** - Registration times available through myUCFV.

**Nov 16/07**- Registration begins for winter semester

**January 7/08** - Classes begin

**January 9/08** - Deadline to login to online courses

**January 18/08** - Fee payment deadline

## UCFV Closures

**November 12, 2007**- Remembrance Day observed

**December 24 (noon) to January 1, 2007**- Winter Holiday Break

**March 21 - March 24** - Easter Break

**May 19, 2007** - Victoria Day

## **Reminder:**

**S'olh Shxwleli**

**Open House**

**Tues. Nov. 20th**

Activities begin at

9:30 am

Lunch will be served between 11:30 – 1:30, Then events will carry on until 7:00 pm.

Everyone Welcome!



## A new team member!

**Wendy Ritchie**: I am from the Skowkale First Nation; I've recently graduated with a Bachelor's degree in Education from S.F.U. It's exciting to be working here at UCFV at the S'olh Shxwleli, although at times overwhelming when meeting all the staff and students. Many faces are familiar, as I began my education path here at U.C.F.V. many years ago.

The past two weeks here at the center have sped by like a crane taking off for a flight, careful and consistent. The careful refers to the care and consideration the staff members have for me as a new member, not to overwhelm me or get me up and running too quickly, which I really appreciate. With the consistency of events, something is always happening; theirs rarely lull times to mention, with so many activities, there is no time to slow down. From wiping tears to assisting with projects, and cooking meals, this is just the atmosphere I enjoy and I look forward to coming to work each day.

Mekw tel Sq'eqó. Th'et-simiya



The Thanksgiving dinner held at the U-House on the Abbotsford Campus was a huge success. Above is UCFV student, Danica Denomme' and her beautiful daughter, Soleilla Rose, enjoying the meal and the evening with new friends. Details on pages 3 and 4.



## A CHANCE FOR YOUNG ADULTS TO OFFER THEIR VIEWS



### WHO WE ARE:

The Fraser Region Interim Aboriginal Authority (FRIAA) is planning for the transition of Ministry of Children and Family Development programs. Once planning is completed, an Aboriginal Authority will have oversight and contracting responsibilities for these programs to Aboriginal people (Land-based and Urban First Nations, Métis and Inuit) throughout the Fraser Region.

### YOUNG ADULTS NEEDED:

As part of its mandate, the Interim Authority is discussing proposed changes with Aboriginal residents of all ages living and/or working in the Fraser Region (Burnaby to Boston Bar on both sides of the Fraser River) as well as people working with or interested in working in Aboriginal communities. The staff at FRIAA are particularly interested in connecting with youth and young adults (ages 15-29), especially those who may have had some involvement with MCFD services or who are interested in careers with a direct bearing on such services, ie. students in the social work program.



### IF YOU ARE INTERESTED:

Please contact Amanda Large at (604) 755-1210 or visit our Web site at [www.fraa.ca](http://www.fraa.ca). People participating on a regular basis receive honorariums and are reimbursed for travel expenses.

## The Thanksgiving Dinner at the U-House at Abby Campus

A success Thanksgiving dinner was held on October 4<sup>th</sup> in conjunction with the University House students. There were many faculty/staff and students who blessed us with their presence, one of which, was Douglas Hudson (Anthropology instructor at UCFV) honored us by carving the turkey.

There were two representatives from Kwantlen Nation, Lekeyten and Cheryl Gabriel, who sang the Kwantlen honor song to bless the meal. There was a charge of \$2 a plate to raise funds towards a drum making workshop to be held on November 28<sup>th</sup>.



Lekeyten and Cheryl Gabriel from Kwantlen Nation





“The Creator does not give us more than we can handle,” was a quote that was stated to me by a wonderful woman when I felt like I was “drowning” due to life’s busy schedule. So when seasons change, it is a time to express my gratitude for all that is around me. Therefore a special thank you goes out to some lovely and wonderful people who have donated books, food, and money to the center in support of, not only, our Thanksgiving dinner, but to the center to help us keep our students healthy during the fall semester.

A warm and wonderful thank you to Bill Wilson (UBC instructor) who had donated some books for the center and \$40 to go towards our Thanksgiving turkey; Michelle Hogan, a parent of one of our Aboriginal students, had donated \$10 towards the turkey and some groceries for our center; and Lekeyten of Kwantlen First Nation, who has donated his time to the ARC to sing honor songs for our special events.

Having people like you in our lives restores the faith that the Creator hears my prayers.



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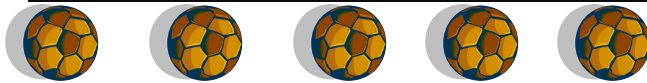
# S'olh Shxwlèlì - Elders and Students luncheon

The first Elders and students' luncheon was held here at S'olh Shxwlèlì - Chilliwack campus on the 16th of October. We had approximately 25 people that honored us with their presence. The Soowahlie Elders' "Group of 10," and two Elders from Skowkale were our guests of honor. In addition to our honored guest list, there were 10 students and 4 of our staff members that shared a delicious meal prepared

by the S'olh Shxwleli staff.

S'olh Shxwlèlì is excited to see our services and our centres on the Chilliwack and Abbotsford campuses grow. All students, faculty, staff, and community members are welcome to check out how our services that are shaping up in the new spaces.

**To the right:** our commitment is to building a diverse community of learners.



## The Smoke Signals Sport Section

The **Slammin' Salmons** indoor soccer team is holding their own in the Intramurals Indoor soccer league here at the UCFV - Abbotsford campus North Gym. So far this season, the Salmons have lost one game to the extraordinary talents and skills of Team Arab by a score of 13 to 3. The Salmons have went on to tie one game and then add two wins to their standings.

The Salmons are definitely getting a foothold on this fast paced competition by demonstrating their level of skills to their opponents.

First round draft pick, Bryce James, has been consistent with putting the ball at the back of the net. The phenomenal foot work of Michelle Julian along with Rookie of the year, Amanda Large, have come out strong in the first few games and have been putting their brilliant finishes to the plays.

The Salmons have been holding their opponents at bay by the strong and powerful defensive plays by the crafty defender, Ashley Camille who has assisted her goalie, Fern Gabriel-Campbell, who, otherwise might be peppered, by shutting down many 2 on 1 situations.

A refreshing addition to the Salmons are the dynamic duo, Tracey James and Scottie Walters, along with the extraordinary flair and clever ball players, Youssef Aabid and Zakaria Elhadi from Team Arab, who have substituted for the roster's short list. These talented football players have proved that the Slammin' Salmons are a force to be reckoned with.

Come on out and cheer the Salmons to victory on Monday evenings at the North Gym.

## Upcoming Events at S'olh Shxwleli Siya:ye in November 2007

**November 5 - 9, 2007** - Cedar Rose Making in honor of our Aboriginal Veterans. (Abbotsford Campus - Rm A219a)

**November 7, 2007** - Bannock Fundraiser at Abbotsford Campus in Room A219a. \$1 a bannock.

**November 12, 2007** - UCFV closed to observe Remembrance Day

**November 14, 2007** - Metis Celebration Day at the University House (Abbotsford Campus - Roadrunner Lounge)

**November 20, 2007** - Open House Begins at 9:30 am. Lunch will be served between 11:30 – 1:30, then events will carry on until 7:00 pm. (Chilliwack Campus - G Building)

**November 28, 2007** - Drum Making Day  
Location - TBA