

S'olh Shxwlèlì
Siya:ye

Aboriginal Access Services

October 2008

Tempokw'

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Autumn Leaves

The leaves are changing color and the air is growing crisp! Maybe it makes it easier to curl up and read those chapters...

Remember to drop into the Centre to say hi!

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Midterms

Yes, it is midterms season already. Time flies when we are having fun and when we least expect it. Aboriginal Access Services encourages students to get extra rest at this time of term, try to eat properly and read those books and articles! We will do our best to assist you with studying and writing. Stop in to S'olh Shxwlèlì and get some tips on test writing and share your tips with others. Or, just come in and have a tea/coffee with Elder Terry—he can be found on both Abbotsford and Chilliwack campuses (ok, not at the same time).

Families can help too. Make things a little easier for the student in your life by doing extra chores around the house so they don't have too. Volunteer to babysit, so s/he can get that paper done or chapter read. Maybe cook a meal for the student—because sometimes students forget to eat.

Also, Wendy Ritchie has singing and drumming on Tuesday evenings from 5—7pm, making for great study medicine.

And remember Midterms are just a reminder that you are that much closer to completing your class and getting those 3 credits!

September in Review

The BAC BBQ was a huge success—we know because Elder Terry was flipping burgers non-stop until he ran out of patties—yup that is what happened! And for the record there were two future UFV students in attendance that were both less than 100 days old! Students and staff are grateful to the Elder for his BBQ expertise.

Eleven, count'em eleven NITEP students have started at UFV. We welcome each of them, and are grateful for our partnership with UBC which makes this possible.

There has been furniture shifting about...have you noticed in Abby? In order to make room for new computers we shuffled some desks - and in the kitchen corner we have moved the fridge in order to make room for the anticipated delivery of a new counter! And thank you to Tyler (P'scapio) Page for changing the door on the fridge so it will open the "right way".

And thanks to Josephine Charlie, students have been treated to bannock and soup, spaghetti and we hear Breakfast is coming soon!





Annual Welcome Back BBQ for UFV Staff
The event was well attended at the new Chilliwack Education Park in the Trades and Technology Centre (TTC).
All those in attendance received a t-shirt with UFV's new logo—and were treated to lunch.
Looks like Shirley and Saylesh were caught with their mouths full under Elder Terry's watchful eye.

Hallowe'en Day

Soowahlie Elders have been invited for lunch on Friday October 31st in Chilliwack S'olh Shxwleli. All students and staff are invited too. Wear a costume and win a prize!

TRICK
or
TREAT



SMELL
my
FEET

Did you know Hallowe'en was first a Celtic anniversary and marked the beginning of the new year?
Did you know that in days of old Scottish children would hollow out turnips—not pumpkins?
Did you know that trick or treating was only started about 40 years ago?
Finally did you know that “witch” comes from the wicca language, meaning “wise one?”



S'olh Shxwleli—Our Places

S'olh Shxwleli, meaning “Our Places”, is the Halq'emeylem name for our Aboriginal Resource Centers at UCFV. The late Mary Uslick guided much of the Aboriginal development work at the University, and she was often heard to say that we needed “our place” on campus. The Elder believed that by creating a place of belonging Aboriginal students would be able to concentrate on their studies and do well. It is a belief that we have embraced .

Our purpose is to provide a doorway for Aboriginal post-secondary students that respects the Aboriginal worldview in all educational pursuits. We locate ourselves within on-campus activities. Students, families, and friends gather to exchange ideas, share food, and socialize in a manner reflective of cultural traditions. Students will find a place to study or a spot to relax between classes and can always expect friendly and supportive service in a relaxed atmosphere.

S'olh Shxwleli has developed a vibrant community of computer users, crafters, families, storytellers, hungry students that come to be fed with Josephine's home cooking, students hungry for Laura's knowledge of writing and grammar or Stuart's math wizardry, drummers, singers and of course the one's who want to rest before and after classes.



David Gutierrez & his mom Tillie Storytelling.



Vivienne Williams and Eleanor Magobet in class in G130 at S'olh Shxwleli



Student Lunches

Tuesday October 21 2008

Time: 11:00–1:00 Drop-In

Place: Chilliwack S'olh Shxwleli (Building G)

Monday November 10, 2008

Time: 11:00—1:00 Drop-In

Place: Chilliwack S'olh Shxwleli (Building G)

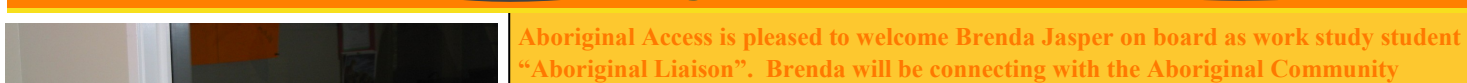
Thursday November 27, 2008

Time: 11:00–1:00 Drop-In
Place: Chilliwack Folk Show

Place: Chillwack Soil Shxwell (Building G)

Student lunches are a mix of Josephine's home cooking, pot luck and most times whatever we can find that will fill the troops. Don't miss out! Come for lunch and bring your friends and family. We have never run out of food and we have never had anyone go away hungry! We look forward to seeing you here.

Last
Year's
Lunch
with
Laura
Smith
Arnold
Ritchie
Wendy
Ritchie
Terry
Prest
&
Sophi
mia
Prest
cookin



Council, Band Education Workers, School District Staff and numerous other Aboriginal programs and services. She will keep everyone in our communities informed about the University's indigenizing initiatives.

Brenda is a Soowahlic Band member and lives in her community. She brings with her vast experiences and a sunny attitude.

If you want to contact Brenda and introduce yourself she can be reached via email at arc@ufv.ca Connect with her soon.

Currently Brenda is enrolled at UFV pursuing a credential in the helping profession.

Meet Sheena Edwards—

Jared will be seen as the Resource / Activities Assistant at the Abbeotsford campus. He will assist planning student

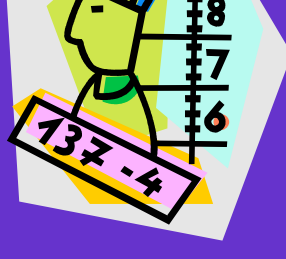
Abbotsford campus. "He will assist planning student activities and events — and he will advertise these activities using the bulletin boards around campus—and through the use of a student list serve. Jared will also be heading up the Honor Your Health Challenge this year. We know he is travelling off into the city to attend the Conference and will come back filled with ideas for us to challenge our un-healthy habits with. Additionally Jared is already planning Metis Day celebrations.

Jared was camera-shy this month



So next month we will be sure and
Catch him in action—and click!

Watch for his mug shot next month.





**University Skills workshops
In Chilliwack S'olh Shxwleli
G130**

Prepare for exams, sharpen your reading and writing skills, note-taking abilities and learn about stress and time management.

October 1: 10am—11am

Kim Norman, Writing Centre

Research Paper—bring your assignment and/or Rough draft

October 6 : 4:30pm—5:30pm

Laura Smith, Aboriginal Access Services

Using Graphic Organizers—bring your assignment and/or Rough draft

October 14 : 5:30pm—6:30pm

Dana Landry, Writing Centre

Summarizing—bring your assignment and / or Rough Draft

October 22 : 4:30pm—5:30pm

Kim Norman, Writing Centre

APA documentation, including references and bibliography—bring your assignment and / or Rough Draft

November 12 : 11:30am—12:30pm

Kim Norman, Writing Centre

Checklist, Strategies for Revision

November 25 : 4:30pm—5:30pm

Dana Landry, Writing Centre

Writing essay exams & Writing under pressure —bring your assignment and / or Rough Draft

Academic Support

Tutoring is available for a number of classes. Math is popular, and so is paper writing. But do you need help with Sociology, Anthropology, History, Chemistry, Geography, CIS, Biology or Agriculture?

Let Josephine (arc@ucfv.ca) know—don't wait until your over your head, we know the sooner you ask for a Tutor the more likely you are to succeed. Do it today!

***Sweat lodge Ceremonies with our Elder in
Residence Terry Prest***

Third Sunday of each Month

October 19th 9am

Women call Josephine (604) 795-2835

Men call (604) 795-2835 and ask for Terry to return your call

Cultural Teachings in S'olh Shxwleli

Tuesday October 21

12:30 to 1pm

Smudge—what is it it for, and when do we use it? Terry Prest will share his teachings.

Monday November 10

11am to 11:30 am

Sweatlodge — When and where are they? What do we wear? Teachings, protocols and Q & A. Terry Prest.

Thursday November 27

12:30 to 1pm

Pipe Ceremony — Referred to most often, seen in the movies — but what is it really? Elder and Pipe Carrier, Terry Prest will share his knowledge and experiences.

Thanksgiving

The Three Sister Legend

“The corn, the bean and the squash are three loving sisters who must always live together to be happy. The older sister is tall and graceful, the next younger loved to twine about her and lean for strength upon her. The youngest rambled at the feet of their sisters and protected them from prowling enemies. When the moon drops low and the summer night is lit only by the mysterious light of the stars, these three sister come forth in human form wearing their green garments and decked in blossoms. They have been seen dancing in the shadows, singing to their mother earth, praising their father sun and whispering words of comfort to mankind. And women and men, to show gratitude, call the three sisters Dyonheyko, “they who sustain our lives”.

Haudenosaunee (Iroquois ‘Longhouse’ people) legend

http://www.ben-network.org.uk/participation/green_spaces/gs_more_info/threesis.html



Aboriginal Access Services wishes all students, families and friends a restful and Happy thanksgiving.

Monday October 13

Please be reminded University buildings will be closed.



Aboriginal Community Council Sub-Committee Meeting
October 6th, 2008
Chilliwack Campus
Room G130, Building G
At 1 pm.

Aboriginal Community Council Sub-Committee Meeting
November 3rd, 2008
Chilliwack Campus
Room G130, Building G
At 1 pm.

Aboriginal Community Council Meeting
November 17th, 2008
Chilliwack Campus
Room A201, Building A
At 12 Noon



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S’olh Shxwleli Staff Contact List

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Judy Cathers, BA Aboriginal Access Clerk

Francine Roberts, ABTeert Casual Clerk

Saylesh Wesley, B.Ed. NITEP Coordinator



Academic Support:
Stuart Charlie
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Olivia Louie

