



# Welék'es (Little Frog Season) 2026 Sqwélqwel Newsletter

## IMPORTANT DATES FOR MARCH

<b>Every Wednesday</b>	Katheryn, Advising will be at ISC CEP Chilliwack
<b>Every Thursday</b>	Elder Stephen Williams - D-133 Abby Campus - D-133 10am to 12pm
<b>Every Thursday</b>	Elder Bibiana Norris - ISC CEP Chilliwack 1:00pm - 3:00pm
<b>March 12/26<sup>th</sup></b>	Elder Wendy Ritchie - ISC CEP Chilliwack 12:00pm to 3:00pm
<b>March 11</b>	Ribbon Skirt Making - ISC CEP Chilliwack 10:00am to 1:00pm space is limited if interested email <a href="mailto:isc@ufv.ca">isc@ufv.ca</a>
<b>March 12<sup>th</sup> to 13<sup>th</sup></b>	Grad Pictures Artona on Chilliwack Campus
<b>March 12<sup>th</sup></b>	Career Fair - Everad Hall
<b>March 15<sup>th</sup> to 22<sup>nd</sup></b>	Grad Pictures Artona on Abby Campus
<b>March 18<sup>th</sup></b>	Ribbon Skirt Making - D-133 Abby Campus 10:00am to 1:00 pm space is limited if interested email <a href="mailto:isc@ufv.ca">isc@ufv.ca</a>

## Connect with us!

Chilliwack ISC - A1441  
45190 Caen Avenue  
604-795-2835  
M-F 8:30am - 4:30pm

Abbotsford ISC - S1113  
33844 King Road  
604-557-4069  
M-F 8:30am - 4:30pm

Email: [isc@ufv.ca](mailto:isc@ufv.ca)  
Website: [ufv.ca/isc](http://ufv.ca/isc)

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[betty.peters@ufv.ca](mailto:betty.peters@ufv.ca)  
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Find us on Social Media: @ISCUFV





# SAVE THE DATE!



## RIBBON SKIRT WORKSHOP

**DATES**

MARCH 11	10AM TO 1PM CHILLIWACK ISC
MARCH 18	10AM TO 1PM D-133 ISC ABBY

ALL SUPPLIES & MATERIALS PROVIDED. LEARN FROM SABRINA SAM ON HOW TO MAKE A RIBBON SKIRT!

LIMITED SPOTS AVAILABLE. CHOOSE 1 DATE & EMAIL TO REGISTER: [ISC@UFV.CA](mailto:ISC@UFV.CA)

OPEN TO ALL UFV STUDENTS INDIGENOUS TO TURTLE ISLAND

**DON'T MISS OUT!**

UFV Indigenous Student Centre @iscufv

## Winter 2026 CAREER COACHING Drop-Ins

**What we can help you with?**

- Job Search Strategies**  
Getting started on where to look and what to look for
- Interview Tips**  
Practice interview questions and responses
- Resume/Cover Letter Writing**  
Highlight your accomplishments effectively

<p><b>ISC Chilliwack</b> 2<sup>nd</sup> &amp; 4<sup>th</sup> Wednesdays (9am-4pm) Jan 14 &amp; 28, Feb 11 &amp; 25 Mar 11 &amp; 25, Apr 8 &amp; 22</p>	 David
<p><b>ISC Abbotsford</b> 1<sup>st</sup> Wednesdays (1pm-4pm) 3<sup>rd</sup> Wednesdays (9am-4pm) Jan 7 &amp; 21, Feb 4 &amp; 18 Mar 4 &amp; 18, Apr 1 &amp; 15</p>	 Jason

ufv.ca/jobs




### PEER MENTOR

Lexi B

**Lexi B - Abbotsford D-133**

Thursday 2:30pm - 4:30pm

**Lexi B - Chilliwack ISC Centre**

Tuesday 9:00am - 4:00pm

Éy swayel, hello I am Lexi Baldwin and I am honoured to be one of the Indigenous Cultural and Community Liaisons for the Indigenous student centre. I have grown up within the Stó:lō territory my entire life, and am grateful to be part of the community. My family is from Gitwangak band. I am a Bachelors of Science student studying biology, chemistry and Indigenous studies. I enjoy the nature reserves, baking, and a rainy day here and there. I am excited to meet you all and be part of the team.



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## OUR PEER MENTORS

### PEER MENTOR

Nicky H.

**Nicky H - Abbotsford D-133**

Monday 9am - 11am

Tuesday 9am - 11am

Friday 10am - 3pm

**Nicky H - Chilliwack ISC Centre**

Wednesday 10am - 1pm

Weyt-Kp my name is Nicky Harry and I am from St'uxwłéws and Stsweccem'e Xgeł'tem First Nation located in the interior of BC. I am really excited to be part of the Indigenous Student Centre as a Cultural and Community Liaison this semester. Currently, I am studying Business Administration in my second year. During my time here at UFV the Indigenous Student Centre has always been a very positive experience for me. So I am grateful for this opportunity to learn, become more engaged and make positive contributions in the community!



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