



# Xets'ō:westel (time to store away canoe paddles) 2025 Sqwélqwel Newsletter



## PEER MENTORS

### Hailey at ISC Abbotsford - D-133

Monday: 9:00am - 11:00am  
Tuesday: 10:00am - 2:00pm  
Thursday: 10:00am - 1:00pm  
Friday: 9:00am - 11:00am

### Lexi at ISC Chilliwack

Thursdays: 9:30am - 11:30am

### Lexi at ISC Abbotsford - D-133

Monday: 10:00am - 1:30pm  
Friday: 10:00am - 12:30pm

*Indigenous Peer Mentors share their experiences and offer their support to students assisting with their transition to post-secondary education at UFV*

## Connect with us!

### Chilliwack ISC - A1441

45190 Caen Avenue  
604-795-2835  
M-F 8:30am - 4:30pm

### Abbotsford ISC - S1113

33844 King Road  
604-557-4069  
M-F 8:30am - 4:30pm

**Email:** [isc@ufv.ca](mailto:isc@ufv.ca)

**Website:** [ufv.ca/isc](http://ufv.ca/isc)

### Staff Emails:

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Find us on Social Media:  
[@iscufv](https://www.instagram.com/iscufv)

**UNIVERSITY**  
OF THE **FRASER VALLEY**  
INDIGENOUS STUDENT CENTRE

## Indigenous Veterans Day Saturday November 8, 2025

Indigenous Veterans Day is observed in Canada on 8 November. The day recognizes the contributions of First Nations, Inuit and Métis veterans of the Canadian armed forces.



# UPCOMING IMPORTANT DATES

**SAVE THE DATE**

Every Thursday	Elder Bibiana Norris - Drop-In 1:00pm - 3:00pm, ISC Chilliwack
Every Thursday	Elder Stephen Williams - Drop-In 11:30am - 1pm, ISC Abbotsford D-133
Every Wednesday	Academic Advisor 1:00pm - 3:30pm, ISC Chilliwack
Every Wednesday	Academic Advisor 1:00pm - 3:30pm, ISC Abbotsford S1113
November 5	Free Student Lunches 11:30am - 1:00pm Chilliwack ISC
November 13	Free Student Lunches 11:30 - 1:00pm Abbotsford D-133
November 8 <sup>th</sup> to 12 <sup>th</sup>	Reading break no scheduled classes
November 8	Indigenous Veteran's Day
November 11	Remembrance Day all UFV campuses are closed
Every Wednesday	Career Counsellor in Abbotsford ISC center S1113

