



Tempó:kw (Chehalis Spring Salmon) 2026 Sqwélqwel Newsletter

Do you want after hrs access to ISC
space ?

email: tery.kozma@ufv.ca with the following information

Name

Student Card#

5 digits on the back of your student card

Did you Know?

October is called Tempó:kw, meaning “Time for Chehalis Spring Salmon”. Tem means time or season and pó:kw means Chehalis River spring salmon. This type of salmon begins to run about October and is smoke dried in smokehouses during this month.

Connect with us!

Chilliwack ISC - A1441

45190 Caen Avenue

604-795-2845

M-F 8:30am - 4:30pm

Abbotsford ISC - S1113

33844 King Road

604-795-2845

M-F 8:30am - 4:30pm

Email: isc@ufv.ca

Website: ufv.ca/isc

Staff Emails:

betty.peters@ufv.ca

tery.kozma@ufv.ca

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judy.douglas@ufv.ca

jolie.lawrence@ufv.ca



Find us on Social Media:

@ISCUFV



UPCOMING IMPORTANT DATES

SAVE THE DATE

Every Thursday	Elder Bibiana Norris - Drop-In 1:00 - 3:00 pm, ISC Chilliwack
Every Tuesday & Thursday	Elder Denise Douglas - Drop-In 1pm - 3pm, D-133 New Indigenous space Abbotsford Campus D bldg
Every Wednesday	Academic Advisor 8:30am - 4pm, ISC Chilliwack <i>Afternoons are by appointment only: Speak to ISC Front Desk for Support or Email Kathryn Garcia at Kathryn.Garcia@ufv.ca</i>
Every Monday	Elder Wendy Ritchie - Drop in 11:00am - 1:00pm, ISC Chilliwack elders room
Every Wednesday	Elder Wendy Ritchie - Halq’emeylem Support 2:30 - 3:30 pm - Halq 101 3:30 - 4:30 pm - Halq 102 Elders Room, ISC Chilliwack
Every Tuesday & Thursday	Peer Mentor - Nick Todd 11:30 am to 3:30pm, D-133 Abbotsford Campus
Every Thursday	Drop in student support with Alyson Gher-White 1:00pm to 4:00, D-133 Abbotsford Campus
October 12	STAT: All centres closed for STAT Fall Celebration
Oct 13 & Oct 15	Beaded Poppy Workshop - Oct 13 th 11am to 2pm Abby - D-133 Beaded Poppy Workshop - Oct 15 th 11am to 2pm CEP - Student Lounge
October 17	UFV Open House 10am - 2pm, Abbotsford Campus