

## **FIT Grant – Final Report**

**May 2022**

**PLAN – Physical Literacy Action Network**

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**Kinesiology**

### ***Summary of the activities undertaken:***

PLAN launched in the Fall 2019, and COVID 19 has meant the temporary cessation of the program. We were not able to offer this experiential community-based program during Fall 2020, Winter 2021, Fall 2021, nor Winter 2022.

- We are however underway with the related research project.
  - The guiding research questions are: What are the perceived benefits of participating within this experiential learning opportunity? What are the perceived strengths and weaknesses of the PLAN outreach program?
  - The ethics application has been submitted and approved.
  - Two work-study students were involved, and interviews have been completed and transcribed.
  - Thanks to the redistribution of the FIT Grant, a third student was hired who is in the process of completing the manuscript for publication.