

### Abuse Prevention for Young Children

A sample of books, CDs/DVDs, or media kits on the topic of child abuse prevention are listed below. These can be borrowed by calling 1-888-224-7233 or (604)870-5461; by emailing the centre at [CentresLibrary@ufv.ca](mailto:CentresLibrary@ufv.ca) ; or, by visiting the University of the Fraser Valley, Bldg A203- 33844 King Rd., Abbotsford BC. For hours of operation: [www.bccssc.ca](http://www.bccssc.ca)

#### **My Amazing Body**

By: Pat Thomas

Call #: QP 37 T566 2002

This book explores health and fitness. The importance of a healthy diet and exercise is presented in a simple and informative way. While learning about their bodies, children will appreciate the importance of caring for their bodies.

#### **My Body is Mine, My Feelings are Mine**

By: Susan Hoke

Call #: HQ 53 H65 1995

This book teaches young children how to protect themselves from the possibility of sexual abuse. A guideline for adults summarizes major points that parents and professionals should know in order to prevent sexual abuse from occurring or responding appropriately if it does.

#### **Uncle Willy's Tickles: a Child's Right to Say No**

By: Marcie Aboff

Call #: PZ 7 A164 2003

Uncle Willy tickles Kyle until his insides feel like they're 'splitting apart'. Kyle loves Uncle Willy, but not those tickles. He wants to hide when Uncle Willy visits and tell his mom he's sick so he can stay in his room. Kyle decides to tell his mother about Uncle Willy's tickles and then he tells Uncle Willy too.

#### **Let's Talk About Touching (Classroom Kit)**

By: Swanson/Sippel

Call #: HQ 770.7 S56 2001

This kit includes: 1 program manual; 8 teaching pictures about positive touch; 10 felt-board figures with 4 cards of felt-board words; 45 sorting cards of positive touch; 2 puppets; 16 interchangeable puppet faces; 2 teaching dolls (a girl and a boy doll) and 1 music CD. LTAT is an educational program for teaching young children basic safety concepts and skills to protect them from sexual abuse. For more information visit:

[http://www.ecebc.ca/resources/ltat\\_about.html](http://www.ecebc.ca/resources/ltat_about.html)

