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A203 - 33844 King Road
Abbotsford BC V2S 7M8

Keeping you up to date on events and resources essential for healthier schools and communities

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About Us

Our Vision: Children and youth in British Columbia are nurtured in safe, caring, and inclusive schools and communities in order to ensure their well-being and maximize their potential.

Our Mission: To facilitate the use of evidence-informed approaches to promoting safe, healthy, and inclusive schools and communities.

Our Mandate: To provide research and resources which support the creation of safe and socially just schools and communities throughout the province.

To learn more about who we are and what is available through our centre...

Visit us online: www.bccssc.ca

Contact us: safeschoolscommunities@ufv.ca

1-888-224-7233

Office Hours: Mon to Fri 8:30 am to 4:30 pm
Thurs 8:30 am to 7:30 pm
Saturdays 10:00 am to 4:00 pm

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Monthly Theme

Sexual and Reproductive Health Awareness

Sexually transmitted infections, unwanted pregnancies, and sexual violence are consequences of engaging in risky sexual behavior. Education designed to help individuals make wise and safe choices, and awareness of services are integral components of safe, healthy and inclusive schools and communities.

February 12th is Sexual and Reproductive Health Awareness day. This day looks at the accomplishments as well as the ongoing endeavor in providing all Canadians with accessible and accommodating sexual health services. The theme for this year's event is 'Celebrating 40 Years of Legal Contraception in Canada'. For more information on the these issues as well as The Canadian Federation for Sexual Health, visit http://www.cfsh.ca/About_CFSH/Toolkits-and-Resources/Sexual-and-Reproductive-Health-Day.aspx

Research on sexual activity among Canadian and BC youth:

<http://www.statcan.gc.ca/pub/82-003-x/2008003/article/10664-eng.pdf>

http://www.sexualityandu.ca/media-room/pdf/Sex-Stats-Fact-Sheet_e.pdf

<http://www.publicaffairs.ubc.ca/media/releases/2008/mr-08-095.html>

<http://www.msfhr.org/interactions/02/feature-youth.html>

<http://www.bcmj.org/teen-sexual-health-improved-among-bc-students>

BC Sexual and reproductive health services listed in alphabetical order:

Crisis Pregnancy Centre Listings for BC <http://www.sfu.ca/~prolife/pages/crisis.htm>

Fraser Health <http://www.fraserhealth.ca/HealthTopics/SchoolHealth/Pages/default.aspx>

Healthy Choices in Pregnancy <http://www.hcip-bc.org/>

Interior Health http://www.interiorhealth.ca/Healthy_Pregnancy_Childbirth.aspx

Island Sexual Health Society <http://www.islandsexualhealth.org/>

Northern Health <http://www.northernhealth.ca/>

OPT (Options for Sexual Health) <http://www.optionsforsexualhealth.org/>

Vancouver Coastal Health <http://www.vch.ca/teensexualhealth/>

Vancouver Island Health http://www.viha.ca/children/youth/healthy_sexuality/

Library Corner

February 22-28 is the Freedom to Read Week 25th Anniversary

<http://www.freedomtoread.ca/>

The official site for the Freedom to Read Week, has a variety of activities, ideas, and interesting links to help celebrate reading and to learn more about censorship in Canada.



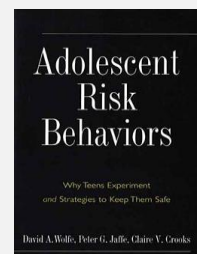
Visit our on-line lending library at www.bccssc.ca



Featured Resources on Sexual and Reproductive Health

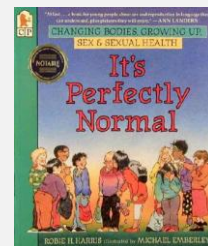
Adolescent Risk Behaviors: why teens experiment and strategies to keep them safe

This book examines the importance of relationships for teenagers. It looks at how healthy relationships can help teens avoid harmful behaviors such as substance abuse, dating violence, sexual assault, and unsafe sexual practices. New strategies for encouraging healthy choices are introduced, explained and encouraged.



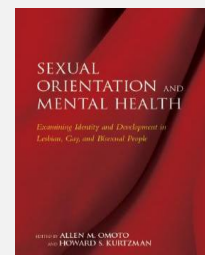
It's Perfectly Normal: changing bodies, growing up, sex, and sexual health

This book answers many questions that young people may have about conception, puberty, and AIDS, so that they are able to make responsible decisions and stay healthy.



Sexual Orientation and Mental Health: examining identity and development in lesbian, gay, and bisexual people

An examination of the common and potential determinants of depression, anxiety, and substance abuse in adolescents and adults, giving consideration to the roles of prejudice and harassment as well as of positive family and social supports



Additional titles related to sexual health available from our lending library:

- Beyond the Basics: a sourcebook on sexual and reproductive health education
- Child Sexual Abuse: professional training and public education
- Child Sexual Abuse: strengthening community response-guidelines
- HIV & STD: comprehensive health for middle grades
- Sexual Exploitation of Youth in British Columbia
- When Children Act Out Sexually: a guide for parents and teachers
- The Invisible Boy: re-visioning the victimization of male children and teens
- An Examination of the Association Between Histories of Maltreatment and Adolescent Risk Behaviors

Upcoming Events and Activities

Preventing Stress, Violence and Safety Hazards in the Work Place

Workshops held between Feb. 3 and June 24 in a variety of locations across BC

Coordinated by the BC Federation of Labour

<http://www.bcfed.ca/event>

Mental Illness, Crime and the Law- a FREE PD event for teachers.

February 13, 2009, Riverview Hospital, Coquitlam BC

This event is hosted by the Teacher's Law Institute and sponsored by the Law Courts Education Society of BC and the Law Foundation of BC. Particular attention will be devoted to prevention and early detection, and the interrelation between mental illness, crime and the law. To register please contact Marylou Leung at marylou.leung@lawcourtsed.ca or call 604-660-9874.

Children, The Heart of the Matter, Child Care Conference

February 13-14, 2009, Bell Performing Arts Centre, Surrey BC

A conference about caring for, protecting, and educating children. For more information call 604-527-8032 or to view conference details and registration visit

http://www.childcareoptions.ca/pdfs/Final_brochure_CHOM_2009.pdf

The Making of Violent Youth: Implications for Treatment and Prevention

March 4, 2009, Justice Institute of BC, New Westminster BC

Featuring Dr. Donald Meichenbaum and presented by The Centre for Counselling & Community Safety, in partnership with the Ministry of Children and Family Development. For complete registration details please visit www.jibc.ca/cccs/drmeichenbaum

Rachel's Challenge

April 1 & 2, 2009, Fort Nelson Secondary School, Fort Nelson BC

Millions across North America have been inspired by Rachel Scott, the first student killed in the Columbine High School shooting on April 20th, 1999, and the five challenges she left behind. This free powerful presentation will be at the Fort Nelson Secondary School on April 1st and 2nd at 7:00 p.m. For more information on this particular event please contact Kanta Reddy, SD 81 Community Links Coordinator at kreddy@sd81.bc.ca. For more information on Rachel's Challenge and bringing a presentation to your community please visit www.rachelschallenge.com

Towards 2020: Canada's Commitment to Children and Youth National Conference **April 26-29, 2009, Crown Plaza Hotel, Ottawa ON**

For more information and to take advantage of the early bird conference fee please visit www.towards2020.ca

**2nd Restorative Practices International Conference
May 31- June 3, 2009, Coast Plaza Hotel, Vancouver BC**

Hosted by the Simon Fraser University Centre for Restorative Justice. More details can be found at <http://www.sfu.ca/crj/events.html>

Hot Topics and Releases

Grants and Funding Information Available Through Rural Team BC

Rural Team BC keeps BC residents up to date on funding available for various projects. Grants and projects are updated regularly and include subjects such as inclusive communities and work places, social enterprise technical assistance, sustainability and northern development. To get regular updates on the grants email Brandon Hughes, Canadian Rural Partnership/Service Canada, hughes.bn@shaw.ca Starting in February these updates will be available on-line at http://www.communityfutures.com/cms/Funding_Sources.2.0.html

The Government Non-Profit Initiative (GNPI) has put together a discussion paper on how the provincial government and non-profit sector groups can work more effectively and strategically together. Read it here at <http://www.nonprofitinitiative.gov.bc.ca/> and click on 'discussion paper'.

We Would Love to Hear From You

If you have information or an event that supports our mandate of promoting healthier schools and communities, we would love to hear about it. Please forward your correspondence to safeschoolscommunities@ufv.ca for consideration. We look forward to hearing from you.



www.bccssc.ca



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