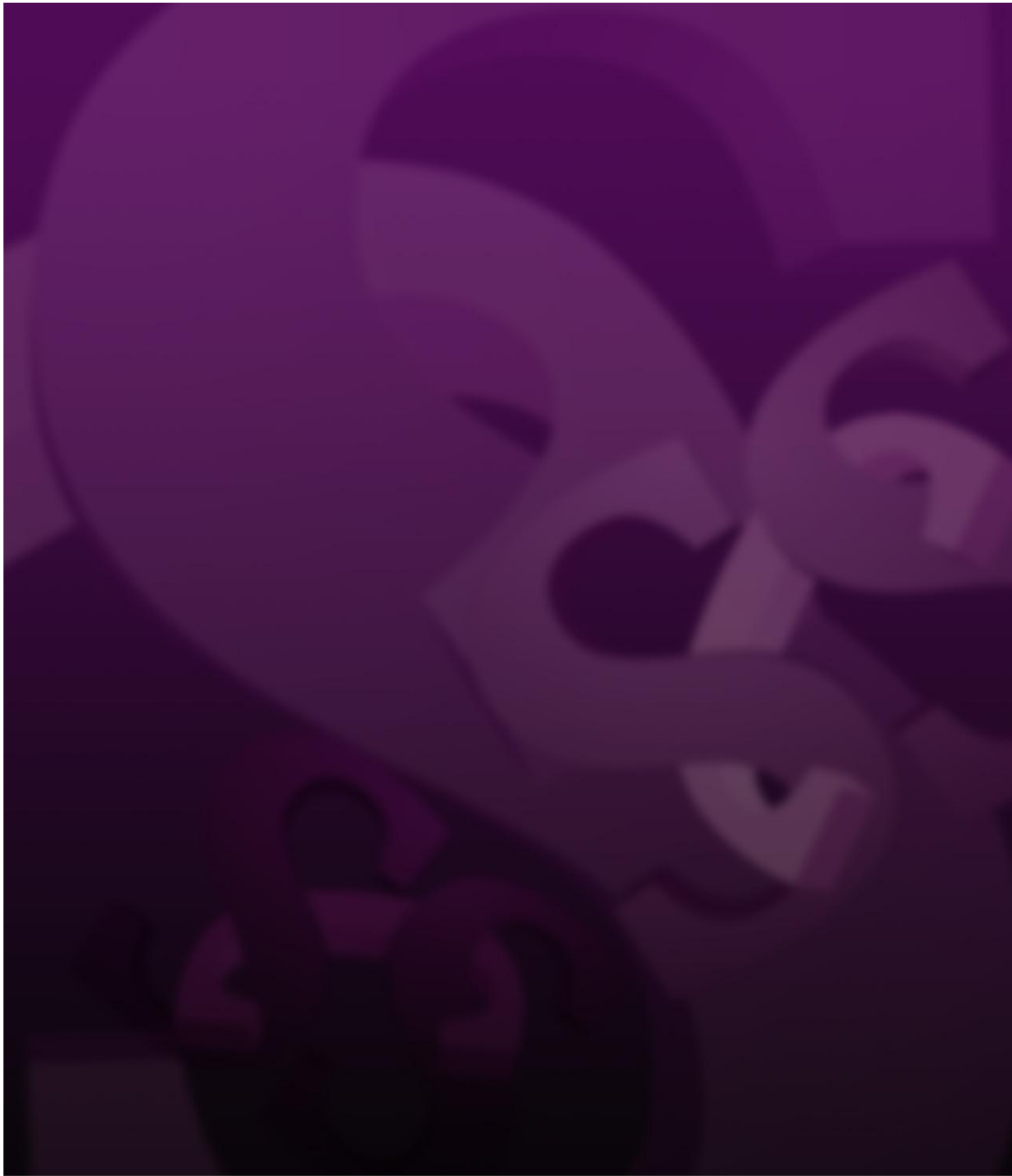


BC Centre for Safe Schools & Communities 2011 Speakers Bureau







BC Centre for Safe Schools & Communities

2011 Speakers Bureau

Welcome!

This community resource lists more than 100 provincially accessible workshops that feature topics related to school and community safety, positive child and youth development, crime prevention, social responsibility, and social justice.

The selections have been compiled through direct contact with the Centre, referrals by others, or web search. Each resource is organized by category and listed by title, with the speaker's name (where appropriate), a brief description and contact information, including on-line links where possible. Fee for payment, travel costs and various other particulars have not been included and will remain the responsibility between individuals concerned.

The collection is viewed as a living document, and therefore subject to on-going revisions. Where possible, we have included workshops that provide awareness training, skills, and educational content grounded in theory and evidence to meet the needs of children and youth, and those working with them. If you are aware of additional quality workshops to include as part of this collection, please forward the appropriate contact information. We would be pleased to take them into account.

IMPORTANT NOTE: The BC Centre for Safe Schools and Communities (CSSC) accepts no liability for any claims made by its speakers including content, accreditation, publications, etc. It is the responsibility of the event organizer to verify speaker claims and materials. If you have any questions, concerns, or have a workshop recommendation to make please email safeschoolscommunities@ufv.ca

Thank you to the individuals or agencies who offer services to support school and community safety. We hope you benefit from this community resource!

Speakers Bureau

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- The Assessment of Violence Risk In Youth
- The Treatment and Management of Violent Youth

ASSET BUILDING

Early Literacy Development of Young Children

Speaker: Dr. Margie Mayfield, Professor Emeritus, Department of Curriculum and Instruction

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic make themselves available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

Team Building

Speaker: The McCreary Centre Society's Youth Advisory Council

The goal of this workshop is to help young people become better volunteers (and participants) by increasing their ability to work in a team. This interactive workshop is suitable for a broad range of ages and experience levels. By developing an understanding of successful team characteristics, participants learn how to work with diverse groups and get the most out of everyone's participation. These newly sharpened skills can be applied to activities youth are currently involved in, or in those they may be involved with in the future.

Contact Information:

Annie Smith

The McCreary Centre Society

3552 East Hastings Street

Vancouver, BC V5K 2A7

Phone: 604-291-1996 ext. 225

Fax: 604-291-7308

Web: www.mcs.bc.ca

Link to Workshops: www.mcs.bc.ca/yacshops

BEHAVIOUR

BCSEA Climate Change Showdown

The BCSEA Climate Change Showdown is a classroom-delivered, fun and informative workshop for Grade 5 and 6 students that provides information about climate change, how individuals can reduce their impact on the environment, and gives students incentive to carry out actions in their homes.

The program is delivered in the form of an 80-minute workshop, including an educational presentation (storytelling), the Climate Change Showdown DVD, the Climate Change Game, and an opportunity for both teachers and students to enter the Climate Change Superhero Showdown contest for prizes. The Climate Change Showdown promotes behavioural change through a 4-week application that extends beyond the classroom.

Contact Information:

For booking or program information contact: Renate Sitch, Program Manager

Email: ccshowdown@bcsea.org Phone: 778-785-3951

Web: www.bcsea.org/ccshowdown

Boost Social Responsibility: Activate Virtues

Speaker: Nancy Watters, M.A., CCC, RP-CRA

- Tame the most challenging behavioural problems
- Increase workplace harmony
- Enjoy a relaxing day of self-renewal

Learn to implement BC's most powerful social responsibility program. Transform your school into a safe, caring, respectful environment. This training synthesizes current research from character education, social psychology, and The Virtues Project.

The skill-building workshop delivers:

- A "Virtue of the Month" program
- 25 activities that can be woven throughout the curriculum
- Specific methods for teaching simple elements of character honoured by all cultures (virtues such as respect, honesty, kindness and self-control)
- Four proven strategies that you can implement immediately at all grade levels
- How can educators and parents teach children to be caring, friendly, respectful and responsible?
- What evidence is there that social responsibility training reduces incivility, dishonesty, bullying and violence?
- What does current research say about "best practices"?
- What are the pitfalls that teachers and parents need to avoid?

This training is suitable for educators, school staff, social workers, counsellors, healthcare workers, parents, community members and youth.

Contact Information:

Nancy Watters, M.A., CCC, RP-CRA
 Canadian Certified Counsellor
 Victoria, BC
 Phone: 250-508-8997
 Web: www.nancywatters.com
 Email: admin@nancywatters.com

Boys' and Girls' Learning

Speaker: Ms. Leanna Madill, Graduate Student, Department of Curriculum and Instruction

- Why do girls typically sit still in class? Why do boys typically take up so much attention in class? We will talk about how boys and girls are socialized, and how that potentially hardwires their brains to learn in particular ways. This presentation will include an examination of the stereotypes embedded in the literature, media, and everyday language we used to transact in the world, and which work to limit the behaviour, values and beliefs, likes and dislikes, and general ways of being for boys and girls. We will also address what we can do as parents or educators to disrupt and accommodate these patterns of learning.

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Communication

Speaker: The McCreary Centre Society's Youth Advisory Council

The way we communicate impacts all of our interactions; in school, at home, with friends, volunteering, or at work. The goal of this workshop is to help participants improve their communication skills. Learning the fundamentals of communication and ways to apply their new skills to personal and professional situations, participants will discuss key components of communication, do role-play activities, and practice their new skills.

Contact Information:

Annie Smith

The McCreary Centre Society

3552 East Hastings Street

Vancouver, BC V5K 2A7

Phone: 604-291-1996 ext. 225

Fax: 604-291-7308

Web: www.mcs.bc.ca

Link to workshops: www.mcs.bc.ca/yacshops

Is Play Important for Development?

Speaker: Dr. Ulrich Mueller, Associate Professor, Department of Psychology

- Play is a universal phenomenon that can be found in children across the world. There are different types of play, ranging from physical, rough-and-tumble play to symbolic play with others. Research has shown that different types of play promote development. This presentation will review this research and discuss ways in which play can be used in educational and clinical practice with children.

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Temperament and Your Child

Speaker: Dr. Wanda Boyer, Professor, Department of Educational Psychology and Leadership Studies

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Email: speakers@uvic.ca

The Dynamics of Delinquency

Speaker: UVIC Speakers Bureau

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Web: www.uvic.ca/speakers

The Fourth R Workshop

Speaker: Larry Haberlin, Consultant and Trainer

Every day through classroom-based and school-wide approaches and programs schools can be promoting social responsibility, substance abuse prevention and the social and emotional development of students.

The Fourth R is an evidence-based, comprehensive curriculum that targets adolescent risk-taking behaviour. The program is comprised of three units:

- Relationship safety
- Sexual health
- Substance use/abuse

Additional lessons are also available to meet the needs of Aboriginal and alternative education students. The program is now available at the Grade 8 and Planning Ten levels.

Contact Information:

Larry Haberlin, BC Coordinator The Fourth R

Phone: 604-528-1054

Web: www.youthrelationships.org/curriculum_resources

Email: lhaberlin@telus.net

BULLYING

Be the Change

Speaker: Bill Belsey

For middle school students grades 4- 9, approximately 90 minutes.

This multimedia presentation challenges students to “BE the change” and play a part in changing attitudes and actions towards bullying by changing the culture in their schools. The presentation explores this issue as seen by contemporary pop/rock stars who share their own personal stories and feelings about how bullying has negatively affected their lives and others.

The presentation will share facts about the nature, extent and effects of bullying on individuals and groups based upon current research. The presentation explores the consequences of the actions (or lack of action) on the part of bullies, victims, bystanders and school-community adult leaders. It will share examples of how others across Canada and around the world are “Being the Change” in their own schools and communities.

This presentation helps young people develop empathy and understanding about the issue of bullying and its affects through the sharing of age-appropriate personal stories, poetry, drawings, music and video from their peers around the world.

Contact information:

Bill Belsey, President

159 Riverview Circle

Cochrane, Alberta T4C 1K9

Phone: (403)-932-1748

Web: www.bullying.org

Email: help@bullying.org

Beyond the Hurt - Preventing Child/Youth Bullying and Harassment Program

In the Preventing Child/Youth Bullying and Harassment online program, learners gain knowledge of child/youth maltreatment and intervention, with a focus on bullying and harassment. Teachers and other school and community professionals are the primary audience for this intensive online training. Adults in these roles play a unique part in the lives of young people. When combined with their experience working with and presenting to young people, this training will make educators and professionals a powerful force for prevention of bullying and harassment in Canadian communities. The etiology, incidence and prevalence, indicators and effects of bullying and harassment are covered. Adolescent development, cultural differences and risk factors are examined. Online resources include a variety of learning activities and video vignettes.

Contact Information:

RespectED Program Manager, Vancouver/Lower Mainland

Phone: 604-709-6645 or 1-888-307-7997

Fax: 1-800-811-8877

Web: www.redcross.ca/respected

Email: wz-contactcentre@redcross.ca

Link to workshops: <http://www.redcross.ca/article.asp?id=22796&tid=001#foun>

Beyond the Hurt for Adults – Preventing Bullying and Harassment of Children and Youth

Beyond the Hurt for Adults deals with bullying and peer harassment – why, when and where it happens, how to recognize it and how to create and implement policies and procedures that foster safe, respectful environments for young people.

Contact Information:

RespectED Program Manager, Vancouver/Lower Mainland

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Link to workshops: <http://www.redcross.ca/article.asp?id=22796&tid=001#foun>

Bullying and Suicide: The Hamed Nastoh Anti-Bullying Coalition

- Hamed's Story: the events and factors that led to his death
- What is Bullying & Types of Bullying
- Warning Signs that Parents Should Watch For
- The Responsibility of the Student in Bullying Prevention
- Warning Signs for Teachers
- Hamed's Suicide Note
- A 12-minute video presented by Youth News Network
- Bullies, Victims, and Professional Opinions

Contact Information:

Nasima Nastoh

Email: nnastoh@hotmail.com

Cell: (604) 377-0756

Bully B'ware Productions

A variety of bully-related topics and workshops for youth, educators, and parents are offered as half and full-day workshops.

Contact Information:

Tina

Phone/Fax: 604-936-8000 or 1-888-55-BULLY

Web: <http://www.bullybeware.com/>

Email: bully@direct.ca

Bullying.org, A Learning Journey

Speaker: Bill Belsey

One version of this presentation is for educators and another is intended for parents and community groups. This 90-minute presentation will share a personal and professional learning journey about bullying that has led to the creation of www.bullying.org, a multiple award-winning bullying-related website.

This presentation will challenge traditional attitudes about bullying held by many adults as Mr. Belsey shares his own personal and professional experiences and mistakes in dealing with bullying. He will share some of the world's best research about the issue of bullying and will discuss the implications that this research has upon the creation of anti-bullying policies and the implementation of effective anti-bullying programs.

Mr. Belsey will also offer concrete suggestions as to how schools and communities can work together to address bullying as a community issue that is based upon the work he has initiated in his home town of Cochrane, Alberta; the world's first community to officially proclaim itself "Striving to be bully-free."

Contact information:

Bill Belsey, President

159 Riverview Circle

Cochrane, Alberta T4C 1K9

Phone: 403-932-1748

Web: www.bullying.org

Email: help@bullying.org

Bully-Proofing Your Schools

Speaker: Sally Glover, Prospeak International Speakers Bureau

The speaker uses personal experiences in education, public relations, and the arts to provide an innovative approach to organizational effectiveness. She aims to change attitudes and work patterns by incorporating humour and creativity in the work place and classroom. The speaker does a theatrical performance with students as an anti-bullying strategy. She aims to boost self confidence and self esteem.

Contact Information:

Sally Glover, Registered Psychologist

Phone: 250-384-8424 or 1-866-619-4711

Fax: 250-384-2590

Web: www.prospeak.com/speakers/sally-glover.html

Email: speakers@prospeak.com

Cyberbullying: An Emerging Threat to the 'Always On' Generation

Speaker: Bill Belsey

For adults - approximately 120 minutes.

Cyberbullying involves the use of information and communication technologies such as e-mail, cell phone and pager text messages, instant messaging, defamatory personal Web sites, and defamatory online personal polling Web sites to support deliberate, repeated, and hostile behaviour by an individual or group that is intended to harm others. This multimedia presentation offers information about how cyberbullying might be prevented, strategies and resources for those who are currently dealing with cyberbullying in their lives, and facts related to today's "Always On" society. It also offers an introduction to what Belsey calls "cyberslang". This "Always On" generation has something akin to their own language that they use to communicate with each other. This includes the use of many acronyms, abbreviations and emoticons.

Contact information:

Bill Belsey, President
159 Riverview Circle
Cochrane, Alberta T4C 1K9
Phone: 403-932-1748
Web: www.bullying.org
Email: help@bullying.org

It's Cool to Care

Speaker: Bill Belsey

For elementary age children (kindergarten–grade 3); approximately 30 - 45 minutes.

This multimedia presentation helps younger children understand the nature and causes of bullying behaviours by addressing the questions most-asked about bullying such as: What is Bullying? Why do people bully? What did I do wrong (What did I do to deserve being bullied)? What can I do if I am being bullied? What should I do if I am bullying others? What should I do if I see others being bullied? Why should I care about bullying? What can I/we do to help?

This presentation helps children develop empathy and understanding about the issue of bullying and its effects through the sharing of age-appropriate personal stories, poetry, drawings, music and videos from children around the world.

The presentation asks students and teachers to take the Bullying.org and Family Channel anti-bullying pledge.

Contact information:

Bill Belsey, President
159 Riverview Circle
Cochrane, Alberta T4C 1K9
Phone: 403-932-1748
Web: www.bullying.org

Email: help@bullying.org

Peer Victimization in Children and Adolescents: Context Matters

Speaker: Paweena Sulchawathanakul, Graduate Student, Department of Psychology

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic make themselves available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

Striving to be Bully-Free

Speaker: Bill Belsey

This 90-minute multimedia presentation by www.bullying.org's creator, Bill Belsey, will share the story of one community who was featured by CBC's "The National" as it became the first in Canada to formally proclaim itself as "Striving to be Bully-free".

Mr. Belsey will share the success, and challenges that Cochrane, Alberta experienced as it "Strives to be Bully-free." This presentation will challenge traditional attitudes about bullying held by many adults as Mr. Belsey shares his own personal and professional experiences and mistakes in dealing with bullying. He will share some of the world's best research about the issue of bullying and will discuss the implications that this research has upon the addressing bullying as a community issue and not simply defining bully as a "school problem" as we have often done in the past.

Contact information:

Bill Belsey, President

159 Riverview Circle

Cochrane, Alberta T4C 1K9

Phone: 403-932-1748

Web: www.bullying.org

Email: help@bullying.org

Tackling Bullying: A First Nations Approach

Speaker: Bully B'ware Productions

This workshop begins with a needs assessment of participants, and presents information and programming similar to other workshops listed by Bully B'ware, only with a First Nations perspective. Issues such as isolation, close-knit communities, and breaking entrenched behaviour patterns are examined closely. Presentations are tailored to meet challenges identified in the initial assessment. At the close of the 2-day workshop, participants will have completed a plan for implementing an anti-bullying/anti-violence plan.

Contact Information:

Tina

Phone/Fax: 604-936-8000 or 1-888-55-BULLY

Web: <http://www.bullybeware.com/>

Email: bully@direct.ca

CHILD ABUSE

C.A.R.E. Program – Challenge Abuse Through Respect Education

Challenge Abuse through Respect Education is a personal safety program with a focus on child sexual abuse prevention. Designed to be delivered by teachers to children in kindergarten to Grade 3, C.A.R.E. combines storytelling, puppetry and hands-on activities to provide a learning environment focused on improving personal safety. The online C.A.R.E Training Workshop has been developed to help teachers and other presenters increase their knowledge and comfort level with child sexual abuse issues and the C.A.R.E kit content.

Contact Information:

RespectED Program Manager, Vancouver/Lower Mainland

Phone: 604-709-6645 or 1-888-307-7997

Fax: 1-800-811-8877

Web: www.redcross.ca/respected

Email: wz-contactcentre@redcross.ca

Link to workshops: <http://www.redcross.ca/article.asp?id=22796&tid=001#four>

It Can Happen to Anyone: Sexual Exploitation

Speaker: Diane Sowden, Children of the Street Society

This workshop is designed for youth, parents, and any general audience and can run from 1 to 3 hours. The co-founder of the Children of the Street Society delivers this eye-opening workshop. She talks about her own family experiences and uses videos and overheads about youth who have been in the sex trade. The workshop will cover:

- Who is being exploited - You will be shocked, it really can happen to anyone
- Who is doing the exploiting - Find out what kind of people are creating the problem
- What is it like to be sexually exploited - Listen to firsthand accounts of exploitation

- Warning signs - An in-depth look into emotional and behavioural changes
- How can you help - Gain insight to solve this problem
- Resources - Where and how to reach out for help

Contact Information:

Meghan Toal, Program Coordinator

Children of the Street Society

Suite 208-1130, Austin Avenue, Coquitlam, BC, V3K 3P5

Phone: 604-939-6055 or 1-877-551-6611

Or download workshop request form and fax to: 604-525-0024

Web: www.childrenofthestreet.com

Email: mtoal@childrenofthestreet.com

Prevention in Motion Workshop - Preventing Abuse, Bullying and Harassment of Children and Youth

Prevention in Motion is a transformative professional development workshop for those who work with and inspire youth, or for any adult with an interest in learning more on this subject. This workshop will help you understand the definitions, indicators and effects of all types of abuse - emotional, physical, sexual, and neglect; the definitions and dynamics of bullying and harassment; ways to proactively build safer relationships within your organization and the community for your staff and youth; how to handle child and youth disclosures of abuse, bullying and harassment, including legal reporting requirements; and risk management strategies to create a safer environment.

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RespectED Program Manager, Vancouver/Lower Mainland

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Fax: 1-800-811-8877

Web: www.redcross.ca/respected

Email: wz-contactcentre@redcross.ca

Link to workshops: <http://www.redcross.ca/article.asp?id=22796&tid=001#four>

COMMUNITY BUILDING

Communication

Speaker: The McCreary Centre Society's Youth Advisory Council

The way we communicate impacts all of our interactions; in school, at home, with friends, volunteering, or at work. The goal of this workshop is to help participants improve their communication skills. Learning the fundamentals of communication and ways to apply their new skills to personal and professional situations, participants will discuss key components of communication, do role-play activities, and practice their new skills.

Contact Information:

Annie Smith
 The McCreary Centre Society
 3552 East Hastings Street
 Vancouver, BC V5K 2A7
 Phone: 604-291-1996 ext. 225
 Fax: 604-291-7308
 Web: www.mcs.bc.ca
 Link to workshops: www.mcs.bc.ca/yacshops

Inclusive Leadership/Anti-Discrimination First Aid

Speaker: Dr. Linda Hill and a team of volunteer Inclusive Travel Guides

We bring diverse people together to develop skills for connecting with differences, communicating with compassion and responding to discrimination, conflict, and other unsafe situations with anti-discrimination first aid when needed. By bringing our differences together we are building bridges toward a safer, more respectful world filled with equality, positive choices and shared laughter.

Contact Information:

Dr. Linda Hill, Inclusive leadership Coordinator
 Cowichan Intercultural Society
 Phone: 250-748-3112
 Fax: 250-748-1335
 Email: lindahill.cis@telus.net
 Website: www.cisduncan.ca
 Google website regarding Inclusive Leadership Adventures and Facilitator Education:
<https://sites.google.com/site/inclusiveleadershipadventures/>

Life Lenses - Polish Your Perspective & Gain a Whole New View

Life Lenses is an interactive self-assessment tool designed to identify how we view the world and the implications of our views. Life Lenses illuminates the invisible lenses that we wear, the lenses that color our perspective.

Life Lenses facilitates personal performance, team effectiveness and organizational development by allowing each participant to identify and better understand their individual "lens". Participants not only learn to identify their own lenses, but also how to change glasses when necessary.

Contact information:

Lee-Anne Ragan, President & Director of Training
 Rock.Paper.Scissors Inc. - 'Where Great Minds Come to Play'
 Phone: 604-420-7703
 Fax: 604-420-7704
 Web: www.rpsinc.ca
 Email: laragan@rpsinc.ca

One Size Doesn't Fit All: Community Building Through Cross-Cultural Conflict Resolution

Speaker: Lee-Anne Ragan BSW, Med, professional trainer

While conflict is universal, how we deal with it isn't. This workshop takes a holistic view of culture (including ethnicity, socio-economic status, sexuality, ability, gender and more) to provide participants with a framework for how to build a culturally sensitive and collaborative conflict resolution process that can then be tailored to fit their individual communities and cultures. Much of what we read about conflict states that there is one way to resolve all conflict. This cutting edge training takes an entirely different approach and demonstrates that there are many ways to resolve the same conflict. Whether you are new to conflict resolution, want to improve your existing conflict resolution skills and/or are new to cross-cultural issues or want to improve your existing cross-cultural skills there is lots to learn for everyone. Great care is taken to facilitate a comfortable, safe learning environment with lots of room to practise and explore.

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PrideSpeak: Interactive Anti-Oppression and Anti-Discrimination Workshops looking at Homophobia and Sexism

Speaker: QMUNITY Gab Youth

PrideSpeak workshops are offered to students in grades K-12, to teachers, counsellors, youth service providers and to anyone who works with youth!! Adult workshops are designed to help bring about an awareness of how to make your youth space more inclusive and how to speak out against discrimination and bullying.

The interactive workshops are about sexual orientation, gender identity and combating discrimination. Their goal is to help participants understand the harmful effects of homophobia/transphobia/sexism and other types of discrimination and that people need to be respected regardless of their sexual orientation, race, class, gender identity, size, age, level of ability, etc.

Bullying has been noted as a pervasive problem in school and youth centres and often one of the main reasons students are bullied is because of their actual or perceived sexual orientation, gender identity or gender expression.

Contact Information:

Phone: 604-684-5307

Fax: 604-684-5309
Web: www.qmunity.ca
Email: gabyouth@qmunity.ca

Safe Harbour: Respect for All

Speaker: Various Speakers

The 2-hour Safe Harbour training sessions are led by a skilled Safe Harbour Trainer. They are designed for staff from various storefront businesses, institutions, and agencies. The sessions create an understanding of diversity and inclusion issues in the context of each community and explore ways of responding to discrimination and hate when it occurs within or around the workplace. Once trained, staff commit their workplace to being a Safe Harbour and display a colourful window decal to publicly demonstrate their respect for all cultures, ethnicities, religions, classes, ages, abilities, genders, and sexualities. Safe Harbours are committed to providing equitable treatment for anyone who walks in their door. Safe Harbours are also serving as temporary sanctuaries with prepared staff members who will assist people who experience harassment and briefly need a safe place to go. This assistance involves simple responses, such as listening to the person's needs, inviting them to sit to become composed, or providing a phone for them to use if needed.

Contact Information:

Lindsay Marsh, Safe Harbour Program Coordinator, AMSSA
Phone: 604-718-2776
Web: www.safeharbour.ca
Email: amssash@amssa.org

Safe Harbour Youth Ambassador: Standing Up for Diversity

Speaker: Various Speakers/Team of Youth Ambassadors

Facilitators train groups of high school-aged youth to become Youth Ambassadors. Following this training, teams of Youth Ambassadors facilitate Children and Teens Safe Harbour Workshops for younger youth under the guidance of an Adult Trainer. These fun, interactive workshops educate children and teenagers about exploring differences, standing up for diversity, responding effectively to bullying, and seeking a Safe Harbour or safe adult when needed. Youth Ambassadors and Diversity Stars (children and teenagers who take the workshops) demonstrate leadership in supporting diversity and creating safer, more inclusive environments within their schools and communities.

Contact Information:

Lindsay Marsh, Safe Harbour Program Coordinator, AMSSA
Phone: 604-718-2776
Web: www.safeharbour.ca
Email: amssash@amssa.org

Team Building

Speaker: The McCreary Centre Society's Youth Advisory Council

The goal of this workshop is to help young people become better volunteers (and participants) by increasing their ability to work in a team. This interactive workshop is suitable for a broad range of ages and experience levels. By developing an understanding of successful team characteristics, participants learn how to work with diverse groups and get the most out of everyone's participation. These newly sharpened skills can be applied to activities youth are currently involved in, or in those they may be involved with in the future.

Contact Information:

Annie Smith

The McCreary Centre Society

3552 East Hastings Street

Vancouver, BC V5K 2A7

Phone: 604-291-1996 ext. 225

Fax: 604-291-7308

Web: www.mcs.bc.ca

Link to workshops: www.mcs.bc.ca/yacshops

Using Humor to Break Down Barriers & Build Bridges

This workshop explores how to use humor strategically to inspire motivation, increase cooperation, build stronger and more effective teams, and help people feel engaged and eager to learn about their diversity.

By understanding the techniques behind interactive education that incorporate humor, you can have staff, volunteers, board members, and participants laughing and learning. Through imaginative and interactive games and exercises, you'll use humor to communicate more effectively and get people cooperating and learning about each other's differences. Experience team-building exercises that serve as needs assessment tools, diversity enhancers, and asset builders.

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Fax: 604-420-7704

Web: www.rpsinc.ca

Email: laragan@rpsinc.ca

Working Smarter with Humour & Creativity

Speaker: Lee-Anne Ragan BSW, Med, professional trainer, and Diana Frances, professional

improviser

Consider the power of humour; 96% of surveyed US executives believe that people with a sense of humour do better at their jobs, while an Ipsos-Reid poll found that 93% of British Columbians 'believe that having fun will lead to a healthy, successful life.' When practiced strategically a sense of humour is inclusive - it brings people together. When done appropriately, it can unite hundreds of people in a common action: laughter. In our current workplaces where stress is high and differences are many, learn the power of humour to bring out the best parts of your team and help improve your workplace productivity and innovation.

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 Email: laragan@rpsinc.ca

CONFLICT RESOLUTION

Creativity and You

Speaker: The McCreary Centre Society's Youth Advisory Council

Creativity is not just used by painters and musicians; it is a tool we all possess. The goal of this workshop is to help young people improve their understanding of creativity and how it can be applied to problem solving. The ability to look at situations differently, and come up with innovative solutions is one way of bringing creativity into your life. Participants will work on their creative skills through discussion, activities and games.

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CRIME

A Grand Cure for Crime, Sin, and other Nasties

Speaker: Dr. Jim Hackler, Adjunct Professor, Department of Sociology

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 Fax: 250-721-8955
 Web: www.uvic.ca/speakers
 Email: speakers@uvic.ca

Can Punishment Reduce Crime?

Speaker: Dr. Jim Hackler, Adjunct Professor, Department of Sociology

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Choices and Consequences

Speaker: John Howard Society - Lower Mainland of BC

Volunteers who have a history of being in prison talk about the realities of life on the street, alcohol and drug abuse, and serving time. They discuss life choices that led them into trouble, and discuss how they keep themselves from returning to their former lifestyle.

Contact Information:

Phone: 604-872-5471 ext 223

Fax: 604-872-8737

Web: www.jhslmbc.ca

Email: llafleur@jhslmbc.ca

Date Rape Prevention Seminar

This 2.5 hour seminar is based on a body of research that was conducted in the United States by Kent University on the subject of Date, or Acquaintance Rape. Studies have shown that in more than 85% of sexual assault cases, the attacker was someone the female survivor either knew, loved, or trusted. Topics covered in this seminar include:

- What is date rape?
- How does date rape usually occur
- The difference between seduction and rape
- Avoidance strategies
- Danger signals to be aware of on a date
- What to do if you find yourself in a date rape situation
- The effects of date rape
- Family and friends....how you can help
- The most common date rape drugs being used and how you can protect yourself from them
- Canadian Law and self defence

This seminar is designed for women who are concerned about their personal safety when it comes to dating, and would be an excellent seminar for junior and senior high school students, as well as

women attending college and university.

Seminar Length: 2.5 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

Justice Theatre

The Justice Theatre troupe consists of 7 professional actors who stage scripted dramatizations of criminal trials for students in elementary and secondary schools throughout the school year in Vancouver, the Lower Mainland and the Fraser Valley. Hour-long performances are offered on a range of topics affecting young people, including bullying, street racing, shoplifting and hate crimes. Performances are held for both elementary and secondary school audiences.

Contact Information:

Rob McAninch

Phone: 604-331-5400 Fax: 604-331-5401

Web: www.publiclegaled.bc.ca/section.asp?catid=138&pageid=46

Email: dramas@publiclegaled.bc.ca

Juvenile Justice: Why Other Countries Do a Better Job

Speaker: Dr. Jim Hackler, Adjunct Professor, Department of Sociology

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DIVERSITY

Inclusive Leadership/Anti-Discrimination First Aid

Speaker: Dr. Linda Hill and a team of volunteer Inclusive Travel Guides

We bring diverse people together to develop skills for connecting with differences, communicating with compassion and responding to discrimination, conflict, and other unsafe situations with anti-discrimination first aid when needed. By bringing our differences together we are building bridges toward a safer, more respectful world filled with equality, positive choices and shared laughter.

Contact Information:

Dr. Linda Hill, Inclusive Leadership Coordinator

Cowichan Intercultural Society

Phone: 250-748-3112

Fax: 250-748-1335

Email: lindahill.cis@telus.net

Website: www.cisduncan.ca

Google website regarding Inclusive Leadership Adventures and Facilitator Education:

<https://sites.google.com/inclusiveleadershipadventures/>

PrideSpeak: Interactive Anti-Oppression and Anti-Discrimination Workshops looking at Homophobia and Sexism

Speaker: QMUNITY Gab Youth

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EMERGENCY RESPONSE

Crime Victim Assistance Program

Provides crime victims and family members with information about financial assistance and benefits.

Contact Information:

Phone: 604-660-3888 or 1-866-660-3888

Web: <http://www.pssg.gov.bc.ca/victimservices/financial/index.htm>

Email: SGCrimeVictimAssistanceProgram@gems2.gov.bc.ca

The Assessment of Violence Risk In Youth

Speaker: Dr. Patrick Bartel

This presentation reviews assessment of specific threats of violence as well as general violence risk in youth. The workshop discusses how to apply research and expert knowledge in real-world decision-making regarding risk and intervention. Four keys to effective risk assessment with youth will be identified. Assessments should be:

1. Systematic and Comprehensive
2. Grounded in both research-based knowledge and understanding of the youth's history
3. Developmentally informed
4. Sensitive to facts and situational influences

Also discussed is the distinction between assessing risk for general violent recidivism and risk of violence toward an identifiable target. Finally, this presentation addresses how to use information regarding risk to formulate an integrated risk management plan that involves the youth, their caregivers, school staff, law enforcement, and community resources. Approximately 90 minutes.

Contact Information:

Patrick Bartel

Suite 300 - 3665 Kingsway

Vancouver, BC V5R 5W2

Phone: 604-836-7792

Email: Patrick.Bartel@gov.bc.ca

The Treatment and Management of Violent Youth

Speaker: Dr. Patrick Bartel

This presentation focuses on treatments and interventions that have been shown to be effective with a high-risk population. Discussion will distinguish between principles of treatment and

management. Emphasis is placed on taking a risk-focused approach to intervening with youths who have been violent. Among the topics included are:

- How to engage treatment resistant/reluctant youth
- How to work collaboratively with other professionals
- Empirically supported interventions
- Hallmarks of programs that have successfully lowered youth violence.

Approximately 90 minutes.

Contact Information:

Patrick Bartel

Suite 300 – 3665 Kingsway

Vancouver, BC V5R 5W2

Phone: 604-836-7792

Email: Patrick.Bartel@gov.bc.ca

ENGAGEMENT

BCSEA Climate Change Showdown

The BCSEA Climate Change Showdown is a classroom-delivered, fun and informative workshop for Grade 5 and 6 students that provides information about Climate Change, how individuals can reduce their impact on the environment, and gives students an incentive to carry out actions in their homes.

The program is delivered in the form of an 80-minute workshop, including an educational presentation (storytelling), the Climate Change Showdown DVD, the Climate Change Game, and an opportunity for both teachers and students to enter the Climate Change Superhero Showdown contest for prizes. The Climate Change Showdown promotes lasting behaviour change through a 4-week application that extends beyond the classroom.

Contact Information:

For booking or program information contact: Renate Sitch, Program Manager

Phone: 778-785-3951

Email: ccshowdown@bcsea.org

Web: www.bcsea.org/ccshowdown

Boys' and Girls' Learning

Speaker: Ms. Leanna Madill, Graduate Student, Department of Curriculum and Instruction

- Why do girls typically sit still in class? Why do boys typically take up so much attention in class? We will talk about how boys and girls are socialized, and how that potentially hardwires their brains to learn in particular ways. This presentation will include an

examination of the stereotypes embedded in the literature, media, and everyday language we used to transact in the world, and which work to limit the behaviour, values and beliefs, likes and dislikes, and general ways of being for boys and girls. We will also address what we can do as parents or educators to disrupt and accommodate these patterns of learning.

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Email: speakers@uvic.ca

How Boys and Girls Learn Differently

Speaker: Bruce Ivany, Secondary Stream Coordinator, Faculty of Education, Trinity Western University

Based on the work of Dr. Michael Gurian and his book 'Boys and Girls Learn Differently', questions such as "Are schools more geared towards the way girls learn than boys?", "Why do females speak up to 10 times as many words in a day as males?", and "Do same gender classes for language arts and math work?" will be discussed.

The objectives of this workshop include:

- Learn how boys' and girls' minds are different
- Introduce the implication of new research in attachment and brain-based gender differences on teaching methods, school and classroom discipline, and specific school programs
- Examine best practices for classrooms and schools in meeting the needs of both boys and girls
- Initiate planning for specific site application and implementation in individual classrooms

This workshop is also presented to suit the needs of a variety of groups including parents, child care providers, recreation program workers, and child support workers.

Contact Information:

Bruce Ivany

3073 Glendale Place, Abbotsford, B.C. V2S 7H1

Home: 604-854-1264

Cell: 604-807-5386

Email: bc3073@shaw.ca

Taking Leadership to the Next Level

Speaker: The McCreary Centre Society's Youth Advisory Council

The goal of this workshop is to help young people become better volunteers by increasing their existing leadership skills. Participants will become familiar with, and learn new ways to overcome challenges faced by young leaders in today's society. This Workshop is best suited to young people who have some leadership experience. Through brainstorming and discussions, participants will have the opportunity to work collaboratively in order to generate solutions to identified leadership challenges.

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Annie Smith

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Team Building

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Vancouver Youth Theatre

Offers programs for, by, and about young people 5 to 18 years of age who are developing their theatre and film skills. Programs include Sensational Smalls, Play Building, Scene Study, Improvisation Comedy, and On Camera. Children and youth write shows that reflect their issues and concerns, then act them locally and on tour.

Contact Information:

Phone: 604-877-0678

Fax: 604-876-7100

Web: www.vyt.ca

Email: info@vyt.ca

HEALTH

Alcohol and Energy Drink Consumption: Drinking Patterns and Risk Behaviours

Speaker: Ms. Kristina Brache, Graduate Student, Department of Psychology

- Consuming alcohol mixed with energy drinks has recently become popular among young adults in North America. Limited research has investigated the differences in drinking patterns and risk behaviours that accompany this trendy pattern of alcoholic beverage consumption. This presentation discusses the results of a recent web-based survey that was conducted on a random sample of 465 Canadian students attending the University of Victoria. Risks for heavy drinking, alcohol-related consequences, and risk taking behaviours are discussed in association with alcohol and energy drink consumption.

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BC Injury Prevention Centre: Injury Free Karma

A free, online resource that promotes injury prevention for youth. Includes topics and activities such as the 4 key survival skills when going outdoors, flash animation games, wipeout videos, and TV ads. Parents and/or teachers are encouraged to go online with their kids to share these injury

prevention skills together.

Contact Information:

Phone: 604-875-5856

Fax: 604-875-5348

Web: www.injuryfreekarma.com

Email: MaryEllen.Lower@vch.ca

Childhood Stress

Speaker: Dr. Lily Dyson, Professor Emeritus, Educational Psychology and Leadership Studies

- Topics covered include child development, parenting young children, and managing and understanding childhood stress

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Kelty Mental Health Resource Centre

The Kelty Mental Health Resource Centre is a “one-stop” centre that helps BC children, youth, and their families connect with information and resources on mental health and substance use issues. The Centre also has information on eating disorders for people of all ages. The Centre also offers the following services:

- Offer monthly free Pinwheel Education Series for families, educators, and clinicians on mental health and substance use topics
- Collaborate with community partners on Provincial Eating Disorders Awareness Week
- Offer online resources through the new www.keltymentalhealth.ca website to meet individual & family’s needs from disordered eating to eating disorders
- Provide tips for self-help and prevention
- Discuss options for treatment and support in BC
- Offer assistance from a professional or a parent peer support worker

Contact Information:

Phone: 604-875-2084 or 1-800-665-1822

Fax: 604-875-3688
 Web: www.keltymentalhealth.ca
 Email: keltycentre@bcmhs.bc.ca

Next Steps

This workshop is presented by our Youth Participation Coordinator to youth (and supportive adults). The Next Steps is a workshop series that provides youth, along with supportive adults, an opportunity to: discuss the results of the 2003 BC Adolescent Health Survey; identify priority issues; and plan projects for improving the health of youth in their communities.

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Working Smarter with Humour & Creativity

Speaker: Lee-Anne Ragan BSW, Med, professional trainer, and Diana Frances, professional improviser

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 Email: laragan@rpsinc.ca

Children and Video Games

Speaker: Ms. Leanna Madill, Graduate Student, Department of Curriculum and Instruction

- Learn more about how to talk about video games with children and value the learning involved with this digital phenomenon. We will discuss concerns, misconceptions, and learning involved in video game content and play. Various video games for young children will be described and online safety will be addressed. In addition, strategies and questions to engage children in thinking critically about the games they play and the way they play the games will be shared.

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Cyberbullying: An Emerging Threat to the 'Always On' Generation

Speaker: Bill Belsey

For adults – approximately 120 minutes.

Cyberbullying involves the use of information and communication technologies such as e-mail, cell phone and pager text messages, instant messaging, defamatory personal Web sites, and defamatory online personal polling Web sites to support deliberate, repeated, and hostile behaviour by an individual or group that is intended to harm others. This multimedia presentation offers information about how cyberbullying might be prevented, strategies and resources for those who are currently dealing with cyberbullying in their lives, and facts and related news about today's "Always On" society. It also offers an introduction to what Belsey calls "cyberslang". "This 'Always On' generation has something akin to their own language that they use to communicate with each other. This includes the use of many acronyms, abbreviations and emoticons.

Contact information:

Bill Belsey, President

159 Riverview Circle

Cochrane, Alberta T4C 1K9

Phone: 403-932-1748

Web: www.bullying.org

Email: help@bullying.org

Digital Footprints: Student Presentation

Designed for grades 4 - 12, topics include:

- Social Media
- The Impact of Media
- Privacy
- Online Communication Considerations
- Physical/Emotional Safety

Presentation Length: 90 minutes

Contact Information:

Sandra Averill

Web: <http://web.me.com/edict/FP/presentations.html>

Email: edict@me.com

Internet Safety and Digital Citizenship 101 For Teens and Young Adults

The Internet Safety and Digital Citizenship 101 seminars will provide information that will help to keep youth, adults, and families safer, while protecting their on-line digital footprint when interacting in the cyber world. Topics discussed in this seminar include:

- What is the Internet
- Internet Stats and fact
- What are Chat Rooms, Instant Messaging, and SMS/MMS texting and how to stay safe while using them
- Cell phone/ Smart Phone and Web Cam safety
- The good and bad of Social Networks such as "Facebook"
- Safe Blogging
- The dangers of Screen Names and Profiles
- Who is the Internet predator
- The Predator's "grooming" process and the "lures" they use in Chat Rooms and Social Networks
- How the Internet predator uses "Social Engineering" to build rapport
- Actual Social Engineering examples using local teen profiles on Facebook and Nexopia
- What is Cyber Bullying/Violence and what can be done to stop it
- What is Sexting and what be done to stop it
- The law as it relates to Cyber Bullying and Sexting and their unintended consequences
- Why Schools have a part to play

This seminar is designed to educate even the most computer illiterate user. Knowledge, and the understanding and application of that knowledge, is power. This seminar provides the knowledge and information that teens and young adults need to know to stay safe while participating in the cyber world.

Seminar Length: 2 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

Social Media Education and Awareness Presentations

Speaker: Jesse Miller

Consider a school playground where games are played, words exchanged, opinions stated, memories made and experiences shared. Imagine a school hallway, where stress is endured, judgments made, relationships created and destroyed. Apply all of this to a social media based website and you will experience the environment that the majority of youth live in today. Connected by multiple devices to multiple forms of social media, students connect to hundreds of friends uploading daily activities as they occur, including successes and failures, opinion, contact information and events.

The aim is for students to leave presentations with a new respect for personal privacy, online content and a full awareness of the positives and negatives to social networking.

If your school, educational group, or non-profit team is seeing issues around social media use, consider a presentation designed by Mediated Reality tailored to your needs, your concerns and your audience.

Contact Information:

Jesse Miller

Phone: 604-721-3844

Fax: 604-684-1543

Web: www.mediatedreality.com

Email: info@mediatedreality.com

Social Media Workshops and Interactive Learning

Speaker: Jesse Miller

Some people feel they have missed the boat when it comes to social media while others have jumped into the pool without the knowledge or skill to swim with the big fish. Parents upload content on a daily basis to social media websites thinking that information is shared solely with friends and family unaware of the numerous avenues personal information travels once on the Internet.

If you are an educator, parent, or a professional group and have a desire to learn more about social networking, positive social media interaction with friends and family, or you just want to learn more about what the kids are really doing on-line, consider a hands-on interactive workshop developed for your wants and needs in social media based education.

Sessions are available in presentation and computer lab based formats to educate the audience over multiple topics and technologies.

Contact Information:

Jesse Miller

Phone: 604-721-3844

Fax: 604-684-1543

Web: www.mediatedreality.com

Email: info@mediatedreality.com

SOLOS Safe Online Outreach Society

Speaker: Merlyn Horton (and others)

SOLOS delivers presentations and workshops to equip youth, and those who care for them, with the tools to deal with online exploitation. Topics covered include the nature of sexual exploitation in cyberspace, internet safety tips and resources, and emerging trends in online youth culture. Workshops targeted at youth serving professionals highlight therapeutic implications of youth online activities. Presentations for parent advisory, and foster parent groups focus on internet literacy and safety information. Youth presentations promote positive internet use, protective attitudes toward technology and critical thinking around sexual choices.

Contact Information:

Web: www.safeonlineoutreach.org

Email: info@safeonlineoutreach.com

Virtual World - Real Consequences

Speaker: Bill Belsey

For teens - approximately 190 minutes.

Young people today are growing up in a time when they have always had access to the Internet, computers, mobile phones and other information and communication technologies (ICTs). While the "Always-on Generation" may understand how to use these new ICTs with strong technical ability in cyberspace, they are often quite unaware of the real world consequences that their online behaviours and actions may have for others and for their own lives in the real world.

This presentation will use real-life stories and examples to help young people understand that their actions and behaviours online DO have real impacts on others and "What you say on the Internet, you can't take back." The presentation will address issues such as privacy, personal safety, identity theft, cyber bullying, and more, in an effort to have young people think before they post. This

engaging and at times emotional multimedia presentation will give youth, and those who care for them, much food for thought and topics for discussion and subsequent follow-up action to help them learn to think about the consequences of online behaviours.

Contact information:

Bill Belsey, President
 159 Riverview Circle
 Cochrane, Alberta T4C 1K9
 Phone: 403-932-1748
 Web: www.bullying.org
 Email: help@bullying.org

Your Child's Digital Footprints: Adult / Parent Presentation

As online tools are changing at lightning speed, it is crucial that parents & caregivers are aware of safety concerns. Ideally, teaching your children how to use technology should start at preschool/primary age, but even if your children are tweens & teens, it is important to understand the issues while helping your child to safely use internet technology. Topics include:

- Social Media (gaming, networking)
- The Impact of Media
- Online Communication Considerations
- Physical/Emotional Safety (predators, cyber bullying)
- How to Structure Use
- Communication Hardware
- Research

Presentation Length: 2 hours

Contact Information:

Sandra Averill
 Web: <http://web.me.com/edict/FP/presentations.html>
 Email: edict@me.com

LEADERSHIP

Communication

Speaker: The McCreary Centre Society's Youth Advisory Council

The way we communicate impacts all of our interactions; in school, at home, with friends, volunteering, or at work. The goal of this workshop is to help participants improve their communication skills. Learning the fundamentals of communication and ways to apply their new skills to personal and professional situations, participants will discuss key components of communication, do role-play activities, and practice their new skills.

Contact Information:

Annie Smith
 The McCreary Centre Society
 3552 East Hastings Street
 Vancouver, BC V5K 2A7
 Phone: 604-291-1996 ext. 225
 Fax: 604-291-7308
 Web: www.mcs.bc.ca

Inclusive Leadership/Anti-Discrimination First Aid

Speaker: Dr. Linda Hill and a team of volunteer Inclusive Travel Guides

We bring diverse people together to develop skills for connecting with differences, communicating with compassion and responding to **discrimination, conflict, and other unsafe situations** with anti-discrimination first aid when needed. By bringing our differences together we are building bridges toward a safer, more respectful world filled with equality, positive choices and shared laughter.

Contact Information:

Dr. Linda Hill, Inclusive Leadership Coordinator
 Cowichan Intercultural Society
 Phone: 250-748-3112
 Fax: 250-748-1335
 Email: lindahill.cis@telus.net
 Website: www.cisduncan.ca
 Google website regarding Inclusive Leadership Adventures and Facilitator Education:
<https://sites.google.com/site/inclusiveleadershipadventures/>

Introduction to Leadership

Speaker: The McCreary Centre Society's Youth Advisory Council

This interactive workshop is designed to help young people improve their confidence and leadership skills. Participants will learn the fundamentals of leadership and begin exploring their own leadership potential. This is an interactive workshop where participants will work independently, in groups, and participate in a variety of activities.

Contact Information:

Annie Smith
 The McCreary Centre Society
 3552 East Hastings Street
 Vancouver, BC V5K 2A7
 Phone: 604-291-1996 ext. 225
 Fax: 604-291-7308
 Web: www.mcs.bc.ca

Link to workshops: www.mcs.bc.ca/yacshops

Professional Development Training – Crisis Response Communication

Speaker: Crisis Intervention and Suicide Prevention Centre of BC (Vancouver Crisis Centre)

Offers professional training to organizations and individuals who want to develop or strengthen skills related to stress management, effective communication, crisis intervention, and suicide prevention and awareness. The workshop provides new tools, renewed energy and increased capability to develop and support the creation of safe and healthy communities and to promote personal growth through the enhancement of individual skills and abilities. Workshops can be presented as full-day or half-day formats. Available to individuals and groups throughout the province of BC and Canada.

Contact Information:

Phone: 604-872-1811 Fax: 604-879-6216

Web: www.crisiscentre.bc.ca Email: info@crisiscentre.bc.ca

Taking Leadership to the Next Level

Speaker: The McCreary Centre Society's Youth Advisory Council

The goal of this workshop is to help young people become better volunteers by increasing their existing leadership skills. Participants will become familiar with, and learn new ways to overcome challenges faced by young leaders in today's society. This Workshop is best suited to young people who have some leadership experience. Through brainstorming and discussions, participants will have the opportunity to collaboratively in order to generate solutions to identified leadership challenges.

Contact Information:

Annie Smith

The McCreary Centre Society

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Vancouver, BC V5K 2A7

Phone: 604-291-1996 ext. 225

Fax: 604-291-7308

Web: www.mcs.bc.ca

Link to workshops: www.mcs.bc.ca/yacshops

LEGAL

Juvenile Justice: Why Other Countries Do a Better Job

Speaker: Dr. Jim Hackler, Adjunct Professor, Department of Sociology

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Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

No Means No

Speaker: West Coast LEAF

This program is designed for grade 6-9 students and is facilitated by youth between the ages of 18-24.

“No Means No” empowers youth to understand consent and sexual assault while affirming their legal right to say “no”. This program delves into myths and stereotypes about sex and sexuality and how those myths and stereotypes can lead to violence by exploring issues of bullying, homophobia, sexism, and assumptions about gender roles. These workshops are based on R. v. Ewanchuk, the legal case through which the Supreme Court of Canada defined consent.

Contact Information:

Deanna Ogle, Education Manager

Phone: 604-684-8772 ext. 114

Toll-free within BC: 1-866-737-7716

Fax: 604-684-1543

Web: www.westcoastleaf.org

Email: education@westcoastleaf.org

Reachout Psychosis Concert Tour

Fun, interactive musical and spoken word performance presentation incorporating information on signs and symptoms of psychosis and the importance of getting medical help early, intended for audiences aged 16-25. Psychosis is a brain condition that usually first appears in early adulthood. Early identification and treatment has been shown to greatly improve outcomes. Video on the website shows the style of the presentation. Available free of charge to guaranteed minimum seated audiences of 100 persons. Available throughout BC.

Contact Information:

Phone: 604-682-7020
 Fax: 604-270-9861
 Web: www.reachoutpsychosis.com
 Email: reachout@bcss.org

Youth in the Workplace

Speaker: West Coast LEAF

Designed for grade 6-9 students and is facilitated by youth between the ages of 18-24. Youth in the Workplace provides tools and knowledge to help young people assert their rights in the context of complex power dynamics. Employment relationships create a spectrum of legal rights and responsibilities that can result in exploitation and discrimination, leaving youth in a position that requires them to assert their rights. This program examines employment rights, human rights, and systemic discrimination through a variety of learning activities.

Contact Information:

Deanna Ogle, Education Manager
 Phone: 604-684-8772 ext. 114
 Toll-free within BC: 1-866-737-7716
 Fax: 604-684-1543
 Web: www.westcoastleaf.org
 Email: education@westcoastleaf.org

MENTAL HEALTH

Esteem Team

A Program of MOTIVATE CANADA - the ESTEEM TEAM is a goal-setting program that uses high performance athletes to inspire and educate Canadian youth to set goals and reach their dreams. Esteem team athletes engage, entertain, and educate their youth audiences. Our athlete role models are trained public speakers that provide tangible examples of life skills, values, and goal-setting strategies that apply to all young people, regardless of what they hope to achieve. Presentations are connected to the school's curriculum and include a Goal Setting Resource Manual for elementary teachers and a new Online Goal Setting Coach for youth of all ages to reinforce the goal-setting tools provided by the athletes.

Contact Information:

Phone: 1-866-ESTEEM-1
 Fax: 613-789-9204
 Web: www.esteemteam.com & www.motivatecanada.ca
 Email: info@esteemteam.com

The Kelty Mental Health Resource Centre is a “one-stop” centre that helps BC children, youth, and their families connect with information and resources on mental health and substance use issues. The Centre also has information on eating disorders for people of all ages. The Centre also offers the following services:

- a. Offer monthly free Pinwheel Education Series for families, educators, and clinicians on mental health and substance use topics
- b. Collaborate with community partners on Provincial Eating Disorders Awareness Week
- c. Offer online resources through the new www.keltymentalhealth.ca website to meet individual & family’s needs from disordered eating to eating disorders
- d. Provide tips for self-help and prevention
- e. Discuss options for treatment and support in BC
- f. Offer assistance from a professional or a parent peer support worker

Contact Information:

Phone: 604-875-2084 or 1-800-665-1822

Fax: 604-875-3688

Web: www.keltymentalhealth.ca

Email: keltycentre@bcmhs.bc.ca

Mental Health First Aid Canada

Speaker: Linda Wowk, RPN, MHFA Canada Instructor, Fraser Health Clinical Nurse Educator, Youth and Young Adult Mental Health and Addictions

Mental Health First Aid Canada (MHFA) is a program of the Mental Health Commission of Canada. MHFA provides assistance to a person developing a mental health problem or experiencing a mental health crisis, just as physical first aid is administered to an injured person before medical treatment can be obtained. MHFA is given until appropriate treatment is found or until the crisis is resolved.

The MHFA Canada program aims to improve mental health literacy, and provide the skills and knowledge to help people better manage potential or developing mental health problems in themselves, a family member, a friend, or a colleague.

MHFA is a 12-hour training course delivered in four modules of three hours each. This is an interactive course that is provided in a supportive group learning environment. Participants will learn how to provide initial help to people who are showing signs of a mental health problem or experiencing a mental health crisis. Each participant will receive a certificate and a training manual.

The course covers anxiety, depression, psychosis and substance use. It offers a hands-on mental health first aid approach to overdoses, suicidal behavior, panic attacks, and psychotic episodes.

Contact information:

Linda Wowk, RPN, MHFA Canada Instructor

Fraser Health

Web: www.mindcheck.ca
 Email: linda.wowk@fraserhealth.ca

Promoting Optimism for Healthy Kids and Healthy Communities

Speaker: Dr. Wanda Boyer, Professor, Department of Educational Psychology and Leadership Studies

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic make themselves available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

RELATIONSHIPS

Date Rape Prevention Seminar

This 2.5 hour seminar is based on a body of research that was conducted in the United States by Kent University on the subject of Date, or Acquaintance Rape. Studies have shown that in more than 85% of sexual assault cases, the attacker was someone the female survivor either knew, loved, or trusted. Topics covered in this seminar include:

- What is date rape?
- How does date rape usually occur
- The difference between seduction and rape
- Avoidance strategies
- Danger signals to be aware of on a date
- What to do if you find yourself in a date rape situation
- The effects of date rape
- Family and friends....how you can help
- The most common date rape drugs being used and how you can protect yourself from them
- Canadian Law and self defence

This seminar is designed for women who are concerned about their personal safety when it comes to dating, and would be an excellent seminar for junior and senior high school students, as well as women attending college and university.

Seminar Length: 2.5 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

Healthy Relationships: How to frog-proof your daughter

Speaker: Kaycee Jane, author of “Frog or Prince? The Smart Girl’s Guide to Boyfriends”

For your daughter to make a healthy, ready-to-call-this-guy-my-boyfriend choice, or a healthy, ready-to-have sex choice, she needs criteria for what makes for a healthy relationship. And she needs the skills that allow her to get her needs met.

Research findings confirm that teens can identify concepts that make for a healthy relationship – like respect, trust, good communication – but find it difficult to apply these concepts to real-life situations. Research findings also confirm that teens need skills to develop healthy relationships. Helping our children through these times is challenging. How do we say it? What do we say?

This workshop uses information (from ‘Frog or Prince?’) for what makes for a healthy relationship to help youth identify wants and needs. It also applies research by Dr. Joanne Davila – Professor of Psychology at State University of New York at Stony Brook – who has identified specific skills that teens need to develop healthy relationships, such as to be insightful. Workshops can be structured for parents or youth.

Contact Information:

Office Phone: 604-684-7929

Web: www.frogorprince.ca

Email: kayceejane@frogorprince.ca

Parent-child Attachment: Do Mothers and Fathers have Complementary Roles?

Speaker: Dr. Ulrich Mueller, Associate Professor, Department of Psychology

- Attachment is the social-emotional relationship that develops between an infant and a caregiver over the first year of life. Traditionally, research in this area has focused on the role of the mother as an attachment figure. More recent research suggests that fathers play an important role as attachment figures as well. I will discuss the roles of mothers and fathers as attachment figures.

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Email: speakers@uvic.ca

Parenting Preschool Children

Speaker: Dr. Lily Dyson, Professor Emeritus, Educational Psychology and Leadership Studies

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Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

Promoting Healthy Dating Relationships Program

In the Promoting Healthy Dating Relationships Online Program, learners gain an understanding of healthy and unhealthy relationships and prevention and intervention measures. The etiology, incidence and prevalence, indicators and effects of violence in youth relationships are covered. Adolescent development, cultural differences and risk factors are examined. Online resources include a variety of learning activities and video vignettes.

Contact Information:

RespectED Program Manager, Vancouver/Lower Mainland

Phone: 604-709-6645 or 1-888-307-7997

Fax: 1-800-811-8877

Web: www.redcross.ca/respected

Email: wz-contactcentre@redcross.ca

Link to workshops: <http://www.redcross.ca/article.asp?id=22796&tid=001#foun>

RSVP Program: Classroom Workshops

Speaker: Counsellors from the RSVP Program

RSVP is an early intervention group program that works with vulnerable children and youth in Vancouver schools and other community settings. RSVP targets vulnerable children who benefit from program services through the development of protective factors that can reduce their risk of becoming involved in unhealthy relationships. RSVP's guiding principle is that a healthy relationship begins with one's own relationship to self.

As an alternative to the therapeutic small group program, interactive classroom presentations for students are available focusing on understanding healthy and unhealthy relationships, as well as one of the following topics (usually done in two parts):

- Exploring Anger
- Gender Roles and Stereotypes
- Personal Boundaries and/or Assertive Communication
- Masculinity – The Social Construction of Male Identity

Contact information:

Jennifer Westoby MSW, Coordinator
 Respect, Safety and Violence Prevention (RSVP) Program
 Family Services of Greater Vancouver
 201- 1193 Kingsway
 Vancouver, BC V5V 3C9
 Phone: 604-874-2938
 Fax: 604-874-9898
 Web: www.fsgv.ca
 Email: jwestoby@fsgv.ca

RSVP Train-the-Trainer Workshop - A School and Community Partnership: Empowering At-Risk Students through the Development of Healthy Relationships

Speaker: Karen Hudson MSW, RSW; Jennifer Westoby MSW

The Respect Safety and Violence Prevention (RSVP) program, offered through Family Services of Greater Vancouver, is an early intervention school-based program that gives vulnerable children and youth the knowledge and tools they need to lead safe, respectful, violence-free lives. The program has been designed to foster and encourage healthy relationships – working to raise the child's awareness of relationship violence, explore alternatives to violence, and promote healthy and respectful expressions of anger. Students in this therapeutic group program benefit through the development of protective factors that can reduce their risk of becoming involved in unhealthy relationships. RSVP's guiding principle is that a healthy relationship begins with one's own relationship to self.

This training workshop will provide an overview of the RSVP program model, sessions, resources

and lessons learned. The session will be experientially based to optimize participant's understanding and sensitivity to students' process in RSVP groups. The training is typically 1 ½ to 2 days long. The training aims to:

- Introduce RSVP program philosophy and framework, and provide school-based context for program implementation
- Familiarize participants with key aspects of RSVP Healthy Relationships Group Program, including weekly sessions and objectives
- Increase participant awareness about relevant resources available within the group program by screening the recently released FSGV film, "Not Alone"
- Address challenges in program delivery and explore strategies for success
- Sensitize participants to the possible impact of the program on students

Contact Information:

Jennifer Westoby MSW, Coordinator or Kareen Hudson MSW, RSW, Program Manager
Respect, Safety and Violence Prevention (RSVP) Program

Family Services of Greater Vancouver

201- 1193 Kingsway

Vancouver, BC V5V 3C9

Phone: 604-874-2938

Fax: 604-874-9898

Web: www.fsgv.ca

Email: jwestoby@fsgv.ca

The Development of Social Relationships

Speaker: Dr. Wanda Boyer, Professor, Department of Educational Psychology and Leadership Studies

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic make themselves available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

The Fourth R Workshop

Speaker: Larry Haberlin, Consultant and Trainer

Every day through classroom-based and school-wide approaches and programs schools can be promoting social responsibility, substance abuse prevention and the social and emotional development of students.

The Fourth R is an evidence based, comprehensive curriculum that targets adolescent risk-taking behaviour. The program is comprised of three units:

- Relationship safety
- Sexual health
- Substance use/abuse

Additional lessons are also available to meet the needs of Aboriginal and alternative education students. The program is now available at the Grade 8 and Planning Ten levels.

Contact Information:

Larry Haberlin, BC Coordinator The Fourth R

Phone: 604-528-1054

Web: www.youthrelationships.org/curriculum_resources

Email: lhaberlin@telus.net

SAFETY

Bully-Proofing Your Schools

Speaker: Sally Glover, Prospeak International Speakers Bureau

The speaker uses personal experiences in education, public relations, and the arts to provide an innovative approach to organizational effectiveness. She aims to change attitudes and work patterns by incorporating humour and creativity in the work place and classroom. The speaker does a theatrical performance with students as an anti-bullying strategy. She aims to boost self confidence and self esteem.

Contact Information:

Phone: 250-384-8424 or 1-866-619-4711

Fax: 250-384-2590

Web: www.prospeak.com/speakers/sally-glover.html

Email: speakers@prospeak.com

Date Rape Prevention Seminar

This 2.5 hour seminar is based on a body of research that was conducted in the United States by Kent University on the subject of Date, or Acquaintance Rape. Studies have shown that in more than 85% of sexual assault cases, the attacker was someone the female survivor either knew, loved,

or trusted. Topics covered in this seminar include:

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- Danger signals to be aware of on a date
- What to do if you find yourself in a date rape situation
- The effects of date rape
- Family and friends....how you can help
- The most common date rape drugs being used and how you can protect yourself from them
- Canadian Law and self defence

This seminar is designed for women who are concerned about their personal safety when it comes to dating, and would be an excellent seminar for junior and senior high school students, as well as women attending college and university.

Seminar Length: 2.5 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

Fight Back For Jr. and Sr. High Schools

This eight hour hands on seminar is designed to provide participants with simple and realistic self-defense techniques that are usable and retain-able by you, should you have to physically defend yourself from an attacker. The goal of this program is not to turn you into a martial artist or street fighter, but rather to give you the physical skills needed to “stun” your attacker thus giving you the chance to get away.

Topics covered in this seminar include:

- The 4 D’s of any confrontation
- The S.A.F.E. principle
- Mental attitude vs. technique
- Why most self defense techniques & programs will not work under the stress of a real attack
- The advantage of being a woman
- Striking first
- Verbal and physical boundary setting
- The use of the fear emotion as an ally
- When should you fight back
- Develop assertiveness skills

- Physical self-defense skills
- Empowerment

At the conclusion of this seminar, all participants will have a chance to apply techniques learned against an actual fully padded attacker at 100% effort.

Comfortable clothing and footwear is recommended
Seminar Length: 8 hours

Contact Information:

Darren and Beth Laur
2611 Rainville Rd
Victoria, BC
Phone: 250-478-9119
Web: www.personalprotectionsystems.ca
Email: personalprotection@shaw.ca

ICBC RoadSense Speakers

The ICBC RoadSense Speakers tell personal, heart-wrenching stories about wrong choices made while driving, like speeding, not wearing a seatbelt, drinking, or using drugs. Choices that may have confined them to a wheelchair for life, killed a sister or best friend, and saddled them with remorse. 19 different speakers are available for speaking engagements throughout BC.

Contact Information:

Phone: 604-982-2853
Fax: 604-661-6701
Web: <http://www.icbc.com/road-safety/roadsafety-activities/RoadSense-Speakers>
Email: Bernadette.kowey@icbc.com

Inclusive Leadership/Anti-Discrimination First Aid

Speaker: Dr. Linda Hill and a team of volunteer Inclusive Travel Guides

We bring diverse people together to develop skills for connecting with differences, communicating with compassion and responding to discrimination, conflict, and other unsafe situations with anti-discrimination first aid when needed. By bringing our differences together we are building bridges toward a safer, more respectful world filled with equality, positive choices and shared laughter.

Contact Information:

Dr. Linda Hill, Inclusive Leadership Coordinator
Cowichan Intercultural Society
Phone: 250-748-3112
Fax: 250-748-1335
Email: lindahill.cis@telus.net
Website: www.cisduncan.ca

Google website regarding Inclusive Leadership Adventures and Facilitator Education:
<https://sites.google.com/site/inclusiveleadershipadventures/>

It Can Happen to Anyone: Sexual Exploitation

Speaker: Diane Sowden, Children of the Street Society

This workshop is designed for youth, parents and any general audience and can run from 1 to 3 hours. The co-founder of the Children of the Street Society delivers this eye-opening workshop. She talks about her own family experiences and uses videos and overheads that are about youth who have been in the sex trade. The workshop will cover:

- Who is being exploited - You will be shocked, it really can happen to anyone
- Who is doing the exploiting - Find out what kind of people are creating the problem
- What is it like being sexually exploited - Listen to firsthand accounts of exploitation
- Warning signs - In-depth look into the emotional and behavioural changes
- How can you help - Gain insight to solve this problem
- Resources - Where and how to reach out for help

Contact Information:

Meghan Toal, Program Coordinator

Children of the Street Society

Suite 208-1130, Austin Avenue, Coquitlam, BC, V3K 3P5

Phone: 604-939-6055 or 1-877-551-6611

Or download workshop request form and fax to: 604-525-0024

Web: www.childrenofthestreet.com

Email: mtoal@childrenofthestreet.com

Justice Theatre

The Justice Theatre troupe consists of 7 professional actors who stage scripted dramatizations of criminal trials for students in elementary and secondary schools throughout the school year in Vancouver, the Lower Mainland and the Fraser Valley. Hour-long performances are offered on a range of topics affecting young people, including bullying, street racing, shoplifting and hate crimes. Performances are held for both elementary and secondary school audiences.

Contact Information:

Rob McAninch

Phone: 604-331-5400

Fax: 604-331-5401

Web: www.publiclegaled.bc.ca/section.asp?catid=138&pageid=46

Email: dramas@publiclegaled.bc.ca

Peer Victimization in Children and Adolescents: Context Matters

Speaker: Paweena Sulchawathanakul, Graduate Student, Department of Psychology

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic make themselves available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

Prevention in Motion Workshop – Preventing Abuse, Bullying and Harassment of Children and Youth

Prevention in Motion is a transformative professional development workshop for those who work with and inspire youth, or for any adult with an interest in learning more on this subject. This workshop will help you understand the definitions, indicators and effects of all types of abuse – emotional, physical, sexual and neglect; the definitions and dynamics of bullying and harassment; ways to proactively build safer relationships within your organization and the community for your staff and the youth; how to handle child and youth disclosures of abuse, bullying and harassment, including legal reporting requirements; and risk management strategies to create a safer environment.

Contact Information:

RespectedED Program Manager, Vancouver/Lower Mainland

Phone: 604-709-6645 or 1-888-307-7997

Fax: 1-800-811-8877

Web: www.redcross.ca/respected

Email: wz-contactcentre@redcross.ca

Link to workshops: <http://www.redcross.ca/article.asp?id=22796&tid=001#foun>

Safe KIDS

Geared toward children aged 6-10, the KIDS acronym stands for “Keeping our Children Informed, Defensible and Safer”. Our motto for this program is “Enlighten Not Frighten”. Topics covered in this seminar include:

- A child’s 6 special powers for self protection
- Street safety rules
- Home alone rules
- I’m lost / in trouble rules

- Safe places when help is needed
- It's my body rules
- Good touching vs. bad touching
- Realistic physical and verbal strategies

This is a highly interactive seminar and parent participation is encouraged.

Seminar Length: 1.5 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

Safe KIDS for Pre-Teens

This 1.5 hour seminar is designed for youth between the ages of 11-13 years. This identified group is unique in the area of personal safety, because they are no longer really young children, but not quite a true teenager. Commonly known as "tweens", this seminar provides safety information that is age appropriate to this specific age category. Topics covered include:

- The nine lures used to abduct or sexually exploit
- The 8 safety rules to remember when out and about
- The 3 important rules to remember when in physical danger
- Body sovereignty rules
- Home alone rules
- I'm lost or in trouble rules

Seminar Length: 1.5 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

SOLOS Safe Online Outreach Society

Speaker: Merlyn Horton (and others)

SOLOS delivers presentations and workshops to equip youth, and those who care for them, with

the tools to deal with online exploitation. Topics covered include the nature of sexual exploitation in cyberspace, internet safety tips and resources, and emerging trends in online youth culture. Workshops targeted at youth serving professionals highlight therapeutic implications of youth online activities. Presentations for parent advisory, and foster parent groups focus on internet literacy and safety information. Youth presentations promote positive internet use, protective attitudes toward technology and critical thinking around sexual choices.

Contact Information:

Web: www.safeonlineoutreach.org

Email: info@safeonlineoutreach.com

TCO2 (Taking Care of Ourselves & Taking Care of Others)

Speaker: Children of the Street Society (Youth Workshop Facilitators)

This workshop is suitable for audiences who are aged 11 and up and is delivered by youth. The workshop is highly recommended for CAPP and Planning 10 classes as it fulfills many of the curriculum learning outcomes

Prevention is the focus of this workshop. TCO2 is a group of young people who have developed an interactive workshop for youth, by youth. TCO2 incorporates monologues, discussion and role-plays to address the dangers of street life, drug addiction and the issue of youth exploitation in the sex trade. The presentation reveals recruiting methods used to lure youth into the sex trade and online recruitment. The workshop goes over some of the warning signs to look for if youth suspect they (or someone they know) are at risk of being recruited. The workshop also examines the stereotypes of street life and deglamourizes the myths attached to pimps and prostitution.

Contact Information:

Meghan Toal, Program Coordinator

Children of the Street Society

Suite 208-1130, Austin Avenue, Coquitlam, BC, V3K 3P5

Phone: 604-939-6055 or 1-877-551-6611

Or download workshop request form and fax to: 604-525-0024

Web: www.childrenofthestreet.com

Email: mtoal@childrenofthestreet.com

Teen Suicide: Prevention and Awareness

Speaker: Jude Platzer

As a survivor of her son's untimely death, Jude Platzer tells the story of losing her beloved teenage son Josh, his battle with depression, and his subsequent suicide. She recounts the life-changing effects that suicide brings not only to immediate family members, but also to all relationships in the surrounding community. Since his death 8 years ago she has made it her lifework to educate others on prevention and awareness of suicide with a particular focus on youth. By openly speaking about her experience, she helps to break down century old stigmas and taboos about suicide, thus bringing hope and healing to others who are living with depression, as well as those

who have been bereaved by suicide.

The presentation features a docudrama interspersed with professional insights, through which families can learn to recognize the warning signs of a crisis, signs that may signal that someone is contemplating taking their life, as well as provide the knowledge needed to get professional help.

Contact Information:

Jude Platzer, Director

The Josh Platzer Society, Teen Suicide Prevention and Awareness

Phone: 604-263-9831

Cell: 778-836-9831

Fax: 604-263-7967

Web: www.teensuicideprevention.org

Total Awareness Personal Safety Seminar For Jr. and Sr. High School Students

Based upon our original "Total Awareness" program, this two hour safety seminar is "specifically" designed to provide students with "Personal Awareness Strategies" that will help to reduce the risk of becoming a victim of violence. Topic areas covered in this seminar include:

- Where will an attack most likely occur
- Who is your attacker and why do they attack
- Reducing the risks of being attacked
- What an attacker's primary tool is and how you can take this advantage away
- How to increase your situational awareness
- The six types of street interviews that an attacker will use to see if you are a safe target
- Your 4 tactical response options to an attack
- Why safety whistles, personal alarms and pepper sprays may not work to stop an attacker
- Why you must never leave the primary crime scene and go with an attacker
- What to do if attacked

Seminar Length: 2 hours

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

Youth Suicide Prevention Workshops & Professional Development

Speaker: Staff and Volunteer Facilitators, Crisis Intervention and Suicide Prevention Centre of BC

The Crisis Centre builds community awareness and skills in suicide prevention and crisis intervention. We offer two free workshops aimed at youth. The *Mindfulness-Based Stress Management* workshops explores how mindful awareness principles and practices can be used to recognise and reduce stress through simple breathing exercises and interactive games and activities. The *Suicide Awareness & Response* workshop showcases the highly acclaimed 20 minute docudrama *Choices 2: Reaching Out*. Both workshops can be customized for Peer Helper classes. Workshops are free of charge for youth in Vancouver, Burnaby, North Vancouver, West Vancouver, Squamish/Brackendale, and Whistler/Pemberton school districts.

Professional Development opportunities are also available for individuals and organizations. Topics include: Tools for Dealing with People in Crisis and Suicide Awareness & Response, and Applied Suicide Intervention Skills Training (ASIST).

Contact Information:

Phone: 604-872-1811 or 1-866-661-3311

Fax: 604-879-6216

Web: www.youthinbc.com or www.crisiscentre.bc.ca/

Email: info@crisiscentre.bc.ca

SOCIAL RESPONSIBILITY

BCSEA Climate Change Showdown

The BCSEA Climate Change Showdown is a classroom-delivered, fun and informative workshop for Grade 5 and 6 students that provides information about Climate Change, how individuals can reduce their impact on the environment, and gives students an incentive to carry out actions in their homes.

The program is delivered in the form of an 80-minute workshop, including an educational presentation (storytelling), the Climate Change Showdown DVD, the Climate Change Game, and an opportunity for both teachers and students to enter the Climate Change Superhero Showdown contest for prizes. The Climate Change Showdown promotes lasting behaviour change through a 4-week application that extends beyond the classroom.

Contact Information:

For booking or program information contact: Renate Sitch, Program Manager

Phone: 778-785-3951

Email: ccshowdown@bcsea.org

Web: www.bcsea.org/ccshowdown

Boost Social Responsibility: Activate Virtues

Speaker: Nancy Watters, M.A., CCC, RP-CRA

- Tame the most challenging behavioural problems
- Increase workplace harmony
- Enjoy a relaxing day of self-renewal

Learn to implement BC's most powerful social responsibility program. Transform your school into a safe, caring, respectful environment. This training synthesizes current research from character education, social psychology and The Virtues Project.

The skill-building workshop delivers:

- A "Virtue of the Month" program
- 25 activities that can be woven throughout the curriculum
- Specific methods for teaching simple elements of character honoured by all cultures (virtues such as respect, honesty, kindness and self-control)
- Four proven strategies that you can implement immediately at all grade levels
- How can educators and parents teach children to be caring, friendly, respectful and responsible?
- What evidence is there that social responsibility training reduces incivility, dishonesty, bullying and violence?
- What does current research say about "best practices"?
- What are the pitfalls that teachers and parents need to avoid?

This training is suitable for educators, school staff, social workers, counsellors, health care workers, parents, community members and youth.

Contact Information:

Nancy Watters, M.A., CCC, RP-CRA
 Canadian Certified Counsellor
 Victoria, BC
 Phone: 250-508-8997
 Email: admin@nancywatters.com
 Web: www.nancywatters.com

Green Thumb Theatre

Speaker: Green Thumb Players Society

Professional theatre company develops and produces original Canadian scripts for young audiences. Provides study guides with each production. Explores health and social issues such as racism, abuse, body image, teenage violence, illiteracy, and schoolyard bullying.

Contact Information:

Phone: 604-254-4055
 Fax: 604-251-7002
 Web: www.greenthumb.bc.ca
 Email: info@greenthumb.bc.ca

Team Building

Speaker: The McCreary Centre Society's Youth Advisory Council

The goal of this workshop is to help young people become better volunteers (and participants) by increasing their ability to work in a team. This interactive workshop is suitable for a broad range of ages and experience levels. By developing an understanding of successful team characteristics, participants learn how to work with diverse groups and get the most out of everyone's participation. These newly sharpened skills can be applied to activities youth are currently involved in, or in those they may be involved with in the future.

Contact Information:

Annie Smith

The McCreary Centre Society

3552 East Hastings Street

Vancouver, BC V5K 2A7

Phone: 604-291-1996 ext. 225

Fax: 604-291-7308

Web: www.mcs.bc.ca

Link to workshops: www.mcs.bc.ca/yacshops

SUBSTANCE

Alcohol-Drug Education Service (ADES)

Offers preventative workshops for parents and teens. Develops and implements education and public-awareness programs for youth and parents. Offers curriculum, print, and video resources, and lobbies for responsible government policy regarding alcohol and drug issues.

Contact Information:

Phone: 604-944-4155

Web: www.ades.bc.ca

Email: info@ades.bc.ca

Choices and Consequences

Speaker: John Howard Society - Lower Mainland of BC

Volunteers who have a history of being in prison talk about the realities of life on the street, alcohol and drug abuse, and serving time. They discuss life choices that led them into trouble, and discuss how they keep themselves from returning to their former lifestyle.

Contact Information:

Phone: 604-872-5651 ext. 313

Fax: 604-872-8737

Web: www.jhslmbc.ca

Email: jhsyouth@jhslmbc.ca

Crystal Meth Society of BC - Meth Info Show (presentations for youth)

Speaker: Mark McLaughlin and the Society Team

The Meth Info Show educates youth on how to recognize crystal methamphetamine, the effects that it has on the body and the devastation it wreaks on families. A graphic 18-minute video, Death by Jib, is also shown to the students. Where possible our presenters include local police or youths in recovery. The video is followed by an open question and answer period with the presenters. The program runs 37 minutes plus 15-20 minutes of Q&A. Ideal audience size is 250 kids. We often do 2-3 shows back to back.

Contact Information:

schoolshow@crystalmethbc.ca

250-388-METH

www.crystalmethbc.ca

Drug Use: A Harm Reduction Approach

Speaker: UVIC Speakers Bureau

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic are made available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

Front-Line Prevention Services

Substance Abuse Education and Intervention Resources, Presentations, and Workshops

Speaker: Robb McGirr

After serving for twenty-eight years as a police officer in the metropolitan Vancouver area, Robb McGirr is spending his time presenting workshops and training programs on at-risk youth issues and as a school-based drug and alcohol prevention counsellor for teens. His expertise in drugs

started as a specialized drug investigator, and an undercover drug operator. Robb has been utilized as a resource instructor for drug investigations and drug trends training programs at the BC Justice Institute. He was qualified by the BC Supreme Court as an expert in the areas of drug trafficking, teen drug trends, and related at-risk youth issues. Since 1982, he has been called upon to provide his expert opinion in over three hundred criminal and civil cases. He is a certified addictions counsellor and family mediator. Robb currently works as a youth and family addictions counsellor and educator for the Surry school district safe schools department. He also provides school-based programs and staff development services for various school districts throughout the province.

Front-Line Prevention Services provide the following workshops, seminars, and presentations for school-based professionals, community service providers, parents and youth.

- Understanding and Responding to Teen Substance-Abuse (3-4 hours)
- Teen Drug Trends (1-2 hours)
- Teen Drug Education (1 hour)
- Delivery of School-based Prevention and Early Intervention Programs: Choice and Changes (half-day workshop)
- School-based addictions assessment and early intervention strategies

Contact Information:

Email: front-line@shaw.ca

Phone: 604-833-8649

Attention: Robb McGirr

ICBC RoadSense Speakers

The ICBC RoadSense Speakers tell personal, heart-wrenching stories about wrong choices made while driving, like speeding, not wearing a seatbelt, drinking, or using drugs. Choices that may have confined them to a wheelchair for life, killed a sister or best friend, and saddled them with remorse. 19 different speakers are available for speaking engagements throughout BC.

Contact Information:

Phone: 604-982-2853

Fax: 604-661-6701

Web: <http://www.icbc.com/road-safety/roadsafety-activities/RoadSense-Speakers>

Email: Bernadette.kowey@icbc.com

Odyssey I

Speaker: Youth and Family Counsellors from Odyssey I

Odyssey I is a substance misuse counselling program for youth ages 12 to 24 and their families. Odyssey I is based in Burnaby. We provide individual and family counselling, support and psycho-educational groups as needed, educational workshops in schools and community groups for youth and parents, social recreation, peer mentoring, and peer mentorship training.

Contact Information:

Phone: 604-299-6377

Fax: 604-299-4984

Email: odyi@bgc-gv.bc.ca**Odyssey II****Speaker:** Youth and Family Counsellors from Odyssey II

Odyssey II is a youth drug and alcohol counselling program based in East Vancouver. Our goal in our workshops is to create dialogue around why people use drugs and alcohol, harm reduction philosophy and strategies, and how best to support people in their substance use. We work to help youth understand the continuum of use, and the concept of “coping”.

Contact Information:

Phone: 604-879-8853

Fax: 604-879-6133

Email: odyii@bgc-gv.bc.ca**TCO2 (Taking Care of Ourselves & Taking Care of Others)****Speaker:** Children of the Street Society (Youth Workshop Facilitators)

Prevention is the focus of this workshop. TCO² is a group of young people who have developed an interactive workshop for youth, by youth. TCO² incorporates monologues, discussion and role-plays to address the dangers of street life, drug addiction and the issue of youth exploitation in the sex trade. The presentation reveals recruiting methods used to lure youth into the sex trade and online recruitment. The workshop goes over some of the warning signs to look for if youth suspect they (or someone they know) are at risk of being recruited. The workshop also examines the stereotypes of street life and deglamourizes the myths attached to pimps and prostitution.

This workshop is suitable for audiences who are aged 11 and up and is delivered by youth. The workshop is highly recommended for CAPP and Planning 10 classes as it fulfills many of the curriculum learning outcomes

Contact Information:

Meghan Toal, Program Coordinator

Children of the Street Society

Suite 208-1130, Austin Avenue, Coquitlam, BC, V3K 3P5

Phone: 604-939-6055 or 1-877-551-6611

Or download workshop request form and fax to: 604-525-0024

Web: www.childrenofthestreet.comEmail: mtoal@childrenofthestreet.com

The Dope On Dope

This 1.5hr presentation is designed to provide parents and adults with real world information surrounding the most common street drugs that are presently being used, or experimented with, by youth and young adults. Knowledge, and understanding and application of that knowledge is power. This presentation provides you, the parent, guardian, caregiver and educator, with the knowledge needed surrounding street drugs such as:

- Marijuana, hashish, hash oil
- Cocaine and crack
- LSD and Acid
- Crystal methamphetamine
- Ketamine
- Heroin
- Ecstasy
- Magic Mushroom
- GHB
- Inhalants/solvents
- Anabolic Steroids

Not only will this presentation explain what each one of these drugs are, and the effects that they have on the body, but it will also explain some of the tell-tale signs to be aware of when someone is using one of these drugs that can help you, as the adult, spot someone under the influence. We will also show you some of the common paraphernalia that is used in the consumption of these drugs, so you know what to look for.

Contact Information:

Darren and Beth Laur

2611 Rainville Rd

Victoria, BC

Phone: 250-478-9119

Web: www.personalprotectionsystems.ca

Email: personalprotection@shaw.ca

The Fourth R Workshop

Speaker: Larry Haberlin, Consultant and Trainer

Every day through classroom-based and school-wide approaches and programs schools can be promoting social responsibility, substance abuse prevention and the social and emotional development of students.

The Fourth R is an evidence based, comprehensive curriculum that targets adolescent risk-taking behaviour. The program is comprised of three units:

- Relationship safety
- Sexual health

- Substance use/abuse

Additional lessons are also available to meet the needs of Aboriginal and alternative education students. The program is now available at the Grade 8 and Planning Ten levels.

Contact Information:

Larry Haberlin, BC Coordinator The Fourth R

Phone: 604-528-1054

Web: www.youthrelationships.org/curriculum_resources

Email: lhhaberlin@telus.net

SUICIDE

Professional Development Training

Speaker: Crisis Intervention and Suicide Prevention Centre of BC (Vancouver Crisis Centre)

We offer professional training to organizations and individuals who want to develop or strengthen skills related to crisis intervention, and suicide prevention and intervention. Our workshops provide new tools, renewed energy and increased capability to develop and support safe and healthy communities. Workshops can be presented as full-day or half-day formats. We currently offer: Suicide Awareness and response, Tools for Responding to People in Crisis, and Applied Skills Intervention Skills Training (ASIST). Available to individuals and groups throughout the province of BC and Canada.

Contact Information:

Phone: 604-872-1811

Fax: 604-879-6216

Web: www.crisiscentre.bc.ca/ Email: info@crisiscentre.bc.ca

Teen Suicide: Prevention and Awareness

Speaker: Jude Platzer

As a survivor of her son's untimely death, Jude Platzer tells the story of losing her beloved teenage son Josh, his battle with depression, and his subsequent suicide. She recounts the life-changing effects that suicide brings not only to immediate family members, but also to all relationships in the surrounding community. Since his death 8 years ago she has made it her lifework to educate others on prevention and awareness of suicide with a particular focus on youth. By openly speaking about her experience, she helps to break down century old stigmas and taboos about suicide, thus bringing hope and healing to others who are living with depression, as well as those who have been bereaved by suicide.

The presentation features a docudrama interspersed with professional insights, through which families can learn to recognize the warning signs of a crisis, signs that may signal that someone is

contemplating taking their life, as well as provide the knowledge needed to get professional help.

Contact Information:

Jude Platzer, Director

The Josh Platzer Society, Teen Suicide Prevention and Awareness

Phone: 604-263-9831

Cell: 778-836-9831

Fax: 604-263-7967

Web: www.teensuicideprevention.org

Youth Suicide Prevention Workshops & Professional Development

Speaker: Staff and Volunteer Facilitators, Crisis Intervention and Suicide Prevention Centre of BC

The Crisis Centre builds community awareness and skills in suicide prevention and crisis intervention. We offer two free workshops aimed at youth. The *Mindfulness-Based Stress Management* workshops explores how mindful awareness principles and practices can be used to recognise and reduce stress through simple breathing exercises and interactive games and activities. The *Suicide Awareness & Response* workshop showcases the highly acclaimed 20 minute docudrama *Choices 2: Reaching Out*. Both workshops can be customized for Peer Helper classes. Workshops are free of charge for youth in Vancouver, Burnaby, North Vancouver, West Vancouver, Squamish/Brackendale, and Whistler/Pemberton school districts.

Professional Development opportunities are also available for individuals and organizations. Topics include: Tools for Dealing with People in Crisis and Suicide Awareness & Response, and Applied Suicide Intervention Skills Training (ASIST).

Contact Information:

Phone: 604-872-1811 or 1-866-661-3311

Fax: 604-879-6216

Web: www.youthinbc.com or www.crisiscentre.bc.ca/ Email: info@crisiscentre.bc.ca

VIOLENCE

Children Affected by Family Violence Program

Speaker: Kareen Hudson MSW, RSW; Frances Soon MA, RCC

The Children Affected by Family Violence Program provides services for children and youth, ages three to eighteen. Through a psycho-educational model and art and play therapy, the program provides counselling services to children and their mothers with the goal of interrupting the cycle of violence.

The goals of the program are to:

- Directly help children and youth whose emotional health and self-esteem have been affected

by exposure to abusive behaviour directed toward their parent

- Interrupt the cycle of violence by teaching children and youth non-violent ways of resolving conflict
- Develop parental awareness of how violence affects the lives of children
- Provide awareness throughout the community on such issues as the effects of violence on children and youth, and the cycle of violence

Presentations and workshops are also available in the community. The two most commonly requested workshops are: "The Effects of Domestic Violence on Children's Development" and "Supporting Children Exposed to Domestic Violence: A Playful Approach."

Contact information:

Frances Soon, MA, RCC

Respect, Safety and Violence Prevention (RSVP) Program

Children Affected by Family Violence Program

Family Services of Greater Vancouver

201- 1193 Kingsway

Vancouver BC V5V 3C9

Phone: 604-874-2938

Fax: 604-874-9898

Web: www.fsgv.ca

Email: fsoon@fsgv.ca

Date Rape Prevention Seminar

This 2.5 hour seminar is based on a body of research that was conducted in the United States by Kent University on the subject of Date, or Acquaintance Rape. Studies have shown that in more than 85% of sexual assault cases, the attacker was someone the female survivor either knew, loved, or trusted. Topics covered in this seminar include:

- What is date rape?
- How does date rape usually occur
- The difference between seduction and rape
- Avoidance strategies
- Danger signals to be aware of on a date
- What to do if you find yourself in a date rape situation
- The effects of date rape
- Family and friends....how you can help
- The most common date rape drugs being used and how you can protect yourself from them
- Canadian Law and self defence

This seminar is designed for women who are concerned about their personal safety when it comes to dating, and would be an excellent seminar for junior and senior high school students, as well as women attending college and university.

Seminar Length: 2.5 hours

Contact Information:

Darren and Beth Laur
 2611 Rainville Rd
 Victoria, BC
 Phone: 250-478-9119
 Web: www.personalprotectionsystems.ca
 Email: personalprotection@shaw.ca

No Means No

Speaker: West Coast LEAF

This program is designed for grade 6-9 students and is facilitated by youth between the ages of 18-24.

“No Means No” empowers youth to understand consent and sexual assault while affirming their legal right to say “no”. This program delves into myths and stereotypes about sex and sexuality and how those myths and stereotypes can lead to violence by exploring issues of bullying, homophobia, sexism, and assumptions about gender roles. These workshops are based on R. v. Ewanchuk, the legal case through which the Supreme Court of Canada defined consent.

Contact Information:

Deanna Ogle, Education Manager
 Phone: 604-684-8772 ext. 114
 Toll-free within BC: 1-866-737-7716
 Fax: 604-684-1543
 Web: www.westcoastleaf.org
 Email: education@westcoastleaf.org

RSVP Train-the-Trainer Workshop - A School and Community Partnership: Empowering At-Risk Students through the Development of Healthy Relationships

Speaker: Karen Hudson MSW, RSW; Jennifer Westoby MSW

The Respect Safety and Violence Prevention (RSVP) program, offered through Family Services of Greater Vancouver, is an early intervention school-based program that gives **vulnerable** children and youth the knowledge and tools they need to lead safe, respectful, violence-free lives. The program has been designed to foster and encourage healthy relationships – working to raise the child’s awareness of relationship violence, explore alternatives to violence, and promote healthy and respectful expressions of anger. Students in this therapeutic group program benefit through the development of protective factors that can reduce their risk of becoming involved in unhealthy relationships. RSVP’s guiding principle is that a healthy relationship begins with one’s own relationship to self.

This training workshop will provide an overview of the RSVP program model, sessions, resources and lessons learned. The session will be experientially based to optimize participant’s

understanding and sensitivity to students' process in RSVP groups. The training is typically 1 ½ to 2 days long. The training aims to:

- Introduce RSVP program philosophy and framework, and provide school-based context for program implementation
- Familiarize participants with key aspects of RSVP Healthy Relationships Group Program, including weekly sessions and objectives
- Increase participant awareness about relevant resources available within the group program by screening the recently released FSGV film, "Not Alone"
- Address challenges in program delivery and explore strategies for success
- Sensitize participants to the possible impact of the program on students

Contact Information:

Jennifer Westoby MSW, Coordinator or Kareen Hudson MSW, RSW, Program Manager
Respect, Safety and Violence Prevention (RSVP) Program

Family Services of Greater Vancouver

201- 1193 Kingsway

Vancouver, BC V5V 3C9

Phone: 604-874-2938

Fax: 604-874-9898

Web: www.fsgv.ca

Email: jwestoby@fsgv.ca

SafeTeen: Powerful Alternatives to Violence

SafeTeen is an internationally acclaimed violence prevention program for children and youth, educators, youth workers and parents. SafeTeen programs offer gender-specific strategies to deal with bullying, conflict, and intimidation as well as healthy relationships, media awareness and body image. At their core, the workshops offer hands-on skills for managing fear and anger and connecting with the voice of wisdom within. The SafeTeen program teaches skills for youth to hold their power and speak their truth. In other words, to stand up and speak up for what they believe in without escalating the situation. Besides the basic empowerment workshops, we offer advanced level programs on Addictions and Sexual Boundaries. Our programs are designed for all genders through grades 4 - 12.

SafeTeen also offers qualified counsellors and one-on-one power coaching for children and adults.

The SafeTeen book is available through the SafeTeen office.

Contact Information:

Anita Roberts, Program Founder

Phone: 604-255-5147 or 1-800-901-5147

Fax: 604-255-5196

Web: www.safeteen.ca

Email: safeteen@telus.net

Survivors of War: Children Draw on Their Experiences

Speaker: Dr. Robert Dalton, Associate Professor, Department of Curriculum and Instruction

The UVic Speakers Bureau is a community service provided by volunteer speakers from among the faculty, staff, graduate students and retirees who teach, conduct research, study and work at the University of Victoria. Through the Bureau, experts from UVic make themselves available to speak to community groups, schools, clubs and other organizations throughout Greater Victoria and southern Vancouver Island. The service is free (although travel expenses may be requested to some locations).

Contact Information:

Phone: 250-721-8587

Fax: 250-721-8955

Web: www.uvic.ca/speakers

Email: speakers@uvic.ca

The Assessment of Violence Risk In Youth

Speaker: Dr. Patrick Bartel

This 90-minute presentation reviews the state of the art for assessing specific threats of violence as well as general violence risk in youth. The workshop discusses how to apply research and expert knowledge in real-world decision-making regarding risk and intervention. Four keys to effective risk assessment with youth will be identified. Assessments should be:

1. Systematic and Comprehensive
2. Grounded in both research-based knowledge and understanding of the youth's history
3. Developmentally informed
4. Sensitive to facts and situational influences

Also discussed is the distinction between assessing risk for general violent recidivism and risk of violence toward an identifiable target. Finally, this presentation addresses how to take information regarding risk to formulate an integrated risk management plan that involves the youth, their caregivers, school staff, law enforcement, and community resources.

Contact Information:

Patrick Bartel

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The Treatment and Management of Violent Youth

Speaker: Dr. Patrick Bartel

This 90-minute presentation focuses on those treatments and interventions that have been shown to be effective with a high-risk population. Discussion will distinguish between principles of treatment and management. Emphasis is placed on taking a risk-focussed approach to intervening with youths who have been violent. Among the topics included are:

- How to engage treatment resistant/reluctant youth
- How to work collaboratively with other professionals
- Empirically supported interventions
- Hallmarks of programs that have successfully lowered youth violence.

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