

# Child and Youth Care

## BACHELOR OF ARTS DEGREE

### Why earn a degree in child and youth care?

You may already work in a child or youth care field, but feel you can do so much more with your career. You have ideas and lots to offer and would like a more challenging role. Or perhaps you're just starting out in your career and know you want to work in child and youth care administration. UFV's Bachelor of Arts degree in Child and Youth Care (CYC) can take you to the next step in your career.

#### HOW WILL UFV PREPARE ME FOR MY CAREER?

Child and youth care is an expanding field. It crosses a range of work settings and areas of practice including residential/group home programs, regular and alternative school programs, daycare and early childhood programs, child life/hospital-based programs, youth justice/probation/young offender programs, special needs foster care, parent/counsellor resources, child and youth mental health, child protection services, community services, programs for people with mental disabilities, and early intervention and child development centres.

Workers, supervisors, managers, and trainers in these programs bring a diverse set of backgrounds and credentials to their positions. Increasingly, an undergraduate degree is requested by employers as a qualification for the best career opportunities in the child and youth care field. With your background in the field and with goals of going into supervision or management, this next level of education will be a good investment for your career.



*“We share a common passion for work with children, families, and our communities, and we strive to bring this passion into the classroom.”*

— CHRISTINE PUDER,  
UFV Early Childhood  
Education/Child and Youth  
Care department head.

# Child and Youth Care



*“Some people think the CYC degree is all about working in daycares. It goes way beyond that in its breadth and depth. I found it very helpful for my youth and family work.”*

— **GRAHAM SMITH**, CYC grad, employed by Hope Community Services.

## WHY UFV?

We know you're a busy person. Our Child and Youth Care degree is designed for people like you who currently work in human service agencies with children, youth, and families. It is possible to juggle your continuing education and a career. This program is tailored to part-time students and those already in the workforce, with core course offerings scheduled for afternoons and evenings. If you're a full-time student, you can take your electives during the day or in the evenings.

## WHAT DO I NEED TO GET IN?

You can enter the CYC program after completing 30 UFV credits or equivalent; including six credits in first-year English or communications. You need to have a minimum average grade of C+, as well as a minimum grade of C+ in the English courses.

If you have completed the Early Childhood Education program or other related certificate or diploma program with an average grade of B or higher, you may be admitted based on your personal and professional suitability as well as academic standing, and may be eligible to receive block credit for this training.

You will have to participate in an orientation session with CYC faculty. It is helpful to have paid or volunteer experience with young children and/or adolescents.

Along with your application, you will be required to submit a letter that outlines your past experience and career objectives. If you are transferring from another post-secondary institution, we require sealed copies of your academic transcript, diploma and/or certificate.

As you will be working with children and teens, it is strongly recommended that you have a current first aid certificate and updated Rubella and TB clearance.

## WHEN SHOULD I APPLY?

Admission to the CYC degree program is on a competitive basis and meeting the minimal requirements does not guarantee you'll get in. Application deadlines vary from year to year, so it's best to check with the departmental assistant/advisor by calling 604-854-4580 or 1-888-504-7441, local 4580 to find out when the next intake begins. You can also visit the website at [www.ufv.ca/ece](http://www.ufv.ca/ece).

## I'M INTERESTED. WHAT DO I DO NOW?

Apply right away. Check out the UFV online calendar at [www.ufv.ca/calendar](http://www.ufv.ca/calendar). Be sure to review the section about our CYC degree program carefully and then complete your Application for Admission form. Once that's done, submit it by mail or in person to any UFV Admissions and Records office. You can also transmit it through the internet at [www.pas.bc.ca](http://www.pas.bc.ca). Visit [www.ufv.ca/advising/prospective/enroll](http://www.ufv.ca/advising/prospective/enroll) for a step-by-step process to becoming a UFV student.

## WHAT TYPE OF COURSES WILL I TAKE?

Here's a sample outline of the courses you'll be expected to complete. You may have some of the requirements already, and be able to enter at the second-year level.

### FIRST YEAR (PREREQUISITES TO THE DEGREE PROGRAM)

COURSE #	TITLE
CMNS 155/251 or (two) ENGL 1XX	Communications for Human Services I & II <i>Six credits of first-year English</i>
PSYC 101	Introduction to Psychology I
PSYC 102	Introduction to Psychology II
<i>Electives</i>	<i>18 UFV credits of discretionary electives</i>

### SECOND YEAR

COURSE #	TITLE
CYC 201	Introduction to Professional Child and Youth Care
CYC 210	Professional Practice Issues in Child and Youth Care
CYC 220	Theoretical Foundations for Child and Youth Care
CYC 267	Introduction to Working with Individuals in Child and Youth Care
CYC 268	Introduction to Working with Groups and Families in Child and Youth Care
PSYC 250	Introduction to Developmental Psychology
<i>Electives</i>	<i>12 UFV credits of approved electives</i>

### THIRD YEAR

COURSE #	TITLE
CYC 310A & 310B	Supervised Practicum
CYC 320	Administration in Child and Youth Care Practice
CYC 321	Critical Issues in Current Child and Youth Care Practice
CYC 340	Developmental Theory in Child and Youth Care Practice
CYC 341	Applying Developmental Theory in Child and Youth Care Practice
<i>Electives</i>	<i>Nine UFV credits of approved electives</i>

### FOURTH YEAR

COURSE #	TITLE
CYC 410A & B	Advanced Supervised Practicum
CYC 423	Child and Youth Care Research
CYC 425	Data Analysis in Child and Youth Care
CYC 467	Advanced Skills with Individuals in Child and Youth Care
CYC 468	Advanced Skills with Groups in Child and Youth Care
CYC 469	Advanced Skills with Families in Child and Youth Care
<i>Electives</i>	<i>Six UFV credits of approved electives</i>

Recommended areas for elective courses include Arts, Criminology, ECE diploma, English, Human Services, and Science. Electives must meet transfer requirements.

Child and youth care sponsored electives may also be offered under course titles CYC 260, 360, and 460.

## HOW MUCH WILL IT COST?

It's best to consult the Fees and Other Costs section of the UFV online calendar at [www.ufv.ca/calendar](http://www.ufv.ca/calendar). It's also worth a visit to the UFV Financial Aid and Awards office, which facilitates the disbursement each year of about \$12 million in federal and provincial student loans, grants, bursaries, scholarships, and awards to UFV students. A helpful budget planning worksheet is available online at [www.ufv.ca/fineaid/budget](http://www.ufv.ca/fineaid/budget).

## CAN I GET ACADEMIC CREDIT FOR THE SKILLS AND KNOWLEDGE THAT I HAVE GAINED IN MY LIFE SO FAR?

Yes. UFV offers Prior Learning Assessment and Recognition (PLAR), a flexible assessment process that evaluates your experiential learning (what you already know and can do) for post-secondary credit. Experiential learning includes independent study, volunteer activities, non-credit courses, workplace learning, and military service. To find out more, check out the PLAR website at [www.ufv.ca/plar](http://www.ufv.ca/plar) or contact Susan Brown, Assessment Services Coordinator, PLAR at 604.851.6342 or [susan.brown@ufv.ca](mailto:susan.brown@ufv.ca).

## CAN I SPEAK WITH SOMEONE ABOUT MY OPTIONS?

Absolutely. We want to hear from you! If you have specific questions about the Child and Youth Care degree program contact the UFV Early Childhood Education/Child and Youth Care departmental assistant/advisor at 604-854-4580. If you're unsure of your direction, contact Student Services at 1-888-504-7441 to connect with an educational advisor, or arrange for career counselling.



The information contained in this document is subject to change. Please refer to [www.ufv.ca/ece](http://www.ufv.ca/ece) for up-to-date information. UFV reserves the right to cancel courses and programs.

[www.ufv.ca/ece](http://www.ufv.ca/ece)



## About UFV

Nestled in the beautiful Fraser Valley just east of Vancouver, in B.C., UFV is a fully accredited, public university that enrolls more than 11,000 students each year. UFV has campuses in Abbotsford, Chilliwack, and Mission and regional centres in Hope and Agassiz, and a growing presence in Chandigarh, India.

UFV is committed to exceptional post-secondary instruction and a nurturing learning environment. We are large enough to offer variety, yet small enough to offer the personal attention that our students need to thrive. Our small class sizes and focus on teaching allow our students to get to know their instructors and learn in a hands-on setting.

We offer more than 80 programs, including 13 bachelor's degrees, a master's degree, and more than a dozen trades and technology programs. We believe that anyone who wants to go to university should be given the chance, so our admission policies are flexible, and we provide university prep courses and high school completion options. There are many options for learning: full-time, in class, online, as part of a structured program or one tailored specifically to your interests.

Many of our programs "ladder" into one another, allowing students to keep their options open. Our international programming makes for a culturally diverse student body and great opportunities to study abroad, while our continuing studies offerings make learning a lifelong experience.

UFV is recognized nationally for student success, an excellent learning environment, creative integration of programming, and our work with our local communities.

Get to know us better at [www.ufv.ca](http://www.ufv.ca).

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