

HOW MUCH WILL IT COST?

Enrolling in this specialty program is an investment in your own future. As a graduate, your career opportunities will be plentiful and your earning potential significant. Program tuition is approximately \$9,000. In addition, you can expect to invest about \$2,200 in textbooks and course packs, \$400 for your uniform, lab coat, safety glasses, duty shoes, and \$1,800 for your instruments and lab fees. Ergonomic magnification eye wear will cost about \$1,100. It's best to check the UFV calendar www.ufv.ca/calendar for a complete and updated list of fees.

Upon graduation and before you are licensed, expect to pay examination fees of about \$500 for the National Dental Hygiene Certification Board Exam, which is compulsory for licensure in B.C. In addition, licensure with the College of Dental Hygienists of B.C. will cost about \$850.

It's worth a visit to the UFV Financial Aid and Awards office, which facilitates the disbursement each year of about \$12 million in federal and provincial student loans, grants, bursaries, scholarships, and awards to UFV students. A helpful budget planning worksheet is available online at www.ufv.ca/fineaid/budget.

WHAT KIND OF ASSISTANCE IS THERE TO HELP ME ADJUST?

Please visit www.ufv.ca/student-services to learn about the broad range of services designed to help you learn about and adjust to the university environment.

CAN I GET ACADEMIC CREDIT FOR THE SKILLS AND KNOWLEDGE THAT I HAVE GAINED IN MY LIFE SO FAR?

Yes. UFV offers Prior Learning Assessment and Recognition (PLAR), a flexible assessment process that evaluates your experiential learning (what you already know and can do) for post-secondary credit. Experiential learning includes independent study, volunteer activities, non-credit courses, workplace learning, and military service. To find out more, check out the PLAR website at www.ufv.ca/plar or contact Susan Brown, Assessment Services Coordinator, PLAR at 604.851.6342 or susan.brown@ufv.ca.

SOUNDS GOOD. WHAT DO I DO NOW?

Apply right away. Visit www.ufv.ca/advising/prospective/enroll for a step-by-step process to becoming a UFV student. Have specific questions? Contact the School of Health Sciences at 604-795-2817.

CAN I SPEAK WITH SOMEONE ABOUT MY OPTIONS?

Absolutely. We want to hear from you! If you're unsure of your direction, contact Student Services at 1-888-504-7441 to connect with an educational advisor, or arrange for career counselling. Also feel free to contact the School of Health Sciences directly by calling 604-795-2817 or go to www.ufv.ca/health.



The information contained in this document is subject to change. Please refer to www.ufv.ca/health for up-to-date information. UFV reserves the right to cancel courses and programs.



About UFV

Nestled in the beautiful Fraser Valley just east of Vancouver, in B.C., UFV is a fully accredited, public university that enrolls more than 11,000 students each year. UFV has campuses in Abbotsford, Chilliwack, and Mission and regional centres in Hope and Agassiz, and a growing presence in Chandigarh, India.

UFV is committed to exceptional post-secondary instruction and a nurturing learning environment. We are large enough to offer variety, yet small enough to offer the personal attention that our students need to thrive. Our small class sizes and focus on teaching allow our students to get to know their instructors and learn in a hands-on setting.

We offer more than 80 programs, including 13 bachelor's degrees, a master's degree, and more than a dozen trades and technology programs. We believe that anyone who wants to go to university should be given the chance, so our admission policies are flexible, and we provide university prep courses and high school completion options. There are many options for learning: full-time, in class, online, as part of a structured program or one tailored specifically to your interests.

Many of our programs "ladder" into one another, allowing students to keep their options open. Our international programming makes for a culturally diverse student body and great opportunities to study abroad, while our continuing studies offerings make learning a lifelong experience.

UFV is recognized nationally for student success, an excellent learning environment, creative integration of programming, and our work with our local communities.

Get to know us better at www.ufv.ca.



Dental Hygiene

DIPLOMA

Why study dental hygiene?

Whether you are just starting out on a career path or at a crossroads in your life and looking for something new, UFV's Dental Hygiene diploma program may be of interest to you. This is a fast-paced, highly disciplined career where your people skills, ability to work as a team player, and attention to detail will serve you well.

WHAT CAN I DO WITH A DENTAL HYGIENE DIPLOMA?

A UFV Dental Hygiene diploma will suit you if you like flexibility in your job, as well as excellent salary and benefits, and you have a flair for working with people. There is a high demand for skilled dental hygienists not only in the Fraser Valley but throughout British Columbia, and employment in this field is generally easy to find.

WHY STUDY DENTAL HYGIENE AT UFV?

UFV's accredited Dental Hygiene diploma program will prepare you to practise dental hygiene in both clinical and community-based settings. As a graduate, you will have the knowledge, skills, attitudes, and values you need for registration and licensure with the College of Dental Hygienists of B.C. Our fully equipped dental clinic will provide you with the experience necessary for employment in this field.

As a UFV Dental Hygiene graduate, you may also apply to UBC to complete the fourth year of the Bachelor of Dental Science (Dental Hygiene) degree program. For more information regarding the BDSc program as well as admission requirements and deadlines, please consult the UBC Faculty of Dentistry website at www.dentistry.ubc.ca.



“We are committed to training caring, skilled clinicians who will offer superior dental hygiene care to the community, particularly those who might not be able to afford dental hygiene services.”

— LETA ZALESKI,
UFV Instructor,
Dental Hygiene program.

www.ufv.ca

UNIVERSITY
OF THE FRASER VALLEY

Dental Hygiene



“I had such a great experience when I went to UFV for the Certified Dental Assisting program that I knew right away that I wanted to be a UFV Dental Hygiene program graduate. The program emphasizes teamwork and a positive attitude and sets high standards for its students. The instructors are down-to-earth, approachable, and very knowledgeable. They really want to help you become the best you can be.”

— LORI YOON,
Certified Dental Assistant grad, 2003, Dental Hygiene grad 2008.

HOW WILL UFV PREPARE ME FOR MY CAREER?

Courses are offered in a variety of formats such as group work, seminar, lecture, and lab and clinical simulation. In addition, you will participate in observational experiences in a variety of community settings. Initially, you will be assigned to practice sessions with other students where you will perform a variety of dental hygiene treatment procedures, including local anesthesia, on each other. You must be prepared to be a patient in these practice sessions. You will then progress to treatment of clients from the public, in a simulated dental office environment, in preparation for transition to employment in the dental office. Classroom experiences may include evening scheduling and your clinical opportunities may include extended work days, evenings, and weekends.

UFV's Dental Hygiene program is very demanding. You should plan to set aside several hours for homework every evening as well as additional time on the weekends. The following factors will contribute to your success in this program:

- effective time-management skills
- computer skills
- study skills
- manual dexterity
- meticulous attention to detail

- the ability to multi-task under time restrictions
- command of the English language
- strong communication skills

WHAT ARE THE ENTRANCE REQUIREMENTS?

You must have completed first-year university-transfer courses (30 credits minimum) with proof of a letter grade of C+ or higher in each of the following:

1. Human Anatomy and Physiology (with weekly labs); KPE 270* and KPE 370 or equivalent (* Please note that KPE 170, or BIO 111 and BIO 112, is a prerequisite to KPE 270)
2. CHEM 113 and CHEM 114 or equivalent (with weekly labs)
3. MATH 104 or MATH 106 or PSYC 110
4. ENGL 105 and one of ENGL 120 to 170
5. PSYC 101 and PSYC 102 or equivalent
6. One elective, if necessary to reach 30 credits

You must also have a minimum of 40 documented hours of observation experience in a dental office or at least 150 hours of current work experience as a licensed, practising certified dental assistant. You must provide current identification documents such as birth certificate, marriage certificate, verification of name change, or landed immigrant status. You will need a current Standard First Aid certificate with CPR and two reference

letters; one work and one personal.

You will be asked to participate in an interview with program faculty, who will assess your:

- Knowledge of and motivation towards a career as a dental hygienist
- Financial preparation
- Communication skills
- Organizational skills
- Knowledge of own learning and problem-solving skills.

Once prerequisites have been met, you will be sent a letter acknowledging your complete status. Each spring, complete applicants will be informed of a compulsory information session where they will receive the following forms which must be completed prior to interviews:

- A current criminal record check
- A signed medical certificate indicating your physical fitness and emotional stability
- A current immunization record — the Hepatitis B immunization will be required after entry into the program, but may be completed before you begin
- A signed dental oral health certificate

At this information session you must be prepared to write a short essay that outlines your understanding of the dental hygiene profession.

Admission to UFV's Dental Hygiene program is on a competitive entry basis. Meeting the minimum requirements will not necessarily guarantee your acceptance into the program. To ensure you have the most up-to-date information about this program, and the admission process, go to www.ufv.ca/health and follow the links to Dental Hygiene. Our pages are updated regularly.

WHAT ELSE DO I NEED TO KNOW?

You will require a uniform, just as you will in a working dental office. Lab coats, gloves, masks, duty shoes, and safety glasses are required during our daily clinic sessions. Ergonomic, magnifying eyewear and dental instruments must also be purchased. Because we are preparing you for employment in a professional office, neatness and good grooming are essential at all times. You will be responsible for your own transportation to classes and externship locations. The Dental Hygiene diploma program is delivered on UFV's Chilliwack campus.

Upon completion of the UFV Dental Hygiene program and before you can practice as a registered dental hygienist, you must write the National Dental Hygiene Certification Board Examination to be eligible for registration with the College of Dental Hygienists of British Columbia.

I'M INTERESTED.

WHAT'S THE NEXT STEP?

Check out the UFV calendar www.ufv.ca/calendar and read the Dental Hygiene diploma section carefully. To download the application forms, go to www.ufv.ca/health and select Download Centre. Then select Dental Hygiene Forms. You should then fill out both applications and submit them, along with the required documents and the \$45 application fee, to the Admissions and Records office at any UFV campus or centre.

WHAT'S NEW?

Please check the website at www.ufv.ca/health to ensure you have the most up-to-date information.

YEAR ONE/TERM ONE/FALL SEMESTER

COURSE #	TITLE
DHYG 101	Microbiology for Dental Hygiene
DHYG 110	Head and Neck Anatomy
DHYG 120	Dental Anatomy
DHYG 150	Principles and Issues I
DHYG 160	Clinical Theory and Practice I

YEAR ONE/TERM TWO/WINTER SEMESTER

COURSE #	TITLE
DHYG 102	Pathophysiology for Dental Hygiene
DHYG 121	Oral Embryology and Histology
DHYG 125	Periodontology I
DHYG 130	Radiology I
DHYG 140	General Dentistry Introduction
DHYG 151	Principles and Issues II
DHYG 161	Clinical Theory and Practice II

YEAR ONE/TERM THREE/SPRING SEMESTER

COURSE #	TITLE
DHYG 126	Oral Pathology I
DHYG 128	Nutrition I
DHYG 162	Clinical Theory & Practice III
DHYG 190	Community Dental Health I

YEAR TWO/TERM FOUR/FALL SEMESTER

COURSE #	TITLE
DHYG 210	Pharmacology I
DHYG 225	Periodontology II
DHYG 228	Nutrition II
DHYG 230	Radiology II
DHYG 250	Principles and Issues III
DHYG 260	Clinical Theory & Practice IV
DHYG 290	Community Dental Health II

YEAR TWO/TERM FIVE/WINTER SEMESTER

COURSE #	TITLE
DHYG 211	Pharmacology II
DHYG 226	Oral Pathology II
DHYG 227	Oral Pathology III
DHYG 251	Principles and Issues IV
DHYG 261	Clinical Theory and Practice V
DHYG 291	Community Dental Health III

YEAR TWO/CLINICAL/SPRING SEMESTER

COURSE #	TITLE
DHYG 262	Clinical Theory and Practice VI