

# Nursing

## PRACTICAL NURSING CERTIFICATE

### Why Become a Licensed Practical Nurse?

UFV's Practical Nursing program is designed to provide you with the knowledge, skills, and professional values necessary to function within the scope of practice of a licensed practical nurse. It's a challenging career and the demands are great. Our instructors will take you through the program step by step and provide you with a good educational grounding for a satisfying career.

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#### WHAT CAN I EXPECT?

As a graduate of our 12-month program, you will be fully prepared to work in a variety of health care settings within hospitals, residential care facilities, and the community. This certificate program has been approved by the College of Licensed Practical Nurses of B.C. As a graduate you'll be eligible to write the Canadian Practical Nurse Registration Exam. UFV's Practical Nursing program is based on the provincial Practical Nursing (PN) curriculum and that ensures you get top-notch, up-to-date lessons. Our program will provide you with knowledge and experiences to follow your interests and continue the development of holistic nursing care. UFV has a particular focus on the care of people with disabilities, the elderly, and adults experiencing acute and chronic illness.



*“An intense and challenging program that offers the successful graduate a fulfilling career in health care.”*

— JANINE BROWN,  
Coordinator, UFV Practical  
Nursing program.

# Nursing



*“While we were studying, there were some complaints because the program is tough. Now that I’m working, I realize that as UFV grads we are very well prepared for this field. All the stress and hard work have paid off.”*

— MELODY LESKUN, LPN graduate June 2006.

## HOW IS THE PROGRAM STRUCTURED?

Our Practical Nursing program is a full-time, year-long program. It is comprised of three semesters followed by a preceptorship experience. Program courses are delivered in a variety of formats such as group work, multimedia approaches, lecture, lab simulation, and skill mastery. You will be required to participate in clinical experiences in hospitals, long-term care facilities, and selected community agencies. The clinical experiences encompass supervised practica, preceptorships, and observational experiences. Your classroom experiences might include evenings and clinical experiences may include longer work days, evening and night shifts, and weekends. This prepares you for work in the hospital and health care settings.

The Practical Nursing program is very demanding. As a full-time student, you will not have time to work either full time or part time. You will also need to have effective time-management skills, computer skills, and disciplined study habits — these are critical to your success in this fast-paced, high-calibre program.

All Practical Nursing classes are delivered at UFV’s Chilliwack campus. Clinical experiences occur at a variety of sites throughout the Fraser Valley.

## WHEN SHOULD I APPLY AND WHEN CAN I START?

Admission into the LPN program is on a competitive basis. As a prospective student you should know that meeting the minimal requirements does not guarantee admission. To apply for the fall semester, your paperwork must be received by January 31 of the same year. Applications received after this deadline will be considered if space is still available in the program.

The 49-week program begins each September and is completed in the first week of the following September.

## WHAT DO I NEED TO GET IN?

- B.C. secondary school graduation or equivalent (GED or ABE provincial diploma) with:
  - » Completion of Biology 12 or equivalent (UFV BIO 093 or UFV BIO 111) with a minimum of C+ grade completed within five years prior to enrolment.
  - » Math 11 (Principles) or equivalent (UFV MATH 085) with a minimum of C grade.
  - » English 12 or equivalent (UFV ENGL 091 or ENGL 099) with a minimum of C+ grade.
- Current Standard First Aid certificate (16 hrs. minimum).
- Basic Rescuer — Level C certificate. This certificate must be maintained throughout the program.
- Identification documents — birth certificate, marriage certificate, verification of change of name, landed immigrant status.
- Valid driver’s licence.
- Volunteer experience or employment in a health care field. Volunteer experience will consist of a minimum of 30 hours of volunteer work with adults or children in an acute care, long-term care, or community health care agency. You will be asked to submit a written reference that reflects the length and nature of the volunteer experience or employment in a health care field.

## IS THERE ANYTHING ELSE?

Once prerequisites have been met, you will be sent a letter acknowledging your “complete” status. Each spring, complete applicants are invited to attend an information session.

These additional forms will be enclosed with the invitation to the info session and should be completed and returned to the Practical Nursing department. The forms include:

- A health assessment to be completed by a physician, indicating physical fitness and emotional stability. The assessment must be completed within 12 months prior to enrolment.
- An immunization record. Hepatitis B immunization will be provided upon entry into the program. If you’ve already been immunized for Hepatitis B, you must provide records.
- A criminal record check, to be completed by the local police or RCMP detachment.

If English is not your first language, you might be required to successfully complete UFV’s ESL Advanced Speaking/Listening and Writing course.

When you attend the information session, you will then sign up for your individual interview with program faculty. At the interview, faculty will assess the following:

- Basic knowledge of the field
- Time management skills
- Communication skills: ability to listen and articulate ideas
- Financial resources and support systems
- Personal and work commitments in relation to assuming the demands of an applied academic program of studies

While enrolled in our program, you will be responsible for your own transportation to class, labs, and clinical agencies throughout the Fraser Valley.

## THE FINE PRINT

It’s important to know that the clinical practice courses begin after you’ve completed the other semester courses. Therefore, before you begin the clinical practice courses, you must successfully complete all previous courses.

The practical nursing courses for each semester are prerequisites for the coursework in the next semester.

Due to the integrated nature of the nursing courses, progression from one semester to the next requires concurrent completion of the nursing courses.

As a program student you will receive a UFV Practical Nursing Program Student Guidelines and Policies manual, which will explain the small print requirements of the program. To continue and graduate from the practical nursing program you must maintain a minimum GPA of 2.33 (C+).

## PROGRAM OUTLINE

### SEMESTER I

COURSE #	TITLE
PNUR 100	Health I
PNUR 101	Healing I
PNUR 102	Human Relationships I
PNUR 103	Professional Growth I
PNUR 104	Nursing Arts I
PNUR 105	Clinical Practice I
PNUR 106	Human Anatomy & Physiology

### SEMESTER II

COURSE #	TITLE
PNUR 110	Health II
PNUR 111	Healing II
PNUR 112	Human Relationships II
PNUR 114	Nursing Arts II
PNUR 115	Clinical Practice II

### SEMESTER III

COURSE #	TITLE
PNUR 120	Health III
PNUR 121	Healing III
PNUR 123	Professional Issues
PNUR 124	Nursing Arts III
PNUR 125	Clinical Practice III

### PRECEPTORSHIP

COURSE #	TITLE
PNUR 135	Preceptorship

## CAN I AFFORD TO TAKE THIS PROGRAM?

It's best to contact the School of Health Sciences directly for general information about fees. You can also check out the Fees and Other Costs section for tuition fees for the Practical Nursing program in our online calendar [www.ufv.ca/calendar](http://www.ufv.ca/calendar). Program textbooks are estimated at about \$1,700. Other expenses you can expect include uniforms, instruments, supplies, and parking. These will cost about \$925.

You should also visit the UFV Financial Aid and Awards office, which facilitates the disbursement each year of about \$12 million in federal and provincial student loans, grants, bursaries, scholarships, and awards to UFV students. A helpful budget planning worksheet is available online at [www.ufv.ca/fineaid/budget](http://www.ufv.ca/fineaid/budget).

## CAN I GET ACADEMIC CREDIT FOR THE SKILLS AND KNOWLEDGE THAT I HAVE GAINED IN MY LIFE SO FAR?

Yes. UFV offers Prior Learning Assessment and Recognition (PLAR), a flexible assessment process that evaluates your experiential learning (what you already know and can do) for post-secondary credit. Experiential learning includes independent study, volunteer activities, non-credit courses, workplace learning, and military service. To find out more, check out the PLAR website at [www.ufv.ca/plar](http://www.ufv.ca/plar) or contact Susan Brown, Assessment Services Coordinator, PLAR at 604-851-6342 or [susan.brown@ufv.ca](mailto:susan.brown@ufv.ca).

## SOUNDS GREAT. WHAT DO I DO NEXT?

Check out the UFV calendar at [www.ufv.ca/calendar](http://www.ufv.ca/calendar) and read the Practical Nursing section carefully. Download the Practical Nursing program application forms by visiting [www.ufv.ca/health](http://www.ufv.ca/health) and selecting Download Centre. Under Practical Nursing program forms, select both forms. You should then fill out the application forms and submit them, along with the required documents and the \$45 application fee, to the Admissions and Records office at any UFV campus or centre.

## CAN I SPEAK WITH SOMEONE ABOUT MY OPTIONS?

Absolutely. We want to hear from you! If you're unsure of your direction, contact Student Services at 1-888-504-7441 to connect with an educational advisor, or arrange for career counseling.

Feel free to contact the School of Health Sciences directly by calling 604-795-2817. You can also visit at [www.ufv.ca/health](http://www.ufv.ca/health) for more information. The program is based at the UFV Health Sciences Centre, Chilliwack campus, 45635 Yale Road, Chilliwack, B.C.



The information contained in this document is subject to change. Please refer to [www.ufv.ca/health](http://www.ufv.ca/health) for up-to-date information. UFV reserves the right to cancel courses and programs.



## About UFV

Nestled in the beautiful Fraser Valley just east of Vancouver, in B.C., UFV is a fully accredited, public university that enrolls more than 11,000 students each year. UFV has campuses in Abbotsford, Chilliwack, and Mission and regional centres in Hope and Agassiz, and a growing presence in Chandigarh, India.

UFV is committed to exceptional post-secondary instruction and a nurturing learning environment. We are large enough to offer variety, yet small enough to offer the personal attention that our students need to thrive. Our small class sizes and focus on teaching allow our students to get to know their instructors and learn in a hands-on setting.

We offer more than 80 programs, including 13 bachelor's degrees, a master's degree, and more than a dozen trades and technology programs. We believe that anyone who wants to go to university should be given the chance, so our admission policies are flexible, and we provide university prep courses and high school completion options. There are many options for learning: full-time, in class, online, as part of a structured program or one tailored specifically to your interests.

Many of our programs "ladder" into one another, allowing students to keep their options open. Our international programming makes for a culturally diverse student body and great opportunities to study abroad, while our continuing studies offerings make learning a lifelong experience.

UFV is recognized nationally for student success, an excellent learning environment, creative integration of programming, and our work with our local communities.

Get to know us better at [www.ufv.ca](http://www.ufv.ca).

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