

Upgrading and University Preparation

FORMERLY COLLEGE AND CAREER PREPARATION

What is Upgrading and University Preparation?

UFV's Upgrading and University Preparation (UUP) department can help you upgrade your academic and workplace skills so you can reach your educational or employment goals. The department provides programming for adults of all backgrounds and ages, including those with special needs.

.....

WHAT CAN UUP DO FOR ME?

We can help you:

- upgrade your basic literacy or numeracy skills
- complete high school to earn your B.C. Adult Graduation diploma (Adult Dogwood)
- complete specific courses to meet the prerequisites of vocational, technical, academic, or career programs
- prepare for the General Educational Development (GED) test
- upgrade your skills for entry into the workforce



“We are inspired by our students’ courage and commitment, and are proud to be able to help them reach their educational goals.”

— DR. SUE BRIGDEN,
UFV Upgrading and
University Preparation
department head.

Upgrading and University Preparation



“I entered UFV’s UUP program with the plan to only get my GED, but I realized that I was just two courses shy of my Dogwood and the advisors encouraged me to go for that. Everybody at UFV was so supportive and they pushed me to always do better. The program is very goal-oriented, and it’s made to suit just you. Everybody made me want more out of myself. Now, I’m working towards earning a major in criminology at UFV.”

— LISA WALKER, Adult Dogwood diploma, 2005.

WHAT UPGRADING COURSES ARE AVAILABLE AT UFV?

UFV offers courses in English, First Nations studies, mathematics, the sciences, computers, and education and career planning. Most upgrading courses are offered through the UUP department, but some are offered by other UFV departments. We deliver these courses at four different levels. Your personal circumstances will determine which level is right for you.

FUNDAMENTAL-LEVEL COURSES

COURSE #	TITLE
COMP 061	Introduction to Computers
ECP 065	Workplace Success and Oral Communications
ECP 066	Workplace Numeracy and Problem Solving
ECP 067	Workplace Reading and Document Use
ECP 068	Workplace Computer Use and Writing Skills
ECP 069	Introduction to Portfolio Development and Lifelong Learning
ENGL 042	Tutored Fundamental-Level English I
ENGL 043	Tutored Fundamental-Level English II
ENGL 052	Fundamental-Level English III
ENGL 053	Fundamental-Level English IV
ENGL 062	Fundamental-Level English V
ENGL 063	Fundamental-Level English VI
MATH 052	Fundamental Math I
MATH 053	Fundamental Math II
MATH 062	Fundamental Math III
MATH 063	Fundamental Math IV

INTERMEDIATE-LEVEL COURSES — GRADE 10 EQUIVALENCY

COURSE #	TITLE
COMP 071	Introduction to Computers: Part II
ECP 074	Education and Career Planning — Skills for Success
ENGL 071	Intermediate English
MATH 075	Intermediate Mathematics I
MATH 076	Intermediate Mathematics II

ADVANCED-LEVEL COURSES — GRADE 11 EQUIVALENCY

COURSE #	TITLE
BIO 083	Pre-College Biology I
CHEM 083 ³	Preparatory College Chemistry 1
COMP 081	Introduction to Computers: Part III
ENGL 081 ¹	Advanced English
MATH 084	Introductory Algebra and Trigonometry
MATH 085	Intermediate Algebra and Trigonometry
PHYS 083 ⁵	Preparatory College Physics I

PROVINCIAL-LEVEL COURSES — GRADE 12 EQUIVALENCY

COURSE #	TITLE
BIO 093 ²	Pre-College Biology II
ECP 094	Education and Career Planning
ENGL 090	Technical and Professional English
ENGL 091 ¹	Provincial English: English 12
FNST 091	An Introduction to Canadian Indigenous Peoples’ Cultures
MATH 094 ⁴	Introduction to College Math I
MATH 095 ⁴	Introduction to College Math II
PHYS 093 ⁵	Preparatory College Physics II

Footnotes:

1 A grade of C+ or better in this course is a prerequisite for ENGL 105.

2 Not offered through UUP; contact the Biology department at www.ufv.ca/biology

3 Not offered through UUP; contact the Chemistry department at www.ufv.ca/chemistry

4 Not offered through UUP; contact the Math department at www.ufv.ca/math

5 Not offered through UUP; contact the Physics department at www.ufv.ca/physics

I'M INTERESTED IN UPGRADING MY SKILLS. WHAT ARE THE ADMISSION REQUIREMENTS?

To take UUP courses, you must be:

- 19 years of age or older, or
- 17 to 18 years of age and out of school for at least one year, or
- a high school graduate

There is no maximum age limit, so adult learners of all ages are encouraged to apply.

HOW MUCH WILL IT COST?

Adult upgrading courses are now tuition-free for all students; however, students pay for their text books and supplies. In addition, students enrolled in Intermediate, Advanced, or Provincial courses have to pay ancillary fees. To find out how much you will pay in ancillary fees, go to the UFV online calendar at www.ufv.ca.

AS A UUP STUDENT, IS THERE FINANCIAL ASSISTANCE AVAILABLE FOR ME?

Yes, depending on your personal circumstances, there may be funding available. The Adult Basic Education Student Assistance Program (ABESAP) provides non-repayable grants — based on financial need — to cover tuition, books, and supplies for all UUP courses up to and including the Provincial level (Grade 12 equivalent). You should go to www.ufv.ca/fineaid/need to learn more and determine if you qualify.

Contact your agency worker to find out if you are eligible for sponsorship through:

- Skills Development Canada
- WCB
- First Nations funding

GENERAL EDUCATIONAL DEVELOPMENT (GED) CERTIFICATE

The GED secondary school equivalency certificate is awarded when a student successfully completes the five GED tests in the areas of reading, writing, mathematics, social studies, and science. The GED certificate is not the same as the Adult Graduation diploma (Adult Dogwood) awarded to students who complete the B.C. Adult Basic Education graduation program nor the Dogwood diploma awarded to students who complete the B.C. secondary school program.

However, the GED is accepted by some employers and post-secondary programs as a Grade 12 equivalency. The UUP department can help prepare you to take and successfully pass the GED tests.

For more information on the GED, please see the B.C. Government GED website at www.bced.gov.bc.ca/ged.

WHAT IS THE WORKPLACE TASK PROGRAM? HOW LONG DOES IT TAKE TO COMPLETE?

UFV's Training in Attitudes, Skills and Knowledge for the Workplace (Workplace TASK) program is an eight-month certificate program designed for adults with disabilities who are seeking employment.

WHAT WILL I LEARN IN WORKPLACE TASK?

You will learn the following skills:

- self-assessment
- career exploration
- personal management
- employment readiness
- daily survival
- basic computer

You will also take First Aid, Superhost, WHMIS, and Food Safe workshops. In addition, you will gain valuable on-the-job experience when you participate in community-based work placements. Overall, the program will provide the employability skills and experience needed to find employment or gain access to further training.

I'm interested in Workplace TASK. What's my next step?

In Mission contact Darlene Carson at 604-557-7611 or email darlene.carson@ufv.ca.

In Chilliwack, call Alyson Seale at 604-702-2621 or email alyson.seale@ufv.ca.

WHERE WILL MY CLASSES BE OFFERED?

During the fall and winter semesters, UUP classes are offered in:

- Abbotsford
- Chilliwack
- Hope
- Mission

During the summer semester, UUP classes are offered in:

- Abbotsford
- Chilliwack

There are two types of classes:

1. full-semester classes, which are four months long
2. half-semester classes, which are two months long

I'M INTERESTED. WHAT SHOULD I DO NEXT?

The best thing to do is call the UFV UUP office nearest you to talk to an instructional assistant:

ABBOTSFORD

Kulwant Gill: 604-854-4578; kulwant.gill@ufv.ca

CHILLIWACK

Ruth Vandenbor: 604-795-2807; ruth.vandenbor@ufv.ca

MISSION

Catherine Nelson: 604-557-7615; catherine.nelson@ufv.ca

HOPE

Hilary Kennedy: 604-869-9991; hilary.kennedy@ufv.ca

You may be placed into courses based on:

- your previous academic records
- your results from a UUP assessment (during an assessment your skill levels in reading, writing, and/or math will be reviewed)
- your personal needs, including your career and educational goals

You can also visit our website at www.ufv.ca/uup to learn more about UUP assessments and courses.



The information contained in this document is subject to change. Please refer to www.ufv.ca/uup for up-to-date information. UFV reserves the right to cancel courses and programs.



About UFV

Nestled in the beautiful Fraser Valley just east of Vancouver, in B.C., UFV is a fully accredited, public university that enrolls more than 11,000 students each year. UFV has campuses in Abbotsford, Chilliwack, and Mission and regional centres in Hope and Agassiz, and a growing presence in Chandigarh, India.

UFV is committed to exceptional post-secondary instruction and a nurturing learning environment. We are large enough to offer variety, yet small enough to offer the personal attention that our students need to thrive. Our small class sizes and focus on teaching allow our students to get to know their instructors and learn in a hands-on setting.

We offer more than 80 programs, including 13 bachelor's degrees, a master's degree, and more than a dozen trades and technology programs. We believe that anyone who wants to go to university should be given the chance, so our admission policies are flexible, and we provide university prep courses and high school completion options. There are many options for learning: full-time, in class, online, as part of a structured program or one tailored specifically to your interests.

Many of our programs "ladder" into one another, allowing students to keep their options open. Our international programming makes for a culturally diverse student body and great opportunities to study abroad, while our continuing studies offerings make learning a lifelong experience.

UFV is recognized nationally for student success, an excellent learning environment, creative integration of programming, and our work with our local communities.

Get to know us better at www.ufv.ca.

© 2009 UFV, UUP_SEP09

