

**Get credit
for what you
know and
can do!**

Prior Learning Assessment & Recognition (PLAR)

What UFV students are saying about PLAR:

"I'd recommend PLAR to anyone who feels that they could make more efficient use of time and money saved by challenging a course."

Jodi, CIS

"Developing a portfolio and challenging courses to obtain academic credit is among the best things I have ever done as it allowed me to see my capacity and capability."

Jean, ADED

Interested?

Contact:
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What is PLAR?

A variety of assessment methods including interviews, challenge exams and portfolio development to assess your skills and knowledge for credit in UFV courses and programs.

Where can you learn more about PLAR?

Have a look at our website: www.ufv.ca/plar

Examples of experiential learning:

- Workplace learning
- Community and volunteer activities
- Seminars and workshops
- Independent study

What are the benefits of PLAR?

PLAR is a flexible process that allows you to set your own goals and timelines.

You will:

- Complete your credential more quickly
- Decrease the total cost of your education
- Increase your value in a competitive economy with your UFV credential